

ALMOST AFRAID TO GO TO SLEEP FOR FEAR SHE WOULD NOT WAKE UP.

FLUTTERING OF THE HEART.
SHORTNESS OF BREATH.
FAINT AND DIZZY SPELLS.

Mrs. Wm. Bingley, Grand Tracade, P.E.I., Has a Very Trying Experience, but Thanks to

MILBURN'S HEART AND NERVE PILLS

She has been restored to perfect health.

She writes: "About seven months ago I was badly run down in health and became very weak. I was troubled with fluttering of the heart and shortness of breath. When lying down at night I was almost afraid to go to sleep for fear I would never wake up. When I arose in the morning I would feel a little better, but as soon as I started to work my heart would start fluttering, my head would become dizzy, faint weak spells would come over me and it seemed as if black objects were floating before my eyes. I was growing worse every day until I got a box of Milburn's Heart and Nerve Pills. When the box was half gone I could feel that they had done me good and by the time it was finished I was in excellent health and would advise all sufferers from heart and nerve troubles to try them."

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THE T. MILBURN CO., Limited,
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For the Asking

On receipt of your name and address we will place before you for selection the greatest assortment of Jewelry, Silverware, Leather Goods, etc., in Canada.

In this new edition of our Catalogue, ready Nov. 15, we have made special effort to display extra value articles of very moderate cost.

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The Hot Wash Tub.

For a lady to stand and drudgery over a tub hot clothes this weather is both greasy and unhealthy. Call up **phone 199**, and we will call for your washing and deliver it back in as good order as we receive it, and cleaned as cheaply as you can do it yourself.

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DR. OVENS OF LONDON
Surgeon, Oculist and Specialist Eye, Ear, Nose and Throat
Will be at Chatham on SATURDAY, Sept. 26, Oct. 24, Nov. 28, Dec. 26. Glasses properly fitted. Office at Radley's drug store

VILLAGE OF ATRADNOE.

The Home of Peter Verigin, the Wise Doukhobor—Description of the Place—Other Villages Are Similar.

Job S. Gidley of Dartmouth, Mass., who has just returned from a conference with the Doukhobors in the Canadian Northwest concerning the expenditure of \$15,000 left by a woman Friend of Philadelphia to be devoted to the educational needs of these people, thus describes the Village of Atradnoe, the home of Peter Verigin.

"Here we met once more Evan Machortoff, the patriarch of the Doukhobors, who though 90 years of age, appears as well preserved and sprightly as the average man of 40 years."

"It may be of interest to have a description of this village, which would give a general idea of the other Doukhobor villages; for nearly all of them are laid out in a similar manner. This village is situated in Assiniboia, on the northeastern side of White Sand River, and about a half mile distant therefrom. It contains 22 log houses neatly calmsomined with clay inside and out, located about 100 feet distant from each other on either side of a street about 75 feet in width, passing through the village in an easterly and westerly direction. The settlement has a commanding view of the surrounding country."

"There are several stables used by the Doukhobors in common for their stock, and buildings where 8,000 bushels of wheat, oats and barley are stored, representing the grain crop raised by the Doukhobors of this village the present year. There is also a flour mill near a small stream on the southerly side of the village which furnishes water for the engine used for the motive power. The Doukhobors have improved their condition very much in four years. At that time they sowed mowed their grass and cut their grain by hand, threshing it with a flail. Now the seed is drilled in by horse power, the grass is cut with mowing machines, the grain is harvested with binders and threshed by steam. While we were in Atradnoe one of these steam threshers was in operation, and we were told that the Doukhobors with it in nine hours threshed 2,600 bushels of oats. The Doukhobors have eight of these steam threshers. Two of them, with traction engines, cost \$3,000 each, and the six with portable engines \$2,250 each. When the grain is threshed in one village the threshing is moved to another. The engines used by the Doukhobors to furnish the motive power for threshing when not in use that way are used as the motive power for grinding grain. There is one windmill for grinding in one of the villages through which we passed that was built this year."

"The Doukhobors are now self-supporting. Their fertile lands yield them a bountiful harvest and their vegetable diet makes their living expenses as far as food is concerned but a mere trifle. They still continue to make a large portion of their boots and shoes. They also spin and weave some of the cloth for their garments. The women and children have gathered and sold more than \$10,000 worth of seneca root the present year. When we left Atradnoe to go to Yorkton, 45 miles distant, Peter Verigin, Evan Machortoff and several other Doukhobors (three carriages in all) went with us to the bridge over White Sand River, about ten miles distant, to show us a herd of 320 horses which were grazing on the prairie near by. Peter Verigin had recently purchased these horses for the different villages of the Doukhobors, obtaining them from a trader living 150 miles from Regina, Assiniboia, taking his choice out of a herd of 2,000 horses, at a cost of \$24,000. These horses were raised in the State of Montana."

"When Verigin found it would cost him about seven dollars per head to have them shipped by rail from Regina to Yorkton, he concluded to have them driven overland. By doing this he saved about six dollars per head. They were four weeks on the journey, and though they had been on the prairie only two or three days, they looked none the worse for their journey. The herd was guarded by two mounted Doukhobors. As the grain fields of the Doukhobors are for the most part without fences, their herds of cattle and horses must be looked after by herds men. We left the trail and drove over the prairie through the herd of horses, which are in a wild state, but looked as though they would make fine workers."

"The Doukhobors in the different villages visited gave us a hearty welcome, and expressed great thankfulness that we had come to visit them. Once more, and appeared glad to learn that there was a prospect of having schools established in the different villages in which their children could learn to speak, read and write the English language."

What Peter Thinks.
"Peter Verigin thought that the Doukhobors would probably cut the lumber this winter, build the school-houses next year, and have them ready for the schools in the fall."

"Some people seem to think that the Doukhobors are not very intelligent, but we met with two who were able to speak, read and write three different languages. One of them, a young man about 21 years of age, is able to read, write and speak English, Russian and Georgian. His ability to do this was acquired without the aid of a teacher."

"The Doukhobors have great enjoyment in playing ball. One afternoon just before sunset, we saw quite a number of boys and girls whose ages ranged from 15 to 20 years, engaged in this pastime, and they kept it up even after sunset, in fact, just as long as they could keep track of the ball. It did not seem to matter much whether a girl or a boy was at the bat, for the ball, when hit, went flying through the air about the same distance in either case."

THE FIRST STEP

"If the child is an event in the mother's life. How proud she feels when the attempt to walk is begun so early as to evidence childish courage and sturdy strength. Such pride should be enjoyed by every mother. But it often happens that the child is timid, weak and deficient in vitality, and clings to the mother's arms with no desire to walk or play."

Mothers should learn that to have strong children they must themselves be strong, for the child's strength is the gift of the mother.

The use of Dr. Pierce's Favorite Prescription by expectant mothers gives them health and strength to give their children. It nourishes the nerves, strengthens the body and gives great muscular strength and elasticity, so that the baby's advent is practically painless.

"I have been using Dr. Pierce's Favorite Prescription, and can say it is just what you advertise it to be, and can cheerfully recommend it," writes Mrs. Victor J. Hadin, of Leonsville, Riley Co., Kansas. "I began taking it just two months before baby came and was greatly benefited by its use. The doctor who attended me said I did about as well as any one he had seen. We now have a darling baby, born strong and healthy, who weighed nine pounds when born (July 28th). During this month he has gained three and one-half pounds."

"Favorite Prescription" makes weak women strong, sick women well. Accept no substitute for the medicine which works wonders for weak women.

The Common Sense Medical Adviser, a book containing 1008 pages, is given away. Send 31 one-cent stamps for expense of customs and mailing only, for the book in paper covers, or 50 stamps for life volume bound in cloth. Address Dr. R. V. Pierce, Buffalo, N. Y.

HAGGARD IS OPPOSED.

FAMOUS AUTHOR CONDEMNS THE NEW POLICY.

Arranging a Consolation Banquet For Lord Goschen—Praise For Mr. Ian Malcolm, M.P.

London, Nov. 3.—Rider Haggard, speaking before the Chamber of Agriculture at London yesterday, said the Government programme of retaliatory tariffs against the countries which taxed our foods, and disallowing the idea of colonial preference, meant ruin to agriculture. He would resist this programme to the last. The meeting did not have time to finish consideration of the amendments, and broke up with much cheering and cries of "Good old Chamberlain!"

The Chamber of Commerce will give a consolation luncheon to Lord Goschen in return for the abandonment of the banquet of the Liverpool Conservative Club. The Irish Times, speaking of Mr. Ian Malcolm, M.P., who is a Canadian by birth, and who lately succeeded from the Free Fooders, says that foreigners like him because he is not insular and British, and for his genial wit. He is reckoned one of the Apostles of the House of Commons, is the heir to vast wealth, and has the distinction of having a party known as the Malcolmites named after him.

THE STAGE

"All the world's a stage and all the men and women merely players."

ANNOUNCEMENTS.

At the Chatham Grand:—
Central School Concert—Nov. 5.
McKeough School Concert—Nov. 12.
Guy Bros.—Nov. 14.
Real Widow Brown—Nov. 17.
Liquid Air and Wireless Telegraphy, Lecture—Nov. 20.
"The Burglar"—Nov. 27.
Lycium Course No. 2—Nov. 30.

Food Was Torture—How Iron-ox Tablets Cured R. J. Fowler, of Orillia.

February 19, 1903.
It is with gratitude that I can testify to the curative properties of Iron-ox. I was so badly troubled with dyspepsia that whatever I ate caused me so much torture that eating became a dread to me. I was induced to try Iron-ox. I was completely cured and have not had a return of the trouble since. I can safely recommend your medicine to any suffering from dyspepsia or indigestion.

R. J. FOWLER, Orillia, Ont.

Fifty Iron-ox Tablets, in an attractive aluminum pocket case, 25 cents at druggists, or sent, postpaid, on receipt of price. The Iron-ox Remedy Co., Limited, Walkerville, Ont.

Minard's Liniment Cures Dandruff.

REV. JOHN McDUGALL.

Pen Picture of the Northwest Missionary Who Delighted Toronto Church Circle During Recent Visit.

There are some men who absorb the West. There are others whom it absorbs. Most of the transplanted Easterners rave about space and ozone. Here and there you find a man on the prairie who, in a sense, is space—is ozone. To him there is no East; the sun rises in the West. He has known three kinds of penmanship and the unreadable soul of the red man; can himself be a red man, if he chooses; for with the Indian he is eloquent, before an audience of his fellow white men somewhat tame and ordinary. Yet he carries that unaccustomed breeze, as though you heard it in the spruces up the banks of the Saskatchewan, or saw it blow the smoke of tepees.

Such a man is the Rev. John McDougall, Superintendent of Indian Missions under the Methodist General Board, one of the full-time of living white men that have hunted the prairie buffalo.

Now the writings of most missionaries on the West, are about as active to the prairie as patent medicine pamphlets are to a pipe-organ solo by Guilman. They usually estimate the population-hungry basin of the two Saskatchewan, reaching from the Rockies to Hudson's Bay, by the number of Indians who take sacrament. To read such literature engenders the "tired feeling." To hear McDougall describe a buffalo hunt is a tonic. No—I should not care to read it. Like most greenhorns, I expected word-painting and weird half-tones. McDougall's story was sheer outline, as matter-of-fact as a cloth upon your nose. There was no analysis, no lurid portraiture of blood, smoke and blazing eyes, simply rollicking masses of exuberant life, the rampant jolting of almost cosmic hunger against boundless beef—outlined by one who was in it. The story was about fifteen minutes long. It contained half a million acres of primeval prairie, a few thousand buffaloes, a hundred Indians on ponies and a huge red death on the grass under the smoke, with a huge red feast in the camp after it. Most of the words in it might have been found in a tale as simple as that in one of our school books, "I See An Ox." Which makes you wonder how such a picture would look painted in the words of Cut-life Hyne or Frank Morris.

What the swamps and karroos of Africa were to Livingstone, the unwritable sky-spaces of the prairie are to McDougall—a life-experience. In a pipe-organ solo he might not be able to tell you the pedal notes from the wax tablets in the echo. On a prairie hill at five miles you will see a blurr of dots where he will pick out the horses from the cattle. The father was frozen on the prairie with his gun across his breast in the snow. The old-timer on the train between Calgary and Edmonton will point you out almost the exact spot of that tragedy in a coulee where the roses bloomed this summer among the bunch-grass. The prairie of today is as deeply real to the son. From Fort Macleod to Hudson's Bay and from Rat Portage to the Peace River is the parish of McDougall, just as it is of Father Lacombe, and as most of it was to Evans and the late Presbyterian, Robertson. And if you have never traveled that country off the railroad, and would know now it felt in the blood during the decade after the McDougalls went there, read "The Great Land," by Col. Butler—Kodak in Toronto News.

Students' Vacation Experiences.

One could write a book on the vacation experiences of Toronto students, says the News. A good 90 per cent. of the men have earned part or all of the money required for their courses, and they earn it in very many ways indeed. The Knox and Wycliffe men have their mission stations, and come back with tales of life in the scattered settlements of New Ontario or the far West. The School of Science men have their trips with surveying parties, or their four months of draughting or of work as mechanics in the great foundries of Pittsburgh or Cleveland. The senior medics have been assistants to surgeons, or have even served as local tenentes, while the junior medical and the arts students have engaged in so many callings that one cannot be sure of accounting for them all. A few have crossed the Atlantic in the humble guise of cattle-tenders, and can now spin fore-castle yarns like any Jack Tar. Others have worked on farms or as mechanics; perhaps a dozen have gone back to an earlier love, and have taught summer school. Agencies of one kind or another have employed a great many more, while the departmental stores have profited by the labors of scores. Even the dangerous employment of the river driver has fallen to one or two, the lot of a newspaper reporter to certain others, and no one knows how many have been waiters or pantrymen on the lake steamers, or butlers and clerks in summer hotels. To the majority the vacation has been long enough, but the holidays very few, so that the work habit still rules to the gratification of the teachers.

Silver Lead Industry.

There seems to be hope of the extension of the silver lead industries in Ontario as a result of the bounties bestowed some time ago by the Federal Government on its production. Galena and its kindred ores has never been regarded as a staple mineral product of this Province, but there is one silver lead enterprise at Bannockburn which has been working for some time. The appeal for bounties came from British Columbia, where the industry is a very important one, but the effect on Ontario has been to stimulate existing enterprises. A party of Americans is now looking into similar propositions at Echo Lake, near Sault Ste. Marie, with a view to establishing a smelter.—Toronto News.



Vapo-Resolene

Established 1879.

Whooping Cough, Croup, Bronchitis, Coughs, Grip, Asthma, Diphtheria.

Cresolene is a boon to Asthmatics.

CRESOLENE is a long established and standard remedy for the diseases indicated. It cures because the air rendered strongly antiseptic is carried over the diseased surfaces of the bronchial tubes with every breath, giving prolonged and constant treatment. Those of a consumptive tendency, or sufferers from chronic bronchitis, find immediate relief from coughs or inflamed conditions of the throat. Descriptive booklet free.

CRESOLENE ANTISEPTIC TABLETS dissolved in the mouth, are effective and safe for coughs and irritation of the throat. 10c a box. ALL DRUGGISTS. LEEHING, MILES & CO., 1651 Notre Dame St., Montreal, Canadian Agents

USE EDDY'S MATCHES. Fibre Ware... The Neatest, Cleanest and Most Durable Ware on the Market. Can be had in Pails, Tubs, Wash basins, &c. For sale by dealers everywhere.

Kent Mills Flour Is peer of all makes. Kent Flour always has been, is and will be the GREATEST SELLER of any Ontario mill. QUALITY is the secret. THE CANADA FLOUR MILLS CO., Ltd.

WALL PAPERS..... We carry a large assortment of the most Modern Patterns, and give you an exact estimate of what it will cost you to have your Fall papering done. Call and see our Large assortment. JOS. A. TILT, Next to Rankin House. Save Fuel Did you ever examine your windows. You will likely find them loose. So much so, they will rattle with the least wind. Windows in this condition will let a lot of cold and wind through. Stop this and make your house comfortable by having the Chamberlain Metal Weather Strip attached. See window equipped at my office, opposite the Post Office. Thos. G. O'Rourke

Lime, Cement AND Cut Stone. We keep the best in stock at right prices. JOHN H. OLDERSHAW, Thomas Street, Opposite Police Station. SUNLIGHT SOAP REDUCES EXPENSE. Sunlight Soap will not burn the nap off woollens nor the surface off linens. HIS Young wife was almost distracted for he would not stay a night at home so she had his LAUNDRY done by us, and now he ceases any more to roam. Parisian Steam Laundry Co. TELEPHONE 20.

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