

SUFFERED TERRIBLY WITH HAY FEVER

Until "Fruit-a-tives" Completely Cured Her



MRS. HENRY KEMP.
CORNWALL CENTRE, ONT.,
NOVEMBER 27th, 1911.

"I was a martyr to Hay Fever for probably fifteen years and I suffered terribly at times. I consulted many physicians and took their treatment—and I tried every remedy I heard of as good for Hay Fever. But nothing did me any good. Then I tried 'Fruit-a-tives' and this remedy cured me completely. I am now well, and I wish to say to every sufferer from Hay Fever—'Try Fruit-a-tives'. This fruit medicine cured me when every other treatment failed and I believe it is a perfect cure for this dreadful disease."

MRS. HENRY KEMP.
Box, 6 for \$2.50—trial size, 25c.
At dealers or from Fruit-a-tives Limited, Ottawa.

HOW MARK TWAIN PROVED IT.

When Mark Twain was living in Hartford, Connecticut, where Dr. Doane, now Bishop of Albany, was rector of an Episcopal church, he went to hear one of the clergyman's best sermons. After it was over Mark approached the Doctor and said politely:

"I have enjoyed your sermon this morning. I welcomed it as I would an old friend. I have a book at home in my library that contains every word of it."

"Why, that can't be, Mr. Clemens," replied the rector.

"All the same, it is so," said Twain.

"Well, I certainly should like to see that book," rejoined the rector with dignity.

"Ah, right," replied Mark, "you shall have it," and the next morning Doctor Doane received with Mark Twain's compliments a dictionary.

During the summer months mothers of young children should watch for any unnatural looseness of the bowels. When given prompt attention at this time serious trouble may be avoided. Chamberlain's Colic, Cholera and Diarrhoea Remedy can always be depended upon. For sale by all dealers.

JULY A BIG MONTH FOR MACKEREL.

It is asserted by reputable authorities that Nova Scotia will see more mackerel the present year than for nearly a decade past. The mackerel are moving in a remarkably unusual manner this month, in that there is a large run of the smaller species following direct on the trail of the large fish that moved north three weeks ago to the spawning grounds in the St. Lawrence Gulf. Conditions therefore, are identical with those of 1905 and warrant the belief that the younger mackerel will be in range of the fishermen throughout July. Formerly July was the month when the big run passed up, but in late years the migration has occurred four weeks earlier.

The pursuit of mackerel is entirely too limited and thousands of dollars are lost annually by their characteristic elusiveness. Nothing is heard of them until they appear off the coast of the United States in March and start in a northerly direction. They return in the autumn, but none know to what destination. The chief purpose of the big fish is to go