

Suggestions for Young Communicants.

Use this amongst your prayers in the morning before you come to Holy Communion :—

I love Thee, O my God, for all Thy mercy and Thy love to me, and I desire to love Thee more and more. Let no earthly love possess my heart so as to make me forget Thee. Give me Thy Holy Spirit that I may love Thee more truly, and that loving Thee I may be eternally happy. AMEN.

O Blessed Saviour Jesus Christ, trusting in Thy great mercy and merits, I desire to receive the Holy Sacrament of Thy Body and Blood. I am stained with many sins; do Thou wash me in Thy precious blood. I am faint and weary in my strife against sin; do Thou refresh and strengthen me. Give me perfect purity of soul and body, and keep me from every evil word or deed. Give me grace to draw near to this Holy Sacrament with such reverence and fear, such holy joy and fervent love, such sorrow for sin and desire for holiness, that I may enjoy all the blessings and receive all the benefits which Thou hast obtained for us through Thy precious death. Amen.

Upon coming into church kneel down and say :

O Almighty God, I come before Thee trusting only in Thy mercy and love. Forgive