

## Swan Lake Home Economics

The June meeting of the Swan Lake Home Economics was held on Saturday, 28th ult., with a fairly good attendance.

The June programme was in the hands of Mesdames Gordon, (President) T. Cook, T. Hedley and W. A. McPherson. After the usual business, the President spoke of the Cor. Secretary's illness and a vote of condolence was passed and sent to Mrs. Langridge with a hope for her speedy recovery. The programme was opened by Miss Cassie McPherson, who substituted for Mrs. W. A. McPherson and who gave much pleasure by a recitation entitled, "Life's Lesson."

Miss V. L. Gordon substituted for Mrs. Cook and read a paper on "Work and Worry," which was very interesting

and should prove of great benefit to all who heard it, as it emphasized the fact that worry was worse than work. It also explained the uselessness of worrying over what was past and therefore inevitable, and it also pointed out that worry might be turned to advantage if it made one get busy and try to remove the cause of the worry.

Miss Beech, who substituted for Mrs. Hedley, gave a splendid demonstration in making a Baldwins Turkey wool rug. Everyone was much interested as the rug was a beautiful specimen and very well made. Miss Beech also demonstrated stencilling in the ordinary way as well as the Mexican stencilling, and earned the gratitude and appreciation of all the members by the clearness of her explanation and the care and

thoroughness with which she had prepared her subject.

Mrs. Gordon read a paper entitled "Before Six," which was not as one might imagine, a plea for early rising, but for the early and systematic training of children. It is a well known fact that a child is susceptible to influence at a very early age, and it is impossible to start the inculcation of good habits too soon. A child of only 3 months old can understand the difference between a frown and a smile. A child's mind is absolutely virgin soil in which all impressions whether for good or evil must be implanted; unselfishness, obedience, discipline and self-control are easily learned, but it is also, unhappily, equally easy to become disobedient, bad tempered and selfish.

Mrs. W. E. Gardner again kindly acted as Corresponding Secretary. The serving of a dainty tea brought a very interesting meeting to a close.

## A Matter of Spelling

An old colored woman entered a drug-store one morning and carefully looked over the case containing the fancy soaps.

"I'll take one cake o' soap jes' like dat," she said, at length, as she pointed out a particular kind.

"Will you have it scented or unscented?" asked the clerk.

"Oh, I'll jes' take it right 'long with me," said the woman.

# Williams' Talc Powder

is a summer necessity for the woman who cares for her comfort and appearance. After the scorching heat of the sun, after the trying effect of salt spray and wind-blown sand particles, there is nothing quite so soothing and refreshing as frequent application of Williams' exquisitely soft and delicate talc powder.

Four Odors—Violet, Carnation, Rose and Karsi

## A Vanity Box and An Interesting Offer

For users of Williams' Talc we have had manufactured a charming little Vanity Box, heavily silver-plated, containing a French powder puff and a concentrating mirror. We will gladly send this Vanity Box with the sample can of Williams' Violet Talc Powder and the tube of Williams' Dental Cream, trial size, shown in the illustration, on receipt of 20c. in stamps.

Address The J. B. Williams Company  
P. O. Drawer Glastonbury, Conn.

