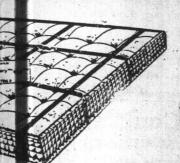


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nidnight; heavy. Quilted angora

ery thin taupe cheviot suit, the wa ng sitch-in lighter taupe shade, an material ing is done with still lighter lted por-with the satin and has a blue



eding The Fighters.

AUTO-MAN, EVERYWOMAN'S WORLD, Dept. 436 TORONTO, ONT.

been "cleared," but the list d" flared the ominous white hat indicated impending ennts. There might be remoment. It was still a er for a civilian to find

crid smell of smoke that a pall over the leprous

p of Tommy's food in field-baked white bread which is part happened in the bloody of the British Army ration. batttle-line that I have up his fighting abode.

nd thus you find thousply depots in France,

"Thank you, sir," made off. "Do you know who that officer is?" the colonel asked of me.

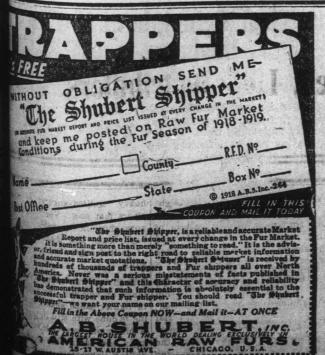
"No," I replied. "He is my father." In this case the father was seventyone years old, and a country squire; but, like many of his countrymen, he tote the nostrils, overcom-It is this sort of spirit that will win

the war. What most people do not realise is to every one of these foreign groups He is fed like the proverbial fightingcock The soldiers get the best that re the words out of his the market affords, and lots of it. Ofthe food squad was in ficers and men have precisely the th steaming "dixies," and same ration. I have eaten at many tic consumption of beef hind the lines, and I have always , washed down with tea. found the food abundant and excel-

Meat, of course, constitutes an imled is happening every day portant item in the stoking of the light, wherever the British soldier's stomach. The British Tommy

d thus you find thous-eaged patriots who are regular daily allowance is one pound or beans, three ounces of rice, two of fresh bread or ten ounces of bisthis patriotism confined cuit. Usually the bread ration is so ed. I was talking one arranged as to include 75 per cent. ling officer of the and 25 per cent. of biscuit.

Plenty of Variety. Other items in the normal daily al-



Cross Fund.

ighths of an ounce of tea (or coffee when desired), two ounces of cheese, Amount acknowledged\$36,386.57 wo ounces of oatmeal three times a w. P. A., Tag Day, addition-

unce of condensed milk, an ounce of pickles three times a weeek, two of England Sunday Schl., inces of potatoes, eight ounces of fresh vegetables when obtainable, or two ounces of dried vegetables, as a Factory, as follows:ubstitute, salt, pepper, and mustard. As a luxury, each man gets two oun-Marshall, Mr. J. Adams. es of smoking tobacco or cigaretttes Mr. W. Grove and Mr. W. once a week, and a box of matches Bennett, \$1.00 each; lesser

he general officer commanding. Its issue depends upon just what the R. S. Oldford troops are doing. In very cold weather a nip is given out every day, whether the men are in the first-line Rothwell and Bowring ... trenches or behind. Rum is always The Standard Oil Co., of ent, just before daybreak, when the troops "stand to," with ears, eyes, and heart alert, waiting for the enemy attack that sometimes comes and metimes does not.

hree times during the fortnight.

Rum is served at the discretion of

week, three ounces of jam, five-

The ration that I have described is the regular issue. It has become, however, a sort of elastic institution. adapting itself to season and local-

Standard Menus. The British Tommy, unlike the French poilu, has two big meals a day. He has his bacon, or tinned meat of some kind, bread-and-jam for breakfast, while at lunch he has stew or "bully beef," potatoes, vegetables, and always a dessert, more often a pudding of some kind. His evening meal comes under the head of "tea," and includes cold meat, bread and jam. In the trenches supper is always hot. At all meals he has his option of tea or coffee. These are the standard menus, subject always to mendment by reason of the system of substitution that I have mentioned. Now, if the "Field" and "L. of C. ations were the only food issues the task of provision would be comparatively easy. But the British Armies in France to-day are such a cosmo-

politan assemblage that the matter of diet is as complicated as that of a had gone "over the top" | wearing the single star of a subal- World Food Congress, recruited from ng. Shells still rent the tern, came up, and gave a message all the nations of the universe. It there was tension all up and he line. Nearly all the casualgether, saluted again, and, with a out the Empire, all the peoples of her ard. They represent every race under the British flag, and this means that white, brown, yellow and black men are geared up to the Great Cause. You have a conflict of religion, taste, habit, and custom, and every one of these eccentricities, born of climate, temperament, and tradition, must be met and appeased. Hence a separate and distinct ration is issued

that Thomas Atkins is probably the best-nourished soldier in the world.

The meat for the East India troops is obtained in very picturesque fashion. The East Indian will only eat when the animal is killed according to native rites. Near one of the Brit ish base depots in France is a huge war was forgotten in a Tommy's mess at the Front and beducted entirely for the native troops Every day you can see bearded and the German guns boomed lent. Indeed, after courting eternal indigestion with French war-bread— of the beasts with much Oriental cere the picture you visualise it is one of the real horrors of the mony. When the natives get their and hardship that attend war—it is always a luxury to get the meat they know it is not profane. No

try to deceive them.

Nor must it be forgotten in connec is a carnivorous animal, and must also a separate diet for the German the deadly storm that have his beef. The normal daily ra- prisoners of war, who are segregated tion for the fighting-man is one in camps surrounded by barbed-wire pound of fresh or frozen meat. Three fences. The British have found that days out of every seven he also gets it is both practical and expedient to chind the Army is the as mall portion of the so-called "M. let the German prisoners runt their and V." ration, which is meat and own mess. The normal daily ration the hard-fought batttles days out of seven, instead of the M. bread, six ounces of fresh or frozen ud, rain, shells, and ev- and V. ration, he gets a similar por- meat five days a week, and ten ounces menace that besets the tion of canned pork and beans. There of salt-cured herrings, sprats, or supplies under actual is also an allowance of four ounces smelts two days a week. He also gets of bacon, which is served at break- half an ounce of tea or coffee, an of oatmeal, and a little jam and the Government.

Then, too, the British issue food to he French, Belgians, Portuguese, and American troops in some instances. You can see, therefore, that with all these different types of rations there is an immense amount of detail to the provision of the inner man alone.

lowance for the troops at the Front are ten ounces of rice, two ounces of Imperial Red itter, which is served three times

al

per Miss E. Taylor Employees Nfld. Clothing Mrs. Colton. \$5.00: Mr. M. amounts. \$26.00. Total.... Elias Brown, Jr., Musgrave-

Long Beach, Trepassey, per New York, per J. B. Urquhart Collected by the Epworth League, Long Island, N.

D. B., per Fred. Hawkins 138 03 Rattling Brook, N. D. B., per Miss F. L. Bartlett, as follows:-Job Rendell, J. R. Bartlett, Freeman Toms. Stanley Rowsell. Joshua Toms, Roland Foster, C. Oke, \$1.00 each: E. A. Bartlett, \$1.40; lesser amounts, \$4.50. Total Freshwater, per Rev. Harry

erage, as follows: E. G. Cousens, \$10.00; M. Walsh, John White, John Francis, \$2.00 each; N. Ivemey, J. J. Everard, Wm. Bolger, J. Kavanagh, John Francis, Ed. Tilley, \$1.00 each; lesser amounts, \$3. Total Collected by W. P. A., Burgeo, as follows:-J. T. Moulton, Jos. Small, Hy Clement, \$5.00 each; Mrs. Clement, \$3.00; Mrs. Small, F. Davis, John C. Cunningham, \$2.50 each; F. Mc-Donald, W. H. Moulton, J. M. Vatcher, H. W. Clement, Miss Clement, W. J. Matthews, Mrs. T. Moulton, Jas. Webb, \$2.00 each; Mrs. John Guy, Mrs. W. Harris. P. Evans, Mrs. M. Vatcher. Mrs. Garland, H. Spencer. S. I. Murley, Thos. Buffett. Mrs. J. P. Moulton, Mrs. A. Sheppard, Mrs. A. Davidge, Mrs. W. Keeping, Mrs. T. Matthews, Mrs. J. Matthews, John Colback, Mrs. Walter Pinch, Mrs. W. H. Moulton, Mrs. James, Mrs. Touzell, Rev. E. Tarrant,

Anderson, Mrs. Jas. Beau-

champ, Miss A. Moulton,

Mrs. John Collier, Mrs. D.

McDonald, Mrs. S. Gore,

Mrs. Robt. Knott, Mrs.

James Buckland, Miss Lily

Dicks, Jno. Vatcher, \$1 ea.:

Thos. Mitchell. 75c.: less-

er amounts, \$32.05. Total-

retary, as follows:-Dr. C.

Fitzgerald, \$100.00: D. J.

and T. Burke, \$10; Mr. St.

Croix, \$3; Mr. Raiph Skinner, \$3; Samuel, John and

Randell Young, \$5; Mr. J.

Pine (English Har.), Stan. Burke, Mrs. D. Burke, Sr.,

Mrs. J. Burke, Mrs. John

Drake, E. J. Tibbo, In

Memoriam D. Y. P., W. J.

Burke, Bert Skinner, Mrs.

Isaac Dinham, Mrs. Edwin

Lee, Mrs. B. Lynch. Mrs.

Thos. Evans, Wm. Drake.

\$1.00 each; Mrs. Albert

Dinhan, \$1.35; James Young, Mrs. Katie Burke,

Mr. Staples, Mrs. Cluett,

Mrs. Hunt, Mrs. Kate Skin

ner, Mrs. Dyett, Sr., Mrs.

Jas. Skinner, Mrs. Mary

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tha Young, Mrs. Penny, Mrs. C. McCarthy, Michael

McCarthy, Mrs. Jas. Whal-

en, James Fiander, J. T.

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Mrs. Street, Mrs. Phebe Rose, Mrs. Jos. Vatcher, Ern Caines, Jas. and ward Strickland, Mrs. Jno. Anderson, \$1.00 each; Mrs. James Hare, \$1.50; lesser amounts, \$23.85. Collected at Fox Island by R. Taylor, \$8.75. Collected at Coppett by Miss A. Bowles:-Francis Bowles, 11; lesser amounts, \$4.55. Collected by Miss Moulton:-Thos. Moulton, \$5; Geo. H. Samways, \$3; Mrs. G. H. Samways, \$2; Mrs. Wm.

German Prisoners' Mess. tion with field rations that there is ounce of sugar, four ounces of potacheese. Recently the British have succeeded in making Schwarzbrot, the familiar black bread of Germany. This not only makes the Boche happier, but saves considerable money to

Fads & Fashions.

Among the dress cottons for spring voiles will be the favorites. The airplane has been the model for several of the smartest hats. Suede-finished cloths are most liked or the finest suits and coats. Black and blue are claiming a great eal of fashionable attention. There is no doubt about the new oat being a coat for all occasions. Passementerie embroidery has sudenly become very fashionable. There are still pockets, but few in umber and mostly ornamental. Tucks of all sizes are used, both on shirtwaists and separate skirts. There is a great deal of steel bear

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So wrote James Douglas in a fitting tribute to Heroic Women. It is equally certain that the homes of our gallant soldiers and sailors are not neglected because war has cast its shadow o'er the threshold. The motto of sweethearts and wives is "Cleanliness as usual" with

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When Troops

Of course, you have heard that troops never move. The assertion Should you be about to travel from, marquee. say, the Bank to Charing Cross, the

No words, however, are needed to nospital. A move, in fact, is a well-emptying the straw out. thought-out migration, the details of which concern such trifles as the dis- round-in accordance with scheme

posal of match-sticks, such matters for disposal of match-sticks-and tween those two standards.

Preliminary Preparations. seems a sweeping one, but literally ganized in countless fatigue-parties, ways at the end farthest from you, it is very nearly correct. You see, and spend weary days transferring he painstakingly counts out eight in the Army the ordinary journey bed-boards, trestles, tables and all men to each compartment, gradually about town or country is always dig- "barrack furniture"—as such arti- working towards where you stand, renigfied by the term "Procedure." cles are called—to a common hut or solving never again so to stuff a pack

-Army terms. Everyone-except, of rifle and equipment. walks off to the appointed place for tial stage of a "move. Next morning comes a final dust

of moment as the transport of the of- soon after "Packs on" is the order. Move, ficers mess-kit, and all ittems be- Burdened with packs, kitbags, and rifles, one endeavours to "march easy" to the train. Arrival there The intending emigrants are or- in charge of entraining. Starting alor a kitbag.

The eventful day draws near. The Seven-eight. In here. journey would be alluded to in Orders first indication of the actual date is More easily said than done. Howas "Sergeant So-and-So will proceed" the withdrawal of mattresses and ever, you manage to force your way pillows, or "palliasses and bolsters" | through the door, fling down kitbag,

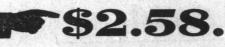
magnify the importance of a pukka course sergeants, who never work, At last the moment arrives, and to move. Here is no hasty trip to in- and officers, who aren't expected to the accompaniment of a very Babel terview an official in Whitehall-no -picks up one or more beds and of noises one embarks on the essen-

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