

## The Temperance Cause.

## HOT MILK AS A STIMULANT.

Of hot milk as a stimulant the *Medical Record* says:—"Milk heated to much above 100 degrees Fahrenheit loses for a time a degree of its sweetness and density. No one who, fatigued by over-exertion of body and mind, has ever experienced the revivifying influence of a tumbler of this beverage, heated as hot as can be sipped, will willingly forgo a resort to it because of it being rendered somewhat less acceptable to the palate. The promptness with which its cordial influence is felt is surprising. Some portion of it seems to be digested and appropriated almost immediately, and many who now fancy that they need alcoholic stimulants when exhausted by fatigue will find in this simple draught an equivalent that will be abundantly satisfying and far more enduring in its effects."

## EVILS OF THE DRINKING SYSTEM.

Mr. William Hoyle, the well-known temperance statistician, has addressed a long letter to the *Times*, traversing the views of Mr. Bright as enunciated in his recent speech on temperance legislation. Mr. Hoyle quotes statistics as illustrating the growth of poor and police rates in England and Wales, and the returns of pauperism, crime, and lunacy, for the purpose of showing that the anticipations of Mr. Bright and his coadjutors in the Anti-Corn Law Agitation, that free trade would get rid of poverty and crime, have been very far indeed from being realised. He contends that the evils resulting from the drinking system are immeasurably greater than ever proceeded from the Corn Laws, and if the removal of the lesser evil was worthy of such heroic labours, what, he asks, ought to be the efforts put forth in the removal of the greater.

REV. A. G. SHAW writes to the *Pall Mall Gazette* that over 10,000 barrels of rum, each containing from 40 to 50 gallons, have been imported in one year along the east coast of Madagascar, and the result has been that at nightfall whole villages of the natives would be found under the influence of the demon drink, even little children staggering in their play round the fire or in the moonlight.

RECENTLY published judicial statistics show that 447 of the inquests held in England and Wales in 1880 resulted in a verdict of "died from excessive drinking." This is 29 more than in the previous year, but it is below the average (480) for five preceding years.

"SINCE the sale of liquor was prohibited in this town, five years ago," says the *Carrollton (Ga.) Enterprise*, the amount of trade has increased from \$200,000 to \$500,000, and there is not one merchant in thirty who would not vote (on purely business principles) against the reinstatement of the liquor traffic."

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## What is Catarrh?

(From the Mail, Can., Dec. 14th.)

CATARRH is a mucous-purulent discharge caused by the presence and development of the vegetable parasite anicoba in the internal lining membrane of the nose. This parasite is only developed under favorable circumstances, and these are:—Morbid state of the blood, as the blighted corpuscle of tubercle, the germ poison of syphilis, mercury, toxemia, from the retention of the effluvia of the skin, suppressed perspiration, badly ventilated sleeping apartments, and other poisons that are germinated in the blood. These poisons keep the internal lining membrane of the nose in a constant state of irritation, ever ready for the deposit of the seeds of these germs, which spread up the nostrils and down the fauces, or back of the throat, causing ulceration of the throat, up the eustachian tubes, causing deafness; burrowing in the vocal cords, causing hoarseness; usurping the proper structure of the bronchial tubes, ending in pulmonary consumption and death.

Many attempts have been made to discover a cure for this distressing disease by the use of inhalants and other ingenious devices, but none of these treatments can do a particle of good until the parasites are either destroyed or removed from the mucous-tissue.

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