

RESPONSES TO READERS.

All communications for answer in this column should be addressed Correspondents' Department, Family Circle Office, London East.

READER.—The lines occur in Goldsmith's "Deserted Village," and not in Burns' Works.

J. J.—You would be safer and wiser in following your father's advice than in entering into such an undertaking with a perfect stranger.

R. R.—You appear from your letter to be decided as to your course already, and we, to a certain extent, consider you are in the right. However, you had better not exhibit too little regard for your parents' wish, or the other party concerned might learn to respect you less.

Mrs. S.—Subscribers wishing to receive the monthly in place of the weekly will have their names changed next week, when the first copy of the monthly, consisting of the four October weeklies, will be issued. Subscriptions to the weekly may date from the beginning of any month.

W. P. W.—We would advise you to have nothing to do with the firm you speak of. Several American firms advertising similar employment at home have recently been shown to be unprincipled frauds. Where assistance is really required in any manufacturing business, the only satisfactory way we are aware of is to employ hands at the place where such manufacturing is carried on. Plenty of help can be secured at home for such highly remunerated work.

A SUBSCRIBER.—Whether it would be proper to return the letters to the young lady and ask her for your presents and letters or not depends entirely upon the intentions with which you made the presents, and the nature of the letters. If the letters contain anything that would compromise your dignity you are certainly justified in doing your best to secure them, and if the presents are costly and were given with the understanding of the lady's becoming your wife, and she has proved unfaithful to what she gave you reason to hope for, you have a right to demand that they be returned.

HEALTH AND DISEASE.

Mens sana in corpore sano.

Beer.

Beer is regarded by many in this country as a healthy beverage. Let me give you a few of the ingredients used in its manufacture. The adulterations most commonly used to give bitterness are gentian, wormwood and quassia; to impart pungency, ginger, orange peel and caraway. If these were all, there would be small need of warning the young against the use of beer on account of its injurious ingredients; but when there are added, to preserve the frothy head, alum and blue vitriol; to intoxicate, cocculus indicus, nux vomica and tobacco; and to promote thirst, salt—then indeed does it become necessary to instruct and warn the innocent against the use of this poisonous beverage.

Cure of Stammering.

Many years ago a famous professor came to our town, and announced that he could "cure the worst cases of stuttering in ten minutes without a surgical operation." A friend of mine was an inveterate stammerer, and I advised him to call upon the wonderful magician. He called, was convinced by the testimonials exhibited, struck up a bargain, paid the fifty dollars, and soon called at my office talking as straight as a railroad track.

I was astonished, and asked my friend by what miracle he had been so suddenly relieved of his life-long trouble. He informed me that he had made a solemn pledge not to reveal the process of cure.

I knew two other bad cases—ladies; and, calling upon them, reported what had come to pass.

They were soon at the professor's rooms, came away elated, raised the hundred dollars, paid the cash, and in half-an-hour were ready, had the question been popped, to say "Yes" without hesitation.

I was soon made acquainted with several other cures quite as remarkable, and resolved to turn on my sharpest wits and wait upon the magician.

He seemed an honest man, and in two days I had made up my mind to pay him a large fee and learn the strange art, with the privilege of using it to cure whomsoever I would. Those who had been cured by the professor were solemnly bound not to reveal the secret to any one, but my contract gave me the privilege of using the knowledge as I pleased. And now I propose to give my readers a simple art which has enabled me to make happy many unhappy stammerers. In my own hands it has often failed, but in three-fourths of the cases which I have treated, the cure has been complete.

The secret is this: the stammerer is made to mark the time in his speech, just as it is ordinarily done in singing. He is at first to beat on every syllable. He begins by reading one of David's Psalms, striking the finger on the knee at every word. You can beat time by striking the finger on the knee, by simply hitting the thumb against the fore-finger or by moving the large toe in the boot.

I doubt if the worst case of stuttering can continue long if the victim will read an hour every day, with thorough practice of this art, observing the same in his conversation.

As thousand's have paid fifty and a hundred dollars for this secret, I take great pleasure in publishing it to the world.—*Dio Lewis.*

Health Points.

Pimples are caused by improper diet. Cosmetics only injure.

A pinch of common table salt, dissolved in water, will relieve a bee sting.

To cure sneezing, plug the nostrils with cotton wool. The effect is instantaneous.

A nail brush is as important as a tooth brush, and the poorest should never be without them.

To avoid getting too stout, eat lean meat and few vegetables. Do not use much sugar or butter.

If an artery is severed tie a small cord or handkerchief tightly above it until a physician arrives.

Broken limbs should be placed in a natural position, and the patient kept quiet until help arrives.

Seven or eight successive applications of the white of an egg will prove a most efficacious remedy for a burn.

Burns and scalds are immediately relieved by an application of dry soda covered with a wet cloth moist enough to dissolve it.

The blood may be kept in proper circulation by a right mode of dressing, and this would effectually remedy cold feet. Bathing the feet in hot then in cold water followed by thorough friction gives speedy relief, to those suffering from this complaint, but even admitting it beneficial, it is only temporary. A sensible mode of dress, however, with good warm coverings for the lower limbs and feet during the damp and cold weather, is a preventative against the complaint for all time, and imparts that delicious feeling to the body that putting the feet in hot water does.