

India has now 23,000,000 widows, 100,000 of them being under nine years of age.

Let the wife who wishes to perform sacred oblation, wash the feet of her husband and drink the water; for the husband is to the wife greater than Vishnu.

A woman is not allowed to go out of the house without the consent of her husband; she may not laugh without a veil over her face, or look out of a door or a window.

The one fervent prayer of the women, as they crowd the Buddhist temples, is that they may be returned to earth as men.

Woman is practically a chattel. A Moham-medan being asked, "What do you pay for a good wife?" replied, "About the same as for a good mule; twelve or fourteen pounds."

All non-Christian religions degrade women, and as women is, so is society. A nation cannot rise higher than its mothers. The greatest Christian evidence is the contrast between heathen and Christian society.

Bring all sorts of information from these lands before the mission band; encourage the members to gather information themselves. Have, for example, a Japanese evening. Get one of the young ladies to prepare a map sufficiently large to hang upon the wall, and with the important mountains and river systems, cities, and mission stations easily seen. Now, have one of the members give an exercise on the physical features of the country under consideration; its size, its coast, the character of its surface, its climate, its products, industries, and commerce. It is surprising how important these points will be found to bear on missionary work.

Let another member take for her subject the people; describe their appearance, dress, manners, and customs. If possible, illustrate by showing articles of dress and other curios, which may be borrowed sometimes from a returned missionary.

Another may tell of the language and literature, and its educational standing. Another, the position of woman, social and religious; the marriage customs and domestic life. Other topics will suggest themselves, such as "The war between China and Japan," "The opium question in China," "The effects of British dominion in India."

The young ladies of Japan who are studying English in the Christian schools are very fond of corresponding with Canadian girls, although quite unknown to them personally. Their letters would be found a source of interest.

The way is now prepared for an intelligent study of mission work. Tell of the earliest efforts to introduce Christianity; of the beginning of Protestant missions; of the societies now in the field; where stationed; in what force; the progress made; the future outlook; familiarizing the members with the names and

work of our own missionaries. In this connection the interest would be increased by showing photographs of the missionaries and their surroundings.

You see, this study would embrace a series of meetings. Then, if a returned missionary or visitor to these countries could be secured to address the society, there would be no lack of interest.

The most effective way to secure interest in foreign mission work is, undoubtedly, to have a member of the society in the mission field. Every item of information is then eagerly watched for.

The society would now better understand the hardships of a missionary's life; and the sympathy which would naturally be aroused should find some practical channel in which to flow, according to the need. It may be a nice box of clothing made by their own hands; or a package of suitable reading matter; or letters from the home land; or money, which will give an opportunity of developing their originality by devising methods for raising it.

Division of labor is an important feature. Not all are successful in writing essays, but there may be a talent for effective reading; a story or poem well read sometimes moves the heart to blessed impulses. Others are musical; others, again, have executive ability, and are successful in planning entertainments. A good leader will discover the talents of each member and find congenial work for all.

A bright exercise, that might well be called a sharp-shooting exercise, consists in a certain number reciting promptly, one after the other, a short interesting statement, such as, "A heathen once said to a Christian, 'Surely your Bible was written by a woman.' 'Why?' Because it says so many kind things about women." A similar drill, consisting of Scripture texts relating to missionary work, selected by each one who recites, will prove instructive. A missionary album of photos, or a scrapbook, is a fascinating work. Members of one band receive inspiration from visiting other bands. A question-box will provide work for good thinkers. Missionary literature will be found to be a profitable investment. Suitable leaflets and some of the many magazines will always be acceptable and read with pleasure; many a convert to missionary work is due to a well-written leaflet. Plant the society knee deep in literature.

Some with a literary talent might be successful in writing original leaflets. This suggests competitive stories and essays bearing on missionary work.

Although not the primary object of mission bands, the raising of funds is not the least important. "And, now ye have consecrated yourselves unto the Lord, come near and bring sacrifices and thank-offerings unto the house of