

Children Cry for Fletcher's

CASTORIA

The Kind You Have Always Bought, and which has been in use for over thirty years, has borne the signature of and has been made under his personal supervision since its infancy. *Chas. H. Fletcher* Allow no one to deceive you in this. All Counterfeits, Imitations and "Just-as-good" are but Experiments that trifle with and endanger the health of Infants and Children—Experience against Experiment.

What is CASTORIA

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is pleasant. It contains neither Opium, Morphine nor other narcotic substance. Its age is its guarantee. For more than thirty years it has been in constant use for the relief of Constipation, Flatulency, Wind Colic and Diarrhoea; allaying Feverishness arising therefrom, and by regulating the Stomach and Bowels, aids the assimilation of Food; giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

GENUINE CASTORIA ALWAYS

Bears the Signature of

Chas. H. Fletcher

In Use For Over 30 Years
The Kind You Have Always Bought

THE CENTAUR COMPANY, NEW YORK CITY.

Deposits in our Savings Department. Draw interest from the first and fifteenth of every month

4 1/2 per cent

IS THE RATE FOR THE LAST SIX MONTHS Savings Accounts Opened Maintained by Mail Liberty Bonds taken for safe keeping

Cosmopolitan Trust Company

60 Devonshire Street, Boston, Mass

Deposits go on interest the first and fifteenth of every month

FOR SALE to DAIRYMEN

Bran	\$45.30	per ton
Shorts	50.00	" "
Sampson Feed	55.50	" "
Schumacher	58.50	" "

BORDEN MILK CO., LTD.,

TRURO, N. S.

9-1-4w

Of Course, it makes good Pastry



In fact, "Beaver" Flour is a special pastry flour. It contains the choicest Ontario fall wheat (the finest pastry wheat in the world) blended with western spring wheat to increase the strength.

BEAVER FLOUR

MILLED OF BLENDED WHEAT

makes the lightest, flakiest Pies and Tarts—the most inviting Cakes, Cookies and Doughnuts—and real homemade Bread, with the delicious, nutlike flavor.

There's no comparison between the tough Pastry and tatters Bread, made with western wheat flour, and the "good things" made with "Beaver" Flour. Order some.

DEALERS—write us for prices on Feed, Coarse Grains and Corns.

THE T. H. TAYLOR CO. LIMITED, CHATHAM, Ont.

Canada Food Board Flour Mill License No 10

McCULLOCH & GREELMAN, Truro

BIBLE HILL.

(Written for the News.)

For health and beauty noted,
Wher no one e'er is ill,
Except from "flu" or measles,
I speak of Bible Hill.

A suburb of fair Truro,
The "Salmon" flows between,
Its banks frost kist in winter,
In summer fairest green.

Stand on the bridge at sunset,
And watch the western sky,
Its gorgeous tints and colors
—An artist's brush defy.

And oft in early morning
Snow-white against the sky,
A stray gull from the marshes
Of Fundy, winging by

With weird voice is telling
Of storm swept rock and reef
Seek in from wind and tempest
A respite, calm, tho brief.

At our old historic places
'Tis worth your while to stop:
There "Castlebank" and "Woodliffe"
And the Old Curiosity Shop."

The Hall of Agriculture
With spacious farm, you'll see
Where they plough, and sow and harrow
By the straight "rule of three".

Whence came its pious cognomen?
They many stories tell,
One, that a Holy Bible,
Was found within a well.

I trust I am mistaken
I hate even this to say,
That some keep up that custom
Unto the present day.

There's a story told in history
That our fertile marshy lands
Were settled by the Frenchmen,
Who came in packs and bands.

They dyked rebellious Fundy,
But in seventeen fifty-five;
Since they would not bow to England
They were expelled—alive.

'Twas Justice plain and simple,
'Tho sore against their will,
For they loved these vertile marshes,
They loved old Bible Hill.

And when the Holland Dutchmen
Grow sick of Kaiser Bill
May the Saints above protect us
If he starts for Bible Hill.

A GENEROUS PEOPLE REMEMBER THEIR PASTOR AND WIFE.

During the first week of the New Year, the people of the Meagher's Grant section of the Presbyterian congregation of Lower Musquodoboit handsomely remembered their pastor, Rev. L. P. Archibald, and his wife, by presenting them with the following address:

To Rev. L. P. and Mrs. Archibald;
Elderbank, N. S.

"This evening a few of us, representing the Meagher's Grant portion of the congregation, have gathered here to extend to you our Hearty New Year Greetings.

"We appreciate your kind words, cheery smile and noble efforts on our behalf during your labor of two years among us, and we wish now to convey to you our love, and esteem, and hearty cooperation with you in the noble work in which you are engaged.

"We deeply regret the sorrows and sickness that have entered your family circle during the past year, and we pray that the God of comfort and mercy will sustain you.

"May the work in which you are engaged continue to be blessed as evidence of the above mentioned regard, we wish to present to you this small token of our esteem, and hope you will receive it in the same spirit as it is given."

SIGNED BY COMMITTEE.
Meagher's Grant,
Jan. 2, 1919.

This Address, couched in these touching terms, was accompanied by the splendid gift of \$56.50. Such a spontaneous expression upon the part of the generous and sympathetic people of Meagher's Grant gladdened the hearts of the recipients, and the aforesaid gifts marks but one of many manifestations of kindness towards the occupants of the "Manse."

TWO PURCHASES OF REAL ESTATE.

Halifax, January 9.—Two real estate deals in the vicinity of the new railway terminals are reported, upward of \$70,000 or \$80,000 being involved in both. One is the purchase by the Canadian Bank of Commerce of the D. Cameron property at the southwest corner of South and Pleasant streets and the other the purchase of the Elmwood Hotel property, northeast corner of South and Barrington streets. The price is reported to be in the vicinity of \$50,000 and the purchaser J. M. Davison, K.C.



Mrs. J. A. Wallis.

Threw Away Her Crutches

MRS. WALLIS was cured of inflammatory rheumatism ten years ago, and tells in her very interesting letter how cure was discovered. The treatment used was so effective that her system was restored to good condition, and she has had exceptionally good health ever since.

In order that others may have the benefit of her experience she has kindly written this letter and allowed the use of her portrait. Any reader wishing further particulars of her cure will find Mrs. Wallis only too glad to do what she can to help them.

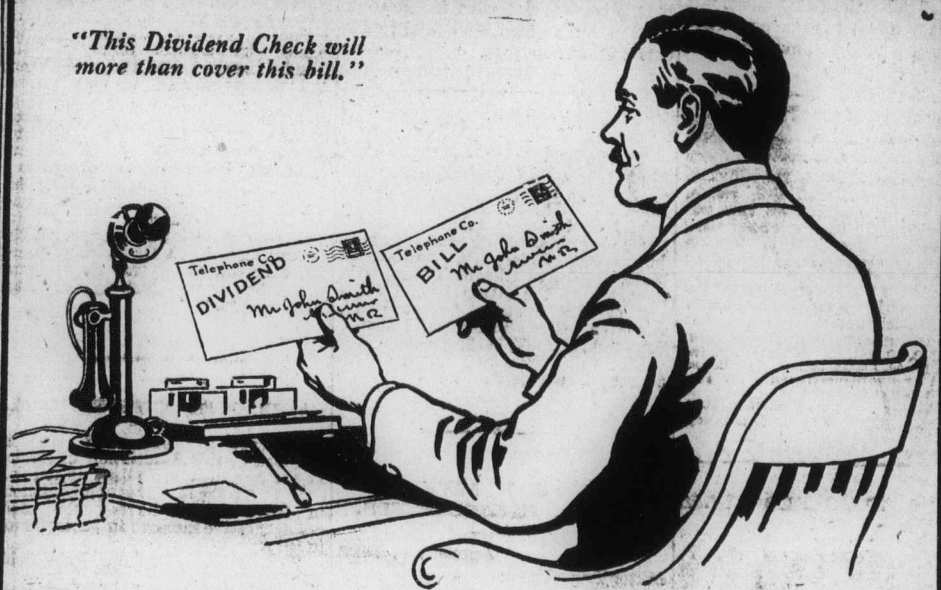
Mrs. J. A. Wallis, 17 House avenue, Brantford, Ont., writes:

"About ten years ago I was troubled with inflammatory rheumatism, and my system was in a generally run-down condition. I tried several doctors here and many different medicines, but received no benefit from any of them. I kept getting worse, and became so bad that I had to use two crutches to get around the house. One day I felt 'all in' and completely discouraged. The baby was sitting on the floor playing with a newspaper. She tore a piece off, and I happened to pick it up. I glanced over it, and my attention was attracted by a letter from some one who had been cured by Dr. Chase's Nerve Food. I had never tried this remedy, but decided right then to see what it would do for me. While taking the first box I found they were doing me good, as they seemed to put more life into me, so I continued the treatment, using box after box until I had taken 24 boxes. I felt so much better that I did not need any more medicine of any kind, and have not taken any for years. The Nerve Food relieved my rheumatism so I could do without the crutches, and I have enjoyed extra good health ever since. I can heartily recommend Dr. Chase's Nerve Food to anyone suffering from either a run-down condition or inflammatory rheumatism."

This report should convince the most skeptical of the effectiveness of Dr. Chase's Nerve Food in enriching the blood, building up the system, and thereby removing the cause of rheumatism, lumbago, sciatica, locomotor ataxia, paralysis and scores of other diseases which prey upon a run-down condition of the body.

You can obtain Dr. Chase's Nerve Food from any dealer or direct from Edmandson, Bates & Co., Ltd., Toronto. 50c a box, 6 for \$2.75. The portrait and signature of A. W. Chase, M.D., the famous Receipt Book author, are on every box.

"This Dividend Check will more than cover this bill."



The Universality of the Telephone

THE loyal citizen backs up home institutions. There is probably no public utility in which the best interests of Nova Scotia are bound up as they are in the telephone. It serves well-nigh universally; it should be supported likewise.

Today, one person in every twenty-two in this province actually pays for a telephone. Soon it will be one in ten.

Every telephone subscriber owes it to himself and his community to be a telephone stockholder, to share in the prosperity of this company and to have a voice in its management and operation, thus making it a huge cooperative enterprise.

As an investment for the Nova Scotian, it is unexcelled because its plant and operation are always under his eye, so that he can intimately observe them from day to day.

7% Preferred Stock. Shares \$10 each.
Earnings stabilized by legislation.

MARITIME TELEGRAPH & TELEPHONE CO., Ltd.
Halifax, N. S.