

Index.

Skin as protection, 141, 142

Sleep, 123-125

Sterility,

 acquired, 53-57

 congenital, 52, 53

 in man, 51

 in woman, 52-57

Stillness, value of, 85

Stoves, 112, 113

Sunlight, 104

Swimming, 75, 121

T.

Temperature of room, 114

Tennis, 74

Typewriting, 133

U.

Unmarried state, abnormality
of, 10-12

V.

Venereal disease, 14, 27, 28

Ventilation, 100-110

W.

Walking, 73, 79-81

Weaning, 281

Whites, the, 177, 178, 201