

THE COMMON APPLE A GREAT SOURCE OF HEALTH

The Juice of the Ordinary Apple is One of the Best Things in the World For Keeping the Blood Pure.

Few people there are but enjoy a ripe, juicy apple. But how many realize that it is a medicine as well as a treat?

ST. JOHN LADY FASTS OVER FORTY DAYS.

Miss Godard, a daughter of John W. Godard, of St. John, is afflicted with acromegaly and is undergoing the longest fast ever known in the city.

Acromegaly is the title given to this peculiar ailment. It is very rare and baffling the best of physicians.

WOMEN'S CHRISTIAN TEMPERANCE UNION.

The annual Provincial Convention of the W. C. T. U., in Nova Scotia, met recently in Dartmouth, and was well attended by delegates from all parts of the province.

Black Watch

Chewing Tobacco The big black plug.

COUNTERFEITER'S PLANT.

Buffalo, N. Y., Oct. 14.—One of the most complete counterfeit plants ever discovered in this country was unearthed today by United States and Canadian Secret Service officers.

The capture included 150 Farmers' Bank of Canada \$10 notes, 89 Farmers' Bank of Canada \$5 notes, 100 Standard Bank of Canada notes for \$10, and 138 United States \$5 silver certificates.

According to the officers, the elder Crozier bought the Cattaraugus farm last summer, and while on his way from Canada always stopped off in Buffalo to drop a little of the "queer."

A WELL-KNOWN MAN.

MINARD'S LINIMENT CO., Limited. Dear Sirs,—I can recommend your MINARD'S LINIMENT for Rheumatism and Sprains, as I have used it for both with excellent results.

T. B. LAVERS, St. John.

PRESBYTERIAN SYNOD.

The 38th Synod of the Presbyterian Church in the Maritime Provinces met in Truro recently. The first Presbyterian in Canada was organized in Truro; there was held the first meeting of Synod; and there was formed the first Presbyterian union.

HEAD-ON TRAIN COLLISION.

Woodstock, Oct. 17.—A frightful head-on collision occurred at Stickney near here early this morning. Both were freight trains, No. 91 and 517.

THE GOVERNMENT AND ZAM-BUK

SURVEY OUT FROM FORT WILLIAM TAKES THIS WONDERFUL BALM.

Zam-Buk the favorite household balm is now adopted as "The Doctor" by leading parties in surveying various parts of the Dominion lands.

Mr. Lascelles Scott, one of the leading Government analysts, says—"I have no hesitation in certifying the entire purity of Zam-Buk which in my opinion is excellently adapted for skin injuries and diseases."

HOW HE CLIMBED.

Suspended above the desk of a bank president is this motto: 'Do the hard things first.' Ten years ago he was discount clerk in the same bank.

'One morning I woke up and took stock of myself to see what was the matter. Memoranda of several letters that had long needed attention started at me from my calendar.

'Suddenly the thought came to me: 'I have been doing only the easy things. By postponing the disagreeable tasks, the mean, annoying little things, my mental muscles have been allowed to grow flabby. They must get some exercise.'

MORE THAN ENOUGH IS TOO MUCH.

To maintain health, a nature man or woman needs just enough food to repair the waste and supply energy and body heat.

SCULPTOR'S DELAY ANNOYS KING.

London, Oct. 24.—"We shall all be dead before the memorial of my royal mother is completed," is what is reported King Edward said recently.

Repeat it—"Shiloh's Cure" will always cure my coughs and colds."

THE REPENTANCE OF MRS. COWSLIP

(continued from page 2)

Maggie had been asleep for some hours. She had waked to address some pointed observations to her unseemly companions on the subject of their noisiness.

"What do you know about it?" she asked fiercely. "Was you, I say?" "No," faltered Mrs. Cowslip.

PANDORA RANGE

Train up a girl in the way she should bake, and when she is married she will not depart from it.



"My mother taught me how to bake, and told me why she always used a McClary Range.

"Now I have a 'Pandora', and, as with mother, my troubles are few. After fire is started, I simply bring thermometer to desired heat and leave the oven in charge of the baking.

"While housewives with other ranges are poking fire and changing dampers, I sit and read the 'Joy of Living'.



McClary's

London, Toronto, Montreal, Winnipeg, Vancouver, St. John, N.S., Halifax, N.S., St. Catharines, Ontario.

Bridgetown Foundry Co. Local Agents

WALL PAPERS

I have on hand an immense stock of Wall Papers that must be closed out to make room for new goods.

Give me a call or write me and I will sell you Wall Papers in pretty designs, cheaper than you can buy anywhere else in Canada.

F. B. BISHOP LAWRENCE TOWN, N. S.

BLACK KNIGHT



STOVE POLISH

is a revelation to housekeepers. Nothing like it has ever been made before. It means less work, because it does not get dull or brown.

The F. F. DALLEY CO., Limited, Hamilton, Ont.

HIDES WANTED.

AT Lake's Harness and Horse Furnishing Store. 7c per pound given in trade for same and all goods at reasonable prices.

GEORGE M. LAKE

Prompt attention given to all repairing.

The Manufacturers Life in 1907

A Comparison Showing Remarkable Progress.

Table with 4 columns: ITEM, 1906, 1907, INCREASE. Rows include Net Premium Income, Interest and Rents, Total Income, Assets.

Insurance in Force Dec. 31, 1907—\$51,237,157.00

No other Canadian Company has ever equalled this record at the same age

O. P. GOUCHER General Agent, Western Nova Scotia.

OFFICE—MIDDLETON, N. S.

The E. R. Machum Co., Ltd., St. John, N. B. MANAGERS FOR MARITIME PROVINCES.

Maritime Business College

This college has grown as an answer to the public demand for "Maritime-trained." We began educating our pupils in a couple of rooms.



HALIFAX, N. S.

APPLES WANTED

in any quantities for cyder. Cash on delivery.

Special Offer to Farmers

Bring us your apples and let us make your cyder for you. We will refine it with our English filter and it will then retain its sweetness.

Come down and see the filter working. You will be surprised to find how much it improves the cyder.

Annapolis Valley Cyder Co., Ltd. BRIDGETOWN, N. S.

NEW FALL GOODS.

MEN'S OVERCOATS, MEN'S SUITS, BOYS' OVERCOATS, BOYS' SUITS at very low prices.

UNDERWEAR in Men's, Boys', Ladies, Misses' and Children's.

Jacobson and Son.



THE CONNER BALL-BEARING WASHER

will wash delicate lace curtains without breaking a thread. The heaviest clothing can be washed as easily as ordinary clothes.

K. Freeman

We Keep the Purest

Oils and Leads that are put on the market. Dressing for Linoleum and Furniture Polish.

A. R. BISHOP

WANTED.

A LARGE QUANTITY OF HIDES, BELTS, CALF SKINS & TALLOW

Cash paid at the Highest Market Prices MCKENZIE CROWE & Co., Ltd.