

books, we must not only see the matters treated of, but *look steadily* at them. Nothing but meditation can enable us to understand or feel. In reading the scriptures and religious books, we are, or should be, **READING FOR ETERNITY**. Salvation depends on knowledge, and knowledge on meditation. At almost every step of our progress through a book which is intended to guide us to salvation, we should pause and ask, "Do I understand this?" Our profiting depends not on the quantity we read, but the quantity we understand. One verse in scripture, if understood and meditated upon, will do us more good than a chapter, or even a book, read through in haste, and without reflection.

6. *Read regularly through in order.* Do not wander about from one part to another, and in your eagerness to gain relief, pick and cull particular portions, on account of their supposed suitability to your case. It is all suitable; and will be found most so by being taken together and as a whole. A rambling method of reading, whether it be the scriptures or other books, is not to edification; it often arises from levity of mind, and sometimes from impatience; both of which are states very unfriendly to improvement. Remem-