

DR. R. A. REEVE, TORONTO.

President of the British Medical Association.

HOW CONSUMPTION SPREADS

Consumption is a disease which can be given by one person to another. The germs usually come from the spit of consumptives which dries and goes into the air as dust and is breathed in by others.

THEREFORE

Don't spit on the sidewalks or let others do it; it is against the law. Don't spit on the floors of your office, workshop, store, church, public halls, street cars or railroad cars.

When you spit, spit in the gutters or in a spittoon containing a liquid disinfecting solution.