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OUR DAILY BREAD.

Amidst and notwithstanding the marked and rapid progress and improvement during the last quarter of a century or more in the art of manufacturing almost everything, the bread of to-day is, upon the whole, inferior to that made twenty years ago. It is now more difficult, more rare, to get a loaf of white, well baked, clean bread than it was then. The cause of this is frequently asked for, but never given or explained. It appears better wheat is now grown in the country than was twenty years back, from which better flour is made. But most of the better flour is sent out of the country, exported ; because it would seem the bakers or the people here will not pay the price for it that the bakers or the people of the East will. Private families frequently buy flour at least one grade better than that used by the average baker, and can hardly make any thing out of it that any one can eat. Yet the bakers contrive in some unaccountable way to manufacture a dark, mottled, doughy mass, commonly called a loaf of bread, which in the absence of anything better in this form the public for the most part are obliged to eat. Do the millers manufacture an inferior flour from the poorest wheat or middlings, which the bakers use, both classes, millers and bakers, doing this because the public are indifferent enough to buy it? There can be no doubt that something must be added to this flour, some adulterant, or the bakers could not make from it even the unpalatable, indigestible stuff which they do.

We do not profess to be able to explain *how* it is, that it is thus regarding bread, but it is a positive fact that the bread is not now even so good as it used to be. Twenty years ago there was more good bread, a white, well baked article was then more common, than now, in this city ; and we believe Toronto is not at all exceptional in this respect.

But beyond this making bad bread from bad flour, there is, what has been several times referred to in this JOURNAL, the dirt. The