

## ATTENTION! Sick Women

To do your duty during these trying times your health should be your first consideration. These two women tell how they found health.

Hellam, Pa.—"I took Lydia E. Pinkham's Vegetable Compound for female troubles and a displacement. I felt all run down and was very weak. I had been treated by a physician without results, so I decided to give Lydia E. Pinkham's Vegetable Compound a trial, and felt better right away. I am keeping house since last April and doing all my housework, where before I was unable to do any work. Lydia E. Pinkham's Vegetable Compound is certainly the best medicine a woman can take when in this condition. I give you permission to publish this letter."—Mrs. E. R. CRAWFORD, R. No. 1, Hellam, Pa.

Lewell, Mich.—"I suffered from cramps and dragging down pains, was irregular and had female weakness and displacement. I began to take Lydia E. Pinkham's Vegetable Compound which gave me relief at once and restored my health. I should like to recommend Lydia E. Pinkham's remedies to all suffering women who are troubled in a similar way."—Mrs. ELISE HERR, R. No. 6, Box 88, Lewell, Mich.



Why Not Try

## LYDIA E. PINKHAM'S VEGETABLE COMPOUND

LYDIA E. PINKHAM MEDICINE CO. LYNN, MASS.

### Newfoundland's List.

St. John's, Nfld.,  
May 23rd, 1918.

Dear Sir,—Information has been received that a special order issued by General Officer Commanding 29th Division, states that a Record Book has been established at Divisional Headquarters in which will be entered all individual acts of gallantry and devotion to duty, which have been performed since the formation of the Division. Acts of gallantry, even if not of a nature to merit an immediate award, will in future be submitted, and, if approved by the General Officer Commanding, will be entered in this Record Book, which will contain the names of all brave men. All those whose names have been entered in this book, will receive a notice to this effect signed by the Divisional Commander, and will therefore be entitled to wear the enamel badge in the center of the triangle on the right arm while serving in the 29th Division.

following, and I should be glad if you will publish this in your paper, as I feel that it is a matter which will interest the public:

Lt.-Col. A. L. Hadow, C.M.G.; Capt. B. Butler, D.S.O., M.C.; Capt. R. G. Paterson, M.C.; Capt. R. H. Tat, M.C.; Capt. R. H. Bartlett, M.C.; Capt. K. J. Keegan, M.C.; Capt. J. R. Stick; Capt. C. St. C. Strong; Lieut. J. G. Whitty, M.C.; Lieut. S. C. Goodyear, M.C.; Capt. J. Nunn, M.C.; Lieut. E. R. A. Chafe, M.C.; Lieut. H. G. Hicks, M.C.; 2nd Lieut. A. Taylor, M.C.; 702 C.S.M. A. James, D.C.M.; 1438 C.S.M. T. Dunphy, D.C.M.; 664 C.Q.M.S. E. Nichol; 2896 Sgt. M. Winter, M.M.; 79 Sgt. A. Hammond, M.M.; 643 Sgt. E. P. Aiken, M.M.; 916 Sgt. R. Purcell, D.C.M.; 2181 Sgt. J. J. Murphy, D.C.M.; 378 Sgt. C. Spurrell, D.C.M.; 430 Sgt. E. Butcher, M.M.; 796 Sgt. H. Butler, M.M.; 502 Cpl. E. Joy, M.M.; 1027 Cpl. E. Cheeseman, M.M.; 793 Cpl. L. Fitzpatrick, D.C.M., M.M.; 1539 Cpl. L. Hollett, D.C.M.; 891 Cpl. H. Raynes, D.C.M.; 2040 Cpl. H. Tansley, M.M.; 42 Cpl. F. Best, M.M.; 2098 Cpl. J. Dunn, M.M.; 2879 L. Cpl. J. Rose, M.M.; 129 L. Cpl. E. Nichol; 2149 L. Cpl. F. James; 1604 L. Cpl. C.

## Made In Canada



## Begin the day with BAKER'S COCOA

"Is Itself a Food"

A pure, delicious drink; should also be considered a valuable adjunct to a meal, as it contains a large amount of nutritive matter in an easily digested form.

Its use permits the saving of other and more expensive foods

TRADE-MARK ON EVERY PACKAGE  
Booklet of Choice Recipes sent FREE

WALTER BAKER & CO. Limited

Established 1780  
DORCHESTER  
MASS.  
MONTREAL, CAN.



### Imperial Red Cross Fund.

EMPIRE DAY APPEAL.	
Amount acknowledged	\$ 8,833.44
Captain, Officers and Crew	25 00
s.s. Harmony	32 50
Geo. J. Carter	100 00
Colonial Cordage Co.	1000 00
United States Picture and Portrait Co.	50 00
Patriotic Association, Bell Island, per F. F. Berteau	200 00
Frank Noseworthy, Clarke's Beach	5 00
Joseph Sellars	250 00
J. C. Marshall	200 00
Campbell & McKay	250 00
Hon. S. Milley	200 00
Hon. Tasker Cook	150 00
Parker & Moore	100 00
Proceeds Lecture at Sound Island, P.B., per Rev. Carter Winsor	23 50
Longshoremen's Protective Union	200 00
Sir P. F. McGee	25 00
Evening Herald	25 00
Employees Evening Herald	14 00
C. C. Strangar	10 00
Arthur Hiscock	10 00
S. J. Foote	50 00
W. A. Mann	250 00
T. J. Duley	50 00
Dicks & Co.	100 00
Thos. Smyth	50 00
Robt. Templeton	50 00
Hon. F. McNamara	100 00
Royal Stores, Ltd.	1000 00
Batino Johnston & Co.	1000 00
T. and M. Winter	1000 00
Friend M.	25 00
Canadian Iron & Metal Co., per S. B. Kesner	10 00
G. Broving and Son	250 00
Direct Agencies	100 00
B. M.	100 00
Monroe and Co.	25 00
Alan Goodridge & Sons	500 00
Hon. M. P. Cashin	250 00
Employees T. & M. Winter	25 00
A. Pindlater, 410; C. H. Butt, 55; Wm. Mewa, 55; J. A. Sage, 53; Jas. P. Duffy, 43; E. P. Furlong, 42; T. Nurse, 52; John Dalton, 51; T. Manning, 51	32 00
Joseph Long	20 00
C. A. C. Bruce	50 00
Howley & Fox	50 00
Percele Johnson, Ltd.	100 00
Percele Johnson	50 00
Wm. White	10 00
Y. F. Perlman & Co.	50 00
Geo. Shea	50 00
H. J. Stubb & Co.	250 00
R. G. Rendell	300 00
Employees Bowling Bros.	46 00
Employees Minister Agriculture and Mines	46 00
Employees Imperial Tobacco Company	33 55
Employees Reid Nfld. Co.	525 70
Reid Nfld. Co.	2000 00
	\$8480.99

F. H. STEER,  
Secretary-Treasurer.  
May 23rd, 1918.

When you want something in a hurry for tea, go to ELLIS—Head Cheese, Ox Tongue, Baked Ham, Cooked Corned Beef, Bologna, Sausages, etc.

### Presentation to Mrs. Royle.

A very happy gathering of the Wesley Ladies' Aid Society took place on Thursday evening in the Ladies' Aid Room of the Church. The occasion was the presentation of a silver service to Mrs. Royle, who in the course of a few weeks will be leaving for "pastures new." A table was spread with good things of which the members and a few friends partook, which provoked a good feeling. The event of the evening, however, followed when Mrs. Andrew Goble read an address in which the Society expressed its regret at the impending severance of Mrs. Royle from Wesley, and wished her the best blessings in her new sphere. Mrs. Royle feelingly replied in a suitable manner. Accompanying the address was a silver service and cheese dish and a cut glass bouquet holder.

### Exemption Tribunal.

AN IMPORTANT CASE.  
At Thursday's sitting of the Military Tribunal 63 applicants were dealt with. Of these, 17 exemptions were granted, as follows: Under B—Wm. Hanes, Herbert Howse, William Howell, Frederick Colles, L. Brophy, Jas. Roland, S. M. Cram, H. O. Whit, H. R. Luscombe, P. J. McCue and Eric Morris. Under C—Job Warren. Under D—Eli Moss, Stanley Noseworthy, P. Moore and Thos. Jackson. Under E—P. J. Elliott. Seven were disallowed; three were referred to the Military Authorities for investigation; four were sent to the Medical Board; one was not in Class 1; one was withdrawn; one was transferred to Class 2, and five were deferred. An interesting case where the applicant desires to serve his country is shown in the case of Mr. John R. Chafe, of the telephone staff. The applicant does not want to be exempted, but it is held by his employers that his services are of such national interest, he possessing an expert technical knowledge of the apparatus concerning the operation of the telephone system, that the telephone Co. at the present time has no one to replace him. It appears that there is a conglomeration of old and new machinery, together with fire alarms and military secret telephones, with all of which Mr. Chafe has a thorough knowledge and in view of the importance of his position the Tribunal transferred him to Class 2, not yet called. Mr. Chafe had on seven different occasions handed his resignation to the Commandant, but on each occasion it was not accepted on the grounds hereinafter stated. The Tribunal congratulated Mr. Chafe on his high motives.

### Military Funeral.

The funeral of the late Sergeant Frank Troughton took place yesterday afternoon from his mother's residence, Hamilton Street and was one of the largest seen in the city for some time. The procession proceeded down Sudbury and Water Streets, up Queen St., Duckworth and Cochrane Streets and Military Road to the R. C. Cathedral. The procession consisted of: Firing Squad, C.C.C. Band, Regimental Bugle Band, the remains with Guard of Honor, Relatives, Citizens, and Volunteers and Foresters numbering 660. At the Cathedral the prayers for the dead were recited by Rev. D. Green. The interment was at Belvidere. As the remains were laid to rest the Last Post was sounded by Bugler Bailey and the firing party discharged the usual three volleys.

Stafford's Phorotone for all kinds of Coughs, Colds, Bronchitis, Asthma and various Lung Troubles.—may20,tf

## T. J. EDENS.

150 Half Sacks P. E. I. Potatoes (Blues).  
Now due.  
20 Half Chests Golden Tip Ceylon Tea. Retailing at 50c. lb.

Highest Quality at Lowest Prices.

Eddy's Silent Matches, large size, 5c.  
Briquet Beef, 1 lb. tin, 35c.  
Libby's Tomatoes, 3 lb. tin, 30c.  
Flour, Best Family, \$1.10 Stone Price's Carriage Candles, 5c. pk.  
Rolled Oats, best Canadian, 5c. lb.  
Table Raisins, 1 lb. ctns., 25c.  
Granulated Yellow Corn Meal, 7 lb. sack, 70c.  
Potato Flour, 1 lb. ctn., 30c.  
Sliced Bacon, in glass, 60c. lb.  
Hayseed, finest Timothy, 13c. lb.

Just in 200 lbs. Beechnut Bacon.

Fresh SAUSAGES—daily. EGGS—finest country.

T. J. EDENS,  
Duckworth St. and Rawlins' Cross.

# WARNING

PHILADELPHIA, May 6th, 1918.

Consumers are advised to take care when buying floor covering that inferior substitutes for Congoleum are not given them instead of genuine Congoleum.

For the protection of our trade mark we are prepared to prosecute any person who offers low grade imitations of Congoleum as being Congoleum Floor Covering.

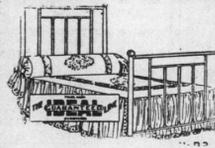
Congoleum Floor Covering stands supreme as the best wearing Floor Covering. See that you get it. The word Congoleum is stamped on the back of every yard of our product.

THE CONGOLEUM CO.

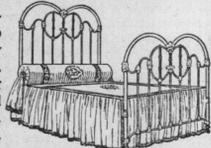
COLIN CAMPBELL, Ltd.

DISTRIBUTORS.

## Beds, Springs and Mattresses!

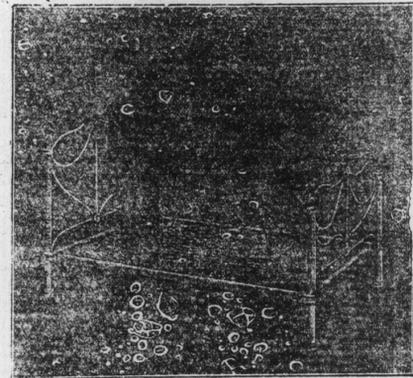


We have a large shipment of Bedsteads to arrive in the next few days, bought last year, which we are offering at Special Prices and will book orders for. It will pay you to wait.



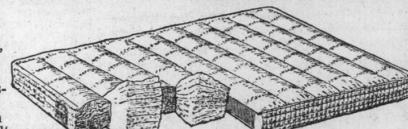
## Our Springs Stand The Test!

Our Oxford Coppered Spring is made of the best coppered wire, made by factory in building by secret process and guaranteed to give every satisfaction. We also have the Woven Wire Springs.



## OUR SPECIAL HEALTH MATTRESS

is made of pure wool centre filling, good ticking, 6 inch band, well compressed, which keeps it from sagging. Built



Built Not Stuffed.

by the only machine of its kind in the country. You can depend on getting a good reliable Mattress if you buy our Special Health. Other grades down to \$2.00.

## The C. L. MARCH CO., Ltd.,

Corner Springdale and Water Streets.

### Household Notes.

The end of the rib roast can be sawed off and corned. If boiled with cabbage it will make a good lunch dish.  
To insure the creamy sauce being smooth, always rub the butter and flour together until smooth, and add to the hot milk.  
If hard-boiled eggs are plunged into cold water as soon as they are taken from the fire there will be no dark ring around the yolk.  
Bolted linseed oil is good for cleaning furniture. Rub the furniture with waste dipped in the oil then rub dry with a clean flannel cloth.  
Raisins will stone much more easily if they are placed in the oven until they are heated through. They can then be easily split and the stones removed.  
When the chimney does not draw well, try opening the windows in the room for a few minutes before starting the fire, and see if that will not help the draught.

A few drops of camphor on the toothbrush will give the mouth a fresh, clean feeling, and it will harden the gums and prevent anything like cold sores or affections of the tongue, may turn sour.

## CODFISH IMPORTERS, UNIAO IMPORTADORA, Ltd.

Trust of 18 Great Importers,  
OPORTO—PORTUGAL.  
Telegrams:—Uniao Importadora.  
Buyers and Consignees. Liberal advances on consignments.  
References:—  
Banco de Portugal, Banco Nacional Ultramarino, London & Brazilian Bank, Ltd., Oporto.  
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