

House and Household.

USEFUL RECIPES.

CORN DODGERS.

One pint of corn meal; salt to taste, water or milk in equal parts if desired to make a batter of the right consistency, so as to mould in your hands to small pones. Bake in a quick oven.

SUNSHINE CAKE.

Cream one cup of butter; add two cups of sugar and beat to a cream; then add one cup of milk, the yolks of eleven eggs beaten very light and three cups of flour, which has been sifted three times; beat until light and smooth; add two teaspoonfuls of baking powder; turn into a greased Turk's head and bake forty-five minutes in a moderately quick oven.

FISH TOAST.

Cold fish, cream, one egg, one ounce of butter, salt, pepper, mace and minced onion. Take about half pound of cold fish, pound it with butter, a little pepper, salt, mace and one teaspoonful finely minced onion, then add one tablespoonful of cream; put in a lined saucepan, add the yolk of an egg and stir till quite hot; pile the mixture high on buttered toast, sprinkle some fine bread crumbs over, pour a little butter on top, stand in the oven for ten minutes and serve at once.

HOUSEHOLD HINTS.

Greasy pans should be wiped with soft paper and then filled with water in which a little washing soda should be thrown. They will be easy to wash, and will not need scraping with a knife.

In a hygienic lecture at Baltimore a well-known doctor said that feather dusters should be discarded. They simply stir up the dust and thereby render the germs it contains more dangerous to health.

Kerosene will remove iron rust and fruit stains from almost every kind of goods without injuring the fabric. Wash the soiled spot in kerosene as you would in water. The spots must be washed in kerosene before they have been put into soap and water, or it will do no good.

If the stain on the wall-paper is of a greasy character it would be advisable to brush off the upper sooty section first, and then lay on the spot a mixture of pipe-clay and water the consistency of cream. Let this remain until the following day; it can easily be removed with a penknife or brush.

FASHION AND FANCY.

Spring millinery, as it appears just at present, is an erratic jumble of shapes and combinations of materials and colors, with millions of glittering spangles of every hue thrown in for further diversity. But, if we avoid the exaggerated perversions of real millinery art, it is a simple matter to find the most charming little bonnets and the most becoming hats imaginable.

A special feature of the new millinery that the flowers and leaves are mostly very large, the hydrangea being one of the favorite blossoms. Petunia is one of the most popular colors, and appears in straw hats as well as flowers and ribbons. The wide effect gained by wings and outspreading bows is still a dominant characteristic of both hats and bonnets, but the broad Dutch bonnet, so fashionable all winter, has grown a little point in front, which makes it resemble the Marie Stuart shape, and is infinitely more becoming to the majority of faces.

The jet bonnets, with their bunches of bright flowers on either side, are very attractive. Three shades of one flower are usually grouped together, and three feathers also. Fine plaitings of chiffon, with either flowers or feathers, are arranged from both hats and bonnets to fall on to the hair at the back, and a curtain of lace caught up in the middle is another fancy. A pretty jet bonnet with wide-spreading wings of jet is trimmed with cream-colored pansies above the ears. Violets and roses are used in combination, and roses in all the unnatural colors are mingled with the uncommon tints of the new ribbons, which are lovely with chine figures, and both satin and velvet stripes.

HOURS OF SLEEP.

One of the great mistakes of parents and those who have charge of children is that they are likely to allow the little ones too little time to sleep. With one excuse and another the youngsters are up later at night than they should be, and, as they must be off at school betimes in the morning and there may be duties to perform, they are called long before they have finished their morning nap.

Children, as a rule, ought to sleep ten or eleven hours, and to do this they must be put to bed early enough at night so that they may get this amount of uninterrupted rest. But it is a difficult thing to give the children the amount of sleep they require, because there is always something going on in the evening that interests them—some one comes in, there is a newspaper or book, or something is being talked of that they like to hear. They plead and entreat to stay up just a little longer, and with a spirit of indol-

gence, the parents yield. Of course, this means but one thing—too little repose and a curtailment of the hours of rest that nature imperatively demands.

It is no wonder that children are nervous, fretful and difficult to get along with. Their nerves, inherited from dyspeptic parents, are keenly alive to every sound, and their tempers none the best or they would not be the children of their parents, are irritated by being called out of bed when they so much want to sleep. During the earlier years of children, whatever else may be done, there should be ample provision for long and undisturbed sleep. It means health and strength in later years, clear heads, good dispositions and well-regulated mentality.

Mamma: Well, Johnny, I shall forgive you this time, and it's pretty of you to write a letter to say you're sorry. Johnny: Yes, ma; don't tear it up, please. Mamma: Why not? Johnny: Because it will do the next time.

In The Spring Time

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