Trichinosis is the disease produced in man by the presence of the parasitic worm, triching spiralis. This disease has acquired a painful interest from the fact that it may be brought about by eating pork, a staple article of food with many of our countrymen, and that it very frequently proves fatal. Quite recently the subject has been before the British Parliament. The disease has appeared in various parts of Europe and the blame was laid upon American Pork. Certain parties requested the British Government to prohibit the importation of the suspected article, which it declined to do. Trichina spiralis is an internal worm, a parasite of the rat in whose muscles it is found in an embryonic state, in which condition it remans until transferred to the stomach of some other animal. It frequently happens that rats are eaten by hogs, by which means the immature triching are introduced into this creature's stomach where they become fully developed and produce a numerous progeny. The young trichinæ then work their way through the intestines into the muscles of their "host," where they establish themselves and remain in an immature state. If pork thus infected be eaten by man in a raw or imperfectly cooked state, the living embryonic triching entering the human stomach go through the same process as in the hog, and the irritation produced by the movement of the new colony in quest of suitable resting places is so great that death frequently results. When once established in the muscles, these worms remain quiet and their presence causes no further inconvenience.

Paris has an excellent method for keeping correct and uniform time throughout the city. The municipality has recently established what are called "horary centres." These are simply Standard clocks erected in various parts of the city and controlled by electricity from the Paris observatory. Each horary centre "has electrical works of its own, by means of which it may be connected with, and control, public and private clocks in its neighborhood. Could not something of a similar character be introduced in our own city? There is much need for some method for keeping our public clocks uniform. At present it is rare to find any two of them alike, and the only means one has of obtaining the correct time is by watching the falling of the signal ball on the Harbour Commissioners' building, which is connected by electricity with McGill College observatory.

Indigo being a substance of very general use in our homes, some account of the process by which it is obtained may be interesting. It is prepared in large quantities in India from plants of the genus Indigofera, I. tinctoria being the most valuable for this purpose. The plant is cut while green and packed in vats and caused to ferment for several hours, when the liquid is drawn off and agitated for a long time when the Indigo separates in small flakes. The liquid is drawn off from the solid matter, the latter boiled for several hours and strained, a deep blue paste remaining on the strainer. The paste is exposed to a pressure, cut into cakes and dried away from sunlight, after which it is ready for market.

In the January number of the Record attention was called to Fleuss's diving