Life Unbearable from Indigestion Health Restored by "Fruit-a-tives"

MELLE, C. GAUDREAU Rochon P.Q., Jan. 14th, 1915. "I suffered for many years with terrible Indigestion and Constipation. I became thin and miserable. I had frequent dizzy spells and became so run down that I never thought I would get well again.

A neighbor advised me to try 'Fruita-tives'. I did so and to the surprise of my doctor, I began to improve and headyised metogo on with 'Fruit-a-tives'. Indigestion and Constipation was relieved. I consider that I owe my life to 'Fruit-a-tives' and I want to say to those who suffer from Indigestion, Constipation or Headaches, try 'Fruita-tives'. Give this lovely fruit medicine same as I did"

At all dealers or sent postpaid by rabbit hutch. Fruit-a-tives Limited, Ottawa.

CROSS

Ye that have gentle hearts and fain To succor men in need, There is no voice could ask in vain,

With such a cause to plead-The wounds they took for you.

Out of the shock of shattering spears Of screaming shell and shard, Snatched from the smoke that blinds

and sears, They came with bodies scarred. And count the hours that idly toll, Restless until their hurts be healed And they may fare, made strong and whole,

To face another field.

Broke yesterday o'erhead,

Cover our English dead:

Who serve as in a holy shrine,

Tender of hand and brave of heart, Under the Red Cross sign.

Ah! by that symbol worshipped still, Of life-blood sacrificed, That lonely Cross on Calvary's hill Red with the wounds of Christ; By that free gift to none denied, Let pity pierce you like a sword,

And Love go out to open wide The gate of life restored.

CALLED UP

(By Dudley Clark)

Come, tumble up, Lord Nelson, the British Fleet's a looming! Come, show a leg, Lord Nelson, the guns they are a-booming!

What see'st thou, Sir Francis?-

strange things I see appearing! What hearest thou, Sir Francis?-Strange sounds I do be hearing! teach, always, m'sieu. They are fighting in the heavens; they are at war beneath the sea! Ay, their ways are mighty different from the ways o' you an' me!

See'st thou nought else, Sir Francis? -I see great lights a-seeking! Hearest thou nought else Sir Francis? -I hear thin wires a-speaking!

-That such should ever be! There's no mortal doubt, Lord Nelson ies—making that perpetual soup, and mands for food, clothes and money. who take part in hostilities when not but what is each one of us doing to

hear the sticks a-tapping!

'Tis the old Trafalgar signal!-'Tis the whole possible. the beating of my drum!

MERE MARGOT

woman and a Boy Hero

(By, E. A. Taylor)

lie on my back with one leg in splints was good to see the old flag again, and plaster, I have started a diary to with those splendid khaki fighting amuse me at nights, when the teasing lines. Mere Margot had tears of gladpain of the knitting bones in my ness in her eyes as she heaped plums fractured leg keeps me awake. All in the big hands held out as they day I can watch Mere Margot, who is passed without stopping. But the really Madame Despres, widow of a news is bad. The "war machine" has farmer in Crepy-en-Valois, where her hacked its way through Belgium, decottage is. She has a son who was feating the English at Mons. France in Paris, but is now with the army, is invaded by a vast army singing while his children-the twelve-year- "Deutschland uber Alles" (Germany old Boy Scout, Emil, and fair little over all), and we can only wait to Alzire-are here, because they were see if these English, with the army visiting their grandmother when the France is marshalling in frantic madness of war fell on Europe, and haste, will be able to check the incould not get away. Also Mere Mar- vader. got has adopted three mites of child- August 31st.-Evening; trains aren-waifs of war-and lastly myself, gain, but coming back-with wounda buyer for a Toronto firm, who, ed from some awful battlefield. Mere while trying to escape with my Margot and Emil are at the beet friend, Penn, the American newspap- sugar factory, which is now a hoser correspondent, broke my leg in a pital.

was promptly adopted by her. I continued this medicine and all my highly colored pictures of saints, Na- Then Boy Scouts came in to say they a fair chance and you will get well the and through the window I can see the ren, with the brave ones who stay garden, with its lilac bush and rows with them, are left. CORINE GAUDREAU. of potatoes, beans and cabbage, with Usually the town is queit and dark 50c. a box, 6 for \$2.50, trial size, 25c. | the important "salad" bed and the big by nine, but near midnight I saw

PUNCH'S APPEAL FOR THE RED shrewd face framed by a frilled cap. Margot ran down from upstairs and before calling the children for the "It was Madame Tison who screamed The cause of those that in your care, thought this very plain living was me to stay in. Read from the Beautiwho know the debt to honour due, caused by the pinch of war until Em- ful Book, please, m'sieu; Confide the wounds they proudly wear, il told me it was all he was ever God seem so far away." used to-and his father was fairly September 2nd.-Morning came

Think how your sisters play their the third meal of the day-potatoes they ask." are fried with bread and onions, and "And if you cannot pay the fines, set on the table with more bread, what then?" I asked.

one of the fine arts," I said.

France will remain a great nation while Alzire went with the other two of fear: "M. Captain, I am not a vour day's work, do you remember A cargo of twenty million bananas

the last mail came in What is hap- some stale bread our masters have taken prisoners." pening in the world we are forgotten thrown away so we have a kind of by? Fear grips me as I lie here help- soup. Three leagues that shot hath carried! less; then I watch Mere Margot, September 4th.—A continual pass- know that we are soldiers? It is and fewer vacant chairs. faithfully and calmly doing her dut- ing of troops all day, with their de- only uncultured, heathen savages Most accidents can be prevented, they ha' done wi' you an' me! I know that if the Allies do win out Then they all seem to have passed, in uniform." Hearken once more, Sir Francis!—I men behind the men, who, by careful as we realize that only the enemy's Dr. Schmidt. He spoke quickly in a that of another.

flew off after big Jean Tison, who have been forced back.

Trains were coming at last from our side-Paris way. They brought a A True Story of a Brave French. little mail and 10,000 English troops, who marched through the town to entrain again and cross the big Senlis bridge that spans our river, and then August 27th .- Being condemned to on to the terrible unknown front. It

fall outside Mere Margot's house, and September 1st.—The horror is here. God grant that Canada may never August 28th.-No news from the know what invasion, and invasion outside world. I study the big living by the Huns, means. This morning room where my bed is, with curtains we heard cannon; three million men to screen it off if necessary. The were fighting along the longest battle floor is tiled and speckless, the walls line known to history, the hottest poleon, Joan of Arc, etc. There is saw the spiked helmets coming, and an open grate with an oven on each a dreaded black shape flew over us side, with some vases and a cuckoo as the people fled, the rich in their clock on the shelf. Also a polished autos, the poor in carts or on foot, till sideboard and table and chairs. Up- three-fourths of our 6,000 people had stairs there are two small bedrooms. gone. Only the sick and little child-

lights on the street and heard men Mere Margot is about sixty, always giving shouted orders. Then a womclean-gowned, and with a kind, an screamed out horribly, and Mere She rises at four, makes coffee for went out, while Emil came to me herself and me, then cleans the house "They are at the farm," he whispered. eight o'clock breakfast of boiled ver- so; her boy is sick, and they could milelli with a little butter, then milk not run away. Do you think they for the children and coffee for us, I will kill grandmother, too? She told

and Emil and Alzire were actuall When the children are off to school trying to start getting the sacred Mere Margot gathers the vegetables soup roady when, white faced, Mere for what appears to be of supreme Margot came in. "They only took importance in French life—the mid- the pigs and the poultry from the day soup. To-day it is all vegetable, farm; no one was burt," he said. potatoes, leeks and sorrel. Every "There are thousands of them here. leaf that has a flavor, dandelion and They say all our men and the English nettles even. Mere Margot adds at are killed, and that they are our masdifferent times, to give piquancy to ters; but if we obey them in everyher salads and soups. I know that thing they will not burt us. Only And yonder, where the battle's waves no meal ever gave me more inward they have made large requisitions. We satisfaction than a bowl of this soup must all work to get in the wheat and noon, I watch Mere Margot preparing every day till we have given them all

butter, cream cheese, uncooked Mere Margot shuddered. "They plums, coffee and a wonderful salad. would do-what they have done," she "It is all in the cooking and combin- whispered, "in Belgium." But God is ing that makes a good dish," Mere good, m'sieu. I told them no lie, but Margot remerks as she mixes her when I heard Marie Tison scream and Uhlans galloped back with a dozen guarded horses. "A very remarkable countries at war either. In Germany "Here in France you count cooking do, I met an officer who had stopped some letters for M'Penn. He gave them where he lived, and with colding with unbent head past the grave what reports are sent out, it is a fact "It is a truly important one, m'sieu, them to me for you, for he thinks for are not the children the first you are him, and because of what

enough to make them dull and cross their victory, but we listen to the afraid. much-used coffee grounds had been or gives us false information?" I listened, amused, but I believe boiled. Then I took the baby to mind August 29th.—It is four days since little, and Mere Margot runs in with

frugality and calm doing of their hospital and its guards are in our low voice to the officer, who then It is estimated that a man's aver-

behind its lines, or what?



ndecision—and the blessed guns still rear beside the Marne.

September 7th .- An exciting day.

Pretty Madame Tison had prought us some vegetables, and Alzire was dancing with joy as she got out the soup pot, when there was a crashing of cannon close by, and shouting and a storm of rifle shots. We heard a loud humming overhead, and one of the enemy's air ships passed, dropping a bomb in a field. Then Madame and Alzire literally flew out of the house, for men were passing—a detachment of cavalry in the uniform of France. My two mad nurses were in among them, madame making the color-bearer lower the tricolor he bore so that they could kiss a corner of the sacred silk. However, we are not victors yet; the battle of the Marne still continues, only we are having a little of it here. The enemy, strongly barricaded, hold the bridge end of the town with a field battery while the are pale green and decorated with conflict being by the Marne River. French, who are merely making a cavalry raid, capture a good portion of the stolen-I suppose I should say requisitioned-stores.

September 8th .- Fighting all day at the other end of the town,. Many unhappy non-combatants are killed, and we think of Emil, still with the enemy's Red Cross.

September 9th .- A day of gloom. The French retire with the captured stores, and our masters are ruling us again, watching every act with sullen fury, and punishing savagely the Alzire to Paris and her mother. least trangression to their orders. There is a heavy fear that I can give no reason for, on me tonight, but I thank God our guns still hold the

September 10th .- It will be hard to write the story of to-day. Emil dashed up to the house on his wheel kind to him, and giving him leave to the sacred soup por filled next year.

to me shyly, "remembering what we of jumping to a conclusion and stick- stag at the beginning of the war vot-

returning from the unspeakables have just said?" Where now the swift and shallow at noon, with a slice of hard dry what other things they demand. They he was met by a troop of Uhlans, ourselves." disappear into a small wood. Then children first, and also for you and war credits will never be forgiven, who stopped and searched him. Everything being in order he was told |

> to the wood, his face showing nothempty saddles and taking the child woman that," he said. I give my little angels soup at noon, ing like cowed beasts under our mas-stood the boy; he looked very small "She is France," I exclaimed. which feeds them, yet it is not heavy ters' eyes. They talk gloatingly of among the big men, but strangely un-

you are wronging him, and does bad been stripped bare to help pay the don't you know the penalty for any men little things, and then, if you punish fine for to-day, and our breakfast was non-combatant in a country we occuhim, he hates you. Feed first, then only some rusty hot water in which py who aids in any way the enemy,

And Emil answered, without a sign When you leave your home for

enemy were in the wood."

M. Doctor."

Minard's Liniment cures Dandruff. short sight has kept out of the army. in to see us for a minute with some er's face as he spoke, then I pulled tario Safety League.

stepped forward, the boy stood watching them without a sign of fear; their rifles spoke, and a child had died for End of Imperialism Can Only be Ob-

"Infatuated little wretch," said the Uhlan again as they rode off, "I could weep at the thought of such wasted courage. That boy was worthy of a

Alzire in her arms and the two sat der the direction of the Germ was shaken with the roar of a ter- Party. rible explosion nearby. I could see Details of the conference held enough from my window to know Sept. 5-3 near Berne, Switzerland the battle of the Marne."

"Why couldn't they have lost it followed regarding the war by the yesterday?" wailed Alzire, but she Socialists of Europe was debate wept, and the tears brought relief from all points of view, were give to the poor little brain.

it has only fallen back beside the ment of the Kaiser. offensive with any energy.

was resumed, and since then we have knecht's private correspondence watched the three weeks' drawn other private papers seized. battle of the Aisne. I have been pro- Mme. Kollontay was one of those unto the Lord; for He isglod; for He who attended the conference near moted to crutches and to-morrow I Berne. The reason Liebknecht am going to take a very frail little not present at the deliberations was

on his scout's uniform, though he also | thought she was demanding his sword. Socialists, voted in favor of the crewore the badge of the German Red to-make a ploughshare of, so that its that made the war possible Cross. He looked well, and says he she could start the fall ploughing. Asked to discuss Germany so far visit us on his way with a message Then I heard her speaking in the control men, children and animals realize that it is such "It's helped me a lot," he whispered all beings that lack the women's gift "But the Socialists in the Reich-French soldiers we women must get food, for the "Those who voted for the German

he could go as soon as he had shown he had signed, and I watched her and swered. them the shortest way through the Tison pick out and lead off two teams "What is the situation in Germany? of the big battery horses—the fall Are the people contented?" He went on his wheel among them plowing was to be done all right.

blooded savagery they brought him where the boy who was dearest of that great suffering prevails in Gerin front of our house. Just across her children was buried. Grief uses many. The cost of living has inthing to be thought of everywhere? he thinks you might write to the Amthe road is the green bank of a vineup time and intelligence, and she creased tremendously, in some insyard, with a telegraph pole like a needed all she had of both to get tances the cost of necessaries having good teaching that makes the child. September 3rd.—The town is toil- white line before it. Against it they food for the many who were left. gone up 60 and 70 per cent., and in

in the afternoon. Then by varying ceaseless roar of guns that show the

Alzire gave one little smothered Mere Margot passed out of our sight Government, it is true, makes a small the flavor each day, we cannot tire "war machine" has not yet smashed cry when she saw her brother, then they impulsively raised their swords allowance to women and children, of it. Yes, m'sieu, feed a child right its way across the Marne. Emil has sank on her knees by my bed, hiding in salute to her. But she, trudging but this allowance is barely enough Tis a longish line of battle—such as and he will feel that you have a right been pressed to serve with the enethe control him: whereas if he is not my's Bod Cross and More Marget is on at the horses heads, was too intent to pay the rent and leaves nothing to control him; whereas, if he is not my's Red Cross, and Mere Margot is too young to understand, only stared planning how to feed her share of the for the purchase of the food that is 'An 'tis not the same old round shot | properly nourished, though perhaps out helping her people with her quick | solemnly at the big officer, who was | children and army of France to noyou give him too much to eat, he feels hands and keen wit. The house has shouting gruffly: "You little traitor; tice such trifles as the homage of The unemployment situation in Ger-

GET THE SAFETY HABIT

because of all her Mere Margots, with to glean for any scraps left in the traitor, for it was my soldiers who that constant care is necessary? Do was dumped recently from the United garden or fields. She brings in a fired in the wood. You would not vou, when you arrive in the office, Fruit Company's steamer Baronica, have betrayed comradese if you were lactory, or shop, bear in mind your outside of New York Harbor, in resown safety and that of others? To ponse to an order from the health "Infatuated little wretch," cried think first of safety means consider- department which had condemned the the Uhlan scornfully; "don't you ation for others it means lives spared entire lot. The bananas were valued

Look thou again, Sir Francis!—I see it will not be as much because of the and we have a feeling of being able A man pushed hurriedly forward pect that care will be taken for our "men behind the guns" as of the wo- to breathe without asking permission, -big, gruff-speaking, soft hearted safety and never take thought for

'Tis a sight that calls me thither!— daily duties, saved the fraction of the town. And ever nearer sounds the said more gently to Emil, "It is pos- age earning power is \$700 per annum. 'Tis a sound that bids me country that each one was respons- awful thunder of the guns. Is the sible that you are not a traitor, after Some of us receive more and some ible for, and so made the salvation of battle gone on to Paris, leaving us all; you may not have know that the less, but whatever we earn each year will be reduced by death. What are August 30th.—It is Sunday, and we September 5th.—The enemy are "Don't be afraid to answer, Emil," we going to do about it? The obvious Art thou ready, good Sir Francis? have had a rabbit for dinner, Mere back in a savage temper. I fast cried the Doctor cheerfully; "I know thing to do is to learn safety—to in-See, they wait upon the quay! Margot cutting the meat off the bones with the children huddled around me you pretty well, and of course you sist upon others doing their work in handed me a sample package of your Gin Praise be to God, Lord Nelson, they for us; we must not pick them, for eating the few scraps left. Mere didn't know. Say so, my child." | the safe way—to point out to the they are sacred to Monday's soup. Margot has forbidden them to go on Did Emil realize that he was being proper officials unsafe practices and After dinner I read aloud from the gleaning to-day. She, and we all, are offered his life if he would lie? Thank unsafe machines—to take no chances.

"Beautiful Book." as it is the pretty in fear as to what our angry masters. Cod that he was able to look at them. It may seem unnecessary to tell your my former trouble. (Name on request). On the surface, submarines derive "Beautiful Book," as it is the pretty in fear as to what our angry masters God that he was able to look at them It may seem unnecessary to tell you their motive power from oil or petrol, custom here to call the Bible, when may do, guessing, as they must, the with steady eyes as he answered, this, but what of each year's toll of submerged they are driven by elec- we heard a train whistle, and Emil joy in our hearts as we hope they But I knew my soldiers were there, life and limb? Get the safety habit and pass it along as an heritage to rents Mere Margot's farm, and whom September 6th.—Mere Margot runs I let Alzire look up at her broth- the children—Bulletin issued by On- National Drug & Chemical Co.

her down quickly, for three men REVOLUTION IS BREWING IN GERMANY, SAYS SOCIALIST

> tained by Dethronement of Kaiser-Germans are Discontented

New York, October 14.—Growing I was glad Mere Margot did 'not war were reported yesterday by Mm hear him. She came in later, her Alexandra Kollontay of Petrograd face showing that she knew; but who arrived here last Friday from without a word she gathered poor Christiania for an agitation tour un there in tearless silence till the house speaking section of the Socialist

what it meant, and I exclaimed, "it is and participated in by some of the the railroad bridge. The enemy has leading Socialists of Germany, Rusblown it up, which means they are sia, Poland, Switzerland, France, It- service on the railway is as follows: retreating in earnest; they have lost aly and the Scandanavian and Balkan countries at which the course to be by Mme. Kollontay. It was a confe October 11th.—It is a month since ence at which a new Socialist Inte my last entry. The day after our national was practically organized Boy Scout died trains brought French and at which it was made plain that Accom. for Annapolis......6.35 p.m. engineers to repair the bridge. Then large and influential bodies of Socame thousands of soldiers. English, cialists in Germany were going to do and French, remnants of the regi- all in their power to end the war and Midland Division ments that had stood the shock of to put an end to imperialism-an that thundering drive of the war ma- end that could only be obtained, it Windsor daily (except Sunday) for chine, and it is not near defeat yet; was frankly stated, by the dethrone-

they have saved Paris, yet have lost worker of the noted German Socialist necting at Truro with trains of the Inso heavily that they cannot take the Karl Liebnecht, in whose house she tercolonial Railway and at Windsor was at the time it was searched by On September 13th the mail service the German authorities and Lieb-

And Mere Margot? She and Tison been conscripted and forced to go to have been working day and night to the front by the German military Canadian Pacific Steamship "Yarsalvage something from the pile the authorities. The conferees, she ad- mouth" leaves St. John 7.00 a. m., enemy made of every farm implement ded, were genuine representatives of in the place and fired before they the international party, and were left. As I hobbled out I saw her in men and women who would never conversation with two officers of a forgive the Socialists who joined cobattery resting near us, and from the alition cabinets in the countries at

likes his work, the doctors being very that is necessary if France is to keep as the attitude of the Socialists there to another Red Cross station some firm, gentle voice that she used to the Socialists of Germany know and

read in the Beautiful Book." Then ing to it though the heavens fall. ted in favor of it and helped vote the "M. Colonel, consider; it is for the war credits to carry it on. How do As far as we can find out he was children. While you heroes deliver you reconcile that with what you

just as those who accepted portfolios With a dazed expression the man in coalition cabinets in other coungave her, not his sword, but an order tries will not be forgiven," she an-

"There is no contentment in Ger-The colonel looked at me as if he many, but before I refer to it more ing of what he knew, till rifles flash- did not understand what had made at length I also want to make it plain ed out of the green cover and the him consent to lend his jealously that there is no contentment in other the discontent with the situation is with them. His letters had told I looked at the sturdy figure walk- growing all the time. No matter others 100 per cent, and even more. With French quickness both men You can say that every necessity has many could be worse than it is, yet it is true that the percentage of unemployed is greater now than ever before

How They Work

For several years I have been troubled with Kidney and Bladder Trouble caused by uric

acid and the pains caused by the intermittent

stoppage of urine was very severe. For this

I was taking something or other continually with but little or no relief. At last a friend

relief that I had not experienced in a long

time. Since then I have been taking Gin

The above letter is from a popular and well-known commercial man in Victoria.

Gin Pills are 50c. a box or six boxes for \$2.50 at all druggists. Sample sent free if requested.

of Canada, Limited, Toronto.

Granville Centre Granville Ferry * Karsdale AR. Port Wade Lv. CONNECTION AT MIDDLETON WITH ALL POINTS ON H. & S. W. RAILWAY AND D. A. RAILWAY. P. MOONEY General Freight and Passenger Agent

Read down.

11.10

11.38

11.55

Yarmouth Line

Autumn Excursions Until October 30th LOW FARES! TRAVEL NOW! Yarmouth to Boston and Return \$6.00 Return Limit 30 days

Steamship Prince George Leaves Yarmouth Wednesday and Saturday at 5 p. m. Return leave Central Wharf, Boston Tuesday and Saturday at

Tickets and Staterooms at Wharf Office? A. E. WILLIAMS. Agent Yarmouth, N. S. Boston and Yarmouth S. S. Co., Ltd

You should always keep a n the shelf. The often need a mild ar preciate Chamberlain nstead of nauseous oils and ixtures. For stomac CHAMBERLAIN MEDICINE CO., TORONTO

On and after Sept. 29th, 1915, train Service Daily Except Sunday.

P	Express for Halifax (Monday only)
	Express for Yarmouth12 noon
n	Express for Halifax2.01 p. m
-	Express for Annapolis (Sat. only)
-	7.53 p. m

Trains on the MidlandDivision leave Truro at 7.05 a.m. 5.10 p.m., and 7.50 a.m. and from Truro for Windsor at Aisne, while the victors, though Mme. Kollontay is a friend and co- 6.40 a.m., 2.30 p. m. and 12.50 p. m. conwith express trains to and from Hali-Yarmouth, daily except Sunday.

Buffet Parlor Car Service on Mail Express trains between Halifax and

St. John - Digby

DAILY SERVICE

(Sunday excepted.) arrives Digby 10.15 a: m., leaves Digby 1.50 p. m., arrives at St. John about 5.00, connecting at St. John with Canadian Pacific trains for Mon-

mouth for Boston after arrival of was concerned, Mme. Kollontay said: Express train from Halifax, Wednes-

> P. GIFKINS. General Manager.

FURNESS

From London

From Halifax Oct. 28 Kanawha Oct. 24 Rappahannock Nov. 13

Nov. 7 Shenandoah Nov. 27 From Liverpool From Halifax via Nfld Tabasco

Oct. 27 Lexington Durango Nov. 20 Above sailings are not guaranteed and are subject to change without notice.

Furness Withy & Co., Limited Halifax, N. S.

Accom. | Time Table in effect | Accom.

Stations

Lv. Middleton AR.

* Clarence

Bridgetown

January 4, 1915 Mon. & Fri

Read up.

15.45

15,17

15.01

14.36

14.21

14.05