

expects you to pay and be reimbursed later;

- provides for your medical evacuation to Canada;
- pays for any required medical escort (doctor or nurse) to accompany you back to Canada;
- excludes pre-existing medical conditions. If such conditions exist, notify your insurance company and get an agreement in writing that you are covered for these conditions. Otherwise, you could find your claim null and void under a pre-existing condition clause;
- covers premature births and related neonatal care;
- allows for cash advances if a hospital accepts only such payment; and
- pays for the preparation and return to Canada of your remains should you die while travelling.

Carry a copy of your insurance policy and a list of contact numbers when travelling. If possible, leave a second copy with a travelling companion or friend.

Before leaving Canada, ensure that any special medical needs

you may have are available in the region where you will be staying.

Make sure you have adequate supplies of prescription drugs, eyeglasses and other medical necessities. Over-the-counter drugs are generally available in Mexico, but if you have special needs it is wise to carry the medication with you.

Carrying a duplicate of your original prescription for medication and eyeglasses or contact lenses is recommended. If you lose them, they will be easier to replace.

### *Other Insurance*

Some travellers' insurance packages also cover lost or stolen luggage and flight cancellations for medical or other reasons.

### *Drugs*

There are serious penalties for the possession of illegal drugs in Mexico, and you should exercise the utmost caution when travelling. Never carry a package or luggage for someone else, unless you have completely checked the contents. At the airport, verify that your baggage claim tags match those on your bags before passing through customs. Choose travelling companions carefully, since you may be implicated if they are