

skin over each breast twice daily (at the time when the milk is taken) and the pressure resumed. If this be done before the breasts become "caked" they soon are found to be soft, painless and free from secretion. But often an acute inflammation (mastitis) arises; the breasts are found hard and knotty, the skin red, shiny and terribly tender, the patient has much pain and a temperature of $99\frac{1}{2}^{\circ}$ or 100° F. In such cases equal parts of unguentum balladonnæ and of lanolin may be mixed together and rubbed over the areola and skin; with a kaolin-glycerin poultice over all. Abscess may very often be thus prevented.—*American Journal of Clinical Medicine.*

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The Three Ages of Women—Third Stage

With the climacteric, the sexual life of woman is brought to a close,

and is considered by some authorities as the most critical era of her existence.

Various disturbances of the circulatory, nervous and digestive systems as well as of the pelvic organs are usually characteristic of this period, and are manifested many times by hot flashes, headache, melancholia, vertigo, neuralgia, etc.

For its calmative and sedative action upon the nervous system as well as for normalizing effect upon the vasomotor system, Hayden's Viburnum Compound seems to have proven, as a result of twenty-six years of clinical investigation, to be a most satisfactory remedy from a therapeutic standpoint for administration just preceding, at the time of, and following the menopause.

Sal Hepatica has been found specially serviceable as a safe laxative and

Glyco-Thymoline

IS INDICATED FOR

CATARRHAL CONDITIONS

Nasal, Throat, Intestinal,
Stomach, Rectal, and
Utero-Vaginal.

SAMPLES ON APPLICATION.

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