



"One of the most important rules of travel is to know how to leave behind our prejudices as wealthy North Americans. Being willing to embrace the customs of the local people, to sit down with them and to try to understand them – that is how we connect with what is most important."

*Céline Galipeau,  
anchorwoman,  
Société Radio-Canada*

## TRAVELLING WITH CHILDREN

Canadian children need their own passports. The practice of adding a child's name to a parent's passport is no longer permitted.



If you are travelling alone with a child younger than 18, you should carry a certified letter from the father giving permission for the child to travel. A sample consent letter can be found at [www.voyage.gc.ca/alt/letter.asp](http://www.voyage.gc.ca/alt/letter.asp).

If there is a possibility of a custody dispute developing in Canada or another country while you are abroad with your child, talk with a lawyer before leaving home. For details, refer to our publication *International Child Abductions: A Manual for Parents* (available at [www.voyage.gc.ca](http://www.voyage.gc.ca)).

Before setting out, come to terms with the fact that you will be travelling at your child's pace, not your own.

If you plan to visit a developing country, be sure to consult with your pediatrician on how best to protect your child's health.