## MC 2035 POOR DOCUMENT

THE EVENING TIMES AND STAR, ST. JO HN N. B., WEDNESDAY, MARCH 12, 1913

THE WOMEN'S COUNCIL

Mrs. Bullock Re-elected President

-Membership Now is 2,965

The evening session of the annual meet

THIS is an earnest, honest bid for your good will. If what we say is true we shall learn it. Otherwise it will cost us beavily. Besides we shall sacrifice the respect of the housekeepers.

We assert ? Regal Flour bakes the best quality and the utmost quantity of bread per barrel of any you have ever used. It is economical, little goes far. It makes delightfully light, white loaves. And fine, flaky pastry.

Guarantee : Your dealer will return your money if what we have told you here is not true. He loses nothing. For we pay him back. Will you meet our sincerety half way? Please remember-



It stimulates the digestive functions—dispels fatigue—gives vim and energy.

EASTER NOVELTIES

EMERY BROS. Phone Main 1122, 82 Germain St. 81.25 bo

Prove What Swamp-Root Will Do Fer You Send to Dr. Kilmer & Co., Binghamton, N. Y., for a sample bottle. It will convince anyone. You will also receive a spooklet of valuable information, telling the bottle of valuable information, telling the source and mention the St. John Evening Times-Star. Regular 75 cent and other than the start all drug stores in

Snow-white and flakythe kind you like best



Here's baking-day magic!

depended upon by careful cooks.

A talisman that makes each batch of bread snow-white and

flaky. Its name is Rainbow Flour. While we buy only the very finest Manitoba wheat, less than 40% of each grain goes into Rainbow Flour.

It will pay you to remember this.

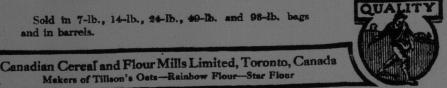
Much of the wheat that we reject would make good flour-but

The only part of the wheat berry that meets our standard is that which will make the cleanest, whitest, most nutritious bread for you. Try Rainbow Flour and you'll understand why it is so much

MAKES GOOD BREAD



Sold in 7-lb., 14-lb., 24-lb., 49-lb. and 98-lb. bags and in barrels.



ECZEMA IS CAUSED BY IMPURE BLOOD

Cured by Dr. Williams' Pink Pills Be-cause They Make Pure Blood.

ing of the St. John Women's Council in Ask any doctor and he will tell you that Keith's assembly rooms last evening was well attended and the reports and addresses were heard with marked interest. An address by Lady Drummond on organized charity was read by Miss Grace Robinson and one by Dr. Adami of McGill University on Child Welfare was read by Mrs.

D. P. Chisholm.

A MOBILE WOMAN'S EXPERIENCE

Opposition to Head Tax-I. C. R. Trains and Other Matters of

in St. John, said that Germany was looking for an increased trade with this provmee and was also looking to New Brunswick as a possible oil field to aid in their fight against the Standard Oil Company, and he afterwards took out extensive mining rights in the province.

W. F. Burditt delivered a valuable illustrated lecture on Nature and Art

Health Strength



Daily Hints For the Cook

LEMON RICE PUDDING

One cup of boiled rice, one pint of milk, grated rind of a lemon, butter size of an egg, yolks of three eggs. Bake 20 minutes; frost with the whites of the eggs, beaten with one-half pound of sugar and juice of the lemon. Add just after taking from the oven. Return and brown lightly in a moderate oven.

SPANISH RICE.

Boil one-quarter pound of rice in one pint of cream until quite thick, put in a colander and pour cold milk over it. Flavor one-quarter pound of granulated sugar with the juice of two oranges and a little lemon. Put in a well-buttered dish, cover with a thin puff paste and bake in a moderately heated oven.

MARSHMALLOW PUDDING

Soak two dozen marshmallows four hours in cream flavored with one-half a cup of caramelized sugar. Cut angel cake in halves crossways. Spread the lower half of cake, put on upper half and cover with the rest of marshmallows.

Cover whole of cake or heap on top only, swestened with cherries.

A cup of TEA that is a Safe, Pure, Stimulating and Wholesome Beverage.

EALED LEAD PACKETS ONLY. Black, Green and Mixed.

Your Baby Needs One Of Spring Bed Carriages

The greatest delight your baby will have will be when riding in one of our easy running Spring Bed Go-Carts or Carriages. They are simply wonderful - the construction, style and finish can't be beaten.



If you are interested, drop in and let us show you them. THE PRICES THEY ARE MARKED.

J. Marcus - 30 Dock Street

CAIZER'S TERRIERS ATTRACTION AT LYRIC.

WHAT THE PLAYHOUSES OFFER

Breakfast Cheer

Try a dish of the

New Hot Porridge

Post Tavern Special

Get a pkg. (10 or 15c. size.) Serve it for breakfast. Watch the smiles go round the table.

Post Tavern Special is a happy blend of the field flavours of wheat, corn and rice, and is full of the meaty nutrition of the grains-

Sold by Grocers. Easy to serve for

Tomorrow's Breakfast

Made by CANADIAN POSTUM CEREAL CO., LTD., WINDSOR, ONT.