

may be taken hourly, and one at night as the patient happens to be awake. These tablets are of value in inflammations of the throat, diphtheria, scarlet fever, and in acute septic infections. The conclusions drawn in the article are: The tablets are antiseptic, non-toxic, more efficient than washes or gargles, pleasant in taste and suit children, entails no pain, and they are easily carried by the patient.

THE BUGBEAR OF "INDIGESTION."

"It is often said that ours is 'a nation of dyspeptics.' Medical men appreciate how apt this statement is, and never was there a time when it was more true. Only yesterday one of them remarked, with a touch of humor, that 'people are living so fast to-day that they do not stop to masticate their food'—a wise observation, we must admit.

"And besides—in the matter of eating have we not as a race departed from the so-termed simple life? Have we not in more than one way become denatured rather than civilized? It seems that the things people eat to-day are censored to tickle the palate, rather than nourish and up-build the body,—and the consequence of such pleasurable and improper eating is a disordered stomach."—*From Brochure on Taka-Diastase.*

One is tempted to quote further from this booklet, so interesting is the story—in subject-matter and in the manner of its telling. To do so, though, were to defeat the present writer's object, which is to insure a wider audience for the booklet itself—a booklet which is well worth having, whether or not one expects to avail himself of its therapeutic suggestions.

As the quoted paragraph attests, the brochure is well written. Its literary flavor, however, is but half its charm. In its physical make-up, the booklet is a distinct novelty, its quaint cover design, its fitting inner embellishments, and its oriental suggestiveness lifting it well out of the casual and commonplace.

The brochure tells how Taka-Diastase came to be—tells how it is made, and in the language of the distinguished chemist and scientist who evolved and gave to the world this valuable ferment. It explains, in attractive, readable form, how Taka-Diastase acts in defective starch-digestion, in gastritis, in diarrhoea and constipation, in wasting diseases, and in the diet of infants. It contains a full list of Taka-Diastase products and gives hints as to dosage. Altogether it is an important little work, and one that readers of the CANADA LANCET are advised to send for. A copy may be obtained by any physician by addressing a request for the "Taka-Diastase Brochure" to the publishers, Parke, Davis & Co.,