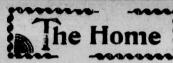
THE AYLMER EXPRESS : TEURSDAY, AUGUST 2, 1900.



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TREATMENT OF SUNBURN. The great temptation after the exposure to the heat and the probabilities of sunburn is to wash the face. Water acts like a mordant to set the dye of sunburn. The skin that might possibly have escaped with a faint redness becomes scarlet and even blistered after washing while the sun is still upon it, or after just returning from an exposing ex- infuse 10 minutes; in another stewpedition. Wipe the face gently with pan have the yolks of 12 eggs, to some oily preparation and use powder that is soothing, and the effects of the sunburn will pass away. When fire, keeping it stirred until adherraw do not wash the face, use waas can be borne, dobbing face with it, or applying it with compresses—that is thick folds of h soaked in the boiling water. In the intermediate set of the set o powder on the face do not owder puff that has been employed to mop the face time out of mind, but take a piece of absorbent cotton, or cheese cloth which can be thrown aside after use.

SUMMER VEGETABLES.

Green Peas-These should be fresh and newly shelled. Wash them and put them into enough boiling water to cover them, with a few leaves of mint and a small piece of butter. Stir them occasionally and when tender drain the water from them; sprinkle on a little salt and serve with melted butter. Succotash-Cut off the kernels from

a dozen of sweet corn. Put in a saucepan with a quart of Lima beans, a quart of veal stook, and let them simmer steadily till the corn and beans are tender. Add a cup of milk, piece of butter; pepper and salt to

slice them with the skins peeled off and then to sprinkle each piece with salt; lay one upon another in a dish for an hour, till the bitter juice is drawn; wash, salt and pepper; flour picked clean and washed. Where fat and fry brown. Stuffed Tomatoes-Take six ripe

tomatoes of equal size, cut circles off the top of each and scoop out the in-Press the pulp through a sieve side. and mix in with it a little salt, cayenne, two ounces of butter broken in bits, two tablespoonfuls, of bread crumbs, one onion minced fine, a teaspoonful of parsley and two very large tablespoonfuls of grated Parmesan cheese. Fill the tomatoes with this mixture put on the tops again and bake in a moderate oven. Serve

with mushroom sauce.

Corn Oysters-Take six ears of boiled corn, three eggs and one and one half tablespoonfuls of flour. Beat the yolks very thick; cut the corn off the cob, season it with pepper and salt, mix it with the yolks and add the flour; whip the whites to a stiff froth, stir them in with the corn and yolks. Put a desserftspoonful at a time in a pan of hot butter, and fry to a light brown on both sides.

To Serve Cress-Wash, pick over and cut into small pieces and season with pepper, salt, vinegar and a little sugar in a salad bowl, stirring up

Parsnip Croquets-Serape and wash five nice parsnips; cut into oblong pieces, place in boiling water, boil until tender. When done mash and salt to taste, with a teaspoonful of but-Make them into oval balls the size of an egg and half an inch thick. Fry in a little butter until brown and serve hot. Cucumber Salad-Three cucumbers.

one small onion; chop together mod-

plain gravy in the dish and mint uce separately or with stewed peas Young Folks. of any other vegetable sauce; tomato sauce is also good served with it. Pineapple Ice-Procure a rather OUTWITTED AN ELEPHANT. small pineapple, take off the rind which reserve, and cut the apple into Only those familiar with the "man pieces an inch in length and about ners and customs," of the elephant have any idea what a nimble creature

the thickness of a quill, place them in a sugar pan, with half a pound of sugar and half a pint of water, set it upon the fire and reduce to a rather thickish syrup, have ready a pint and a half of milk, upon the fire, into which when boiling, throw the rind of the pineapple, cover it over and let which add the milk by degrees, previously straining it, place over the ing to the back of the spoon, when pass it through a tammy into a basin add the syrup and pineapple and freeze it, adding a pint and a half

of whipped cream. HOUSEHOLD HINTS.

Table salt and a wet cloth will remove egg stains on silver. A soft cloth dipped in alcohol will

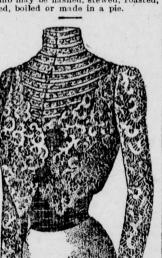
clean piano keys. Ink spots in books can be removed by a solution of oxalic acid in water Young green onions are sometimes peeled and cut in thin slives and served with cucumbers. An ounce of pulverized borax put

into a quart of boiling water and bottled for use will be found invaluable for removing grease spots from flight. Near at hand was a steep woollen goods.

Tomatoes may be sliced thin and served with salt, pepper and vinegar for breakfast, or sliced and strewn with sugar and grated nutmeg for For dinner they may be broiled tea. or baked.

For frying fish, beef suet or drip-Egg Plant-The best way is to ping or sweet oil may be used instead of lard. Butter is not good, as it spoils the color and tastes strong. The greens and vegetables for soup a really ingenuous ruse. He knew that must be carefully prepared-that is, soup is not liked the grease must be skimmed off before putting in the vegetables.

In choosing lamb the vein in the neck of a fore quarter of lamb is a fine blue if it is fresh; if it is of a green or yellowish color it is stale. A fore quarter includes the shoulder, neck and breast. A hind quarter is A hind quarter is The pluck is sold the leg and lion. with the head, head. liver, heart and lights. The fry contains the sweet-breads, skirts and some of the liver. Lamb may be hashed, stewed, roasted, fried, boiled or made in a pie.



school presents a singular scene. The pupils are seated cross-legged on the He holds in his hands a stick long enough to reach he is emabled not only to preserve not satisfactory. But, as a rule, hodjas are lazy and often fall asleep.

And the young Turks, believing the teachings of their hodja, grow without further investigating the causes of rain, the true source which is taught our children in the

kindergarten. SUMMER SMILES.

it really is. Massive and slow-footed Woman, observed the epigramma tic boarder, is a conundrum without an answer. Huh! snorted Mr. Souras it looks, it is capable, when roused, of feats that would be difficult for much fleeter animals. Especially is dropp, I never saw a woman without this the case with African elephants, one which, though taller, are generally lighter than their Asiatic brethren. At the summer resort-Mattie-Yes. man has come here; but he is only Moreover, accustomed for ages to lead a hired man. Minnie-Of course. No ities. a wild life, and often depending on man would be likely to come here if he

wasn't hired. She continued the conversation. No, sir. I wouldn't marry the best man attended the convict system, is most is invariably piece work. casionally taken even old elephant on earth. Of course you know, he urged, that it is not the custom for

stitutes the highest happiness? The number of friends one has. Then I ought to be happy. Every girl I ever wounded a magnificent specimen. Un- proposed to has promised to be a friend to me.

fortunately for him, he had only succeeded in slightly wounding him, In honest conscience oft he tries when, infuriated by the attack, it Severely to economize.

turned and charged him. It was a His struggles with dismay we view terrifying sight. With its enormous To make a day's work do for two. ears spread out like sails, and emit-Dr. Pillet-Your blood is impoverting shrill notes of rage, it came ished. I shall have to prescribe some thundering over the ground like a iron for you. Mr. Goshabby-Don't do runaway locomotive. The hunter fir- it, doctor. My wife tells me now that cases the farmer regarded his convict ed another shot, but missed; his nerve I look rustier than any other man in was shaken, and, throwing down his town.

'express" rifle, he sought safety in He-I think you handle the mandolin. Miss Lillian, better than any othhill, and to this he directed his steps, girl Iever saw. She--Why, you never for, being but slightly acquainted heard me try to play it, Mr. Wixley. with the climbing powers of the ele-No, that's why I admire the way you phant, he thought his pursuer might handle it.

be baffled by the steepness of the ascent. It was a terrible disappoint-Mr. Richfello-Isn't Miss De Mure pretty when she blushes? Miss Beauti ment to find that the elephant could -Yes. I noticed it the other day It climb a hill just as quickly as the was the first time I ever saw her face hunter, nimble runner as he was, The color. Indeed. What was she blushing fugitive, indeed, would have soon been over? Over a plate of hot soup. overtaken if he had not thought of Actress, to landlady-I must tell you that I will have to move out unless

elephants never run, or even walk, you can keep the room clear of mice. down a steep incline, but always Landlady-You ought to be ashamed crouch down, gather their feet to- of yourself. On the stage you play gether, lean well back and slide down. Joan of Arc, and here you are afraid of Just as the ferocious animal had got a mouse.

their alertness and speed of foot for

their very existence, they have acquir-

ed a skill in gymnastics which has oc-

In illustration of this fact we are

reminded of a story told by one of

the noble army of British sportsmen

in Africa. He was "out after ele-

phants," and had just fired at and

hunters by surprise.

within a few yards of him, therefore, Mr. Newpop, ostentatiously - How the wily hunter suddenly doubled and pleasant it is to think that we will be ran down the hill again! Quick as home together all evening. Mrs. Newa flash, the elephant turned, gatherpop-Why, dear, you know we've got ed himself together, and trumpeting to call-Mr. Newpop, in a fierce whis. with baffled rage, slid down after his per-Sh! Can't you see why I said victim. The hunter had just time to that? The baby's listening. spring out of the way as the great

You are not one of these men who beast came "tobogganing" after him, smashing trees and shrubs and carrying everything before it like an actly find fault, but occasionally I do avalanche. Then once more the huntfeel called on to apologize for the way er dashed to the top of the hill, while things taste when Henrietta gets home the elephant, unable to stop itself, went careering down to the very foot, where, apparently feeling very sore and disappointed, it rose and walked wearily back to its native ed! It seems to be the aim of her life

TURKISH SCHOOLS.

The beginning of a Mohammedan boy's school-life is always made an for good and all when she left school, already there. Mrs. Featherwell's new hat is the occasion for a festival. It occurs on his seventh birthday. The entire school goes to the new scholar's Mr. Blykins. Yes, answered his wife. most thrifty and law-abiding merhome, leading a richly caparisoned But how did you know it? You say chants in the country. Their children and flower-bedecked donkey. The new you pay no attention to fa hions. There gave the lie to the law of heredity by pupil is placed on the little beast, couldn't be any mistake in this case. becoming veritable gentlemen. Then it and, with the hodja, or teacher, lead- If it weren't in the latest style, she was that the people of the former penand escort him to the schoolhouse, ugly.

of the mosque, forming a semi-circle about the hodja, who is, as a rule, What for! Lest we forget! every student. By means of this rod The most thankless task in the origin is known, no one taunts them order among the mischievous, but to son who has not seen it.-Woman and criminals of Great Britain, treated urge on the boy whose recitation is Artist. Then it is that the pupils enjoy what Bateman, "except to them as pseaks." strength. the American boy would style a" pic- -The Farringdons.

SUCCESSFUL EXPERIMENT. cendants of Convicts Have Proved to be Good Citizens.

The position which the Australasian colonies are gaining in the world, par-ticularly since their agreement to watches are not always to be found, form a federation, and their hearty some curious ways of keeping tim participation, with Canada, in Great are often resorted to. Although the Britain's South African War, has at- underground toilers spend their tracted the attention of the world to working hours in what must be rethem, and recalled the singular and garded as perpetual night, they are striking fact that great penal colonies, where at one time disorder and estimate of the time of day. Even crime prevailed, have become orderly when a few men are at work in a and strictly self-governing commun-

The story of the penal settlements attended the convict system, is most remarkable in the light of subsequent events. The crimes for which convicts were sent from England to Botany Bay and Van Diemen's Land were in great part abominable, and the expiation was certainly terrible.

The convicts were put at work in the broiling Australian sun. Often they worked in chains and the chains were not counted as diminishing their capacity for hard labor. Even the best conducted among them were let out sheep ranges. If these farmers happened to be humane, the convict might helper as a slave-as indeed, he wasand a beast of burden to be used as

oruelly as possible. The result was that as many of the woods, and became "bushrangers" or home again. bandits. They preyed on the natives In some of the poorer rural districts

tended with murder.

ly as guides in the thickets and fast- in the afternoon.

sses of the island. They became so much a terror to of a Pennsylvania town the workmen the peaceful settlers that when Mike usually stop for breakfast at the ap-Howe proposed a peace, in which he pearance of a passenger train which was to be "treated as a gentleman," pulls up at the adjacent station 8a.m., they were very glad to make the ar- with remarkable promptness.

find fault with the cooking at home? compact and Howe took to the bush is up and shining. Apart from the No, answered Mr. Meekton, I don't ex- again. He was pursued by troops, and ordinary sun dial his light may bein a dreadful hand-to-hand combat and often is-adapted for time-keeping was overcome and beheaded by in various other ways. When the a gigantic soldier known as "Big Bill." from the club. You see, I never could learn to make good coffee. His followers continued the war re-lentlessly, but at last there came a Hicks--What a studious young wo. man your niece is! And so well inform-ranging, and little by little settled converting the readers a given spot at, say, 12 o'clock, a peg may be driven into the ground, and when the shadow creeps up to the peg next day you may venture to "knock off" for dinner-that is, pro-

always to be learning something new. Wicks-Yes; that is because she did not have the opportunity that most young and the people of the colonies agreed women have to finish her education to forget the origin of those who were

very latest style, isn't it? remarked most industrious farmers and the the children form a double file, wouldn't dare to wear anything so al colonies performed a surprising act of grace and confidence by decree-She was one of these thrifty women ing the destruction of all the records To a stranger the common Turkish school presents a singular scene. The pupils are seated cross-legged on the bare marble pavement in the porch is the transmission of the solution of the pavement in the porch is the transmission of the transmissio now merged and lost in the Austral- lands around them. America and Ausfinger.

asian population. They are promin- tralia not yet discovered.

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It is Done in the Mines by Means of the Burning of Candles.

Down in the coal mines, where sun usually able to form a fairly correct lonely and distant part of the mine without a watch, it is a rare thing for any miner to remain at work af-

of Australia and Tasmania, and the ter the proper leaving-off time, and it is invariably piece work.

In those mines where candles are in use the miners are able to form a good idea of the time by the number of ' sticks" they burn. Four ordinary tallow dips are given out each morning te the pony-drivers, and when these are

used, or nearly used, they know it is time to "knock off" for the day. A colliery manager once sent a man to work by himself in a lonely part of the pit, giving him four candles and telling him that it would be time to conducted among them were let out to farmers and the proprietors of sheap ranges. If these farmers has road-cleaner, and worked by the day. be reasonably happy. But in many on arriving at his lonely working place He was supposed to be a bit daft, but he was wise enough to remember what the manager had told him.

FIXING UP THE CANDLES on a pit prop he proceeded to light all four of them at each end, with the convicts as could do so escaped to the result that he was soon on his way

and on the settlers, committing rob-beries which not infrequently were at-by their absence," and where watches are still few, and far between, various In Tasmania such ravages were par- methods of reckoning time are in ticularly alarming. The malefactors vogue at different places. Flowers are were under the leadership of one Mike often found to open or close their Howe, an English highwayman, who petals at a given time, and it is said had been sent to the colomy on a long that is a certain rustic corner of Scotsentence and had escaped to the bush. land, where there is no clock, the His band of convicts raided the na- children are dismissed from school at a tives to provide themselves with wives signal from "the yellow goat's-beard," and these women served them willing- which regularly closes its petals at 4

In a large workshop on the outskirts

rangement. But the governor-general at Sydney refused his sanction to the a bad indicator of the time when he shadow of a house or other building ranging, and little by little settled cown to good conduct. The system of penal settlements was abolished, No c. Dvices came out from England to forget the origin of those who were already there. Some of the convicts became the most industrious farmers and the settlements was abolished, No c. Dvices came out from England to forget the origin of those who were already there. Some of the convicts became the most industrious farmers and the settlements was abolished, No c. Dvices came out from England to forget the origin of those who were already there. Some of the convicts became the most industrious farmers and the settlements was abolished, No c. Dvices came out from England to forget the origin of those who were already there.

SACRELIGIOUS ACT.

It is Considered so to Tread on a Piece o Printed Paper in China

Chinese literature is overwhelming in extent. Their books comprise the dynastic histories of the celestial centuries, and works on natural history. astrology, geography (?) an Imperial map shows China the center of the universe, with England, France, Germany, Africa and India, as little is-Other works dilate on morals, art, political

woods.

ing, singing joyous songs.

the bride to marry the best man. The Rejected-And, pray what con

srately fine; salt and pepper to taste two tablespoonfuls vinegar; let stand one half hour, then drain off vinegar; add enough sweet cream to fairly moisten as in any salad. Serve -colder the better.

Tomatoes in Aspic Jelly-Procure small round tomatoes, peel and core and fill the inside with several anchovies, cut very fine and stirred in mayonnaise sauce. Have some melt-

ed aspic jelly, just beginning to set. in a deep basin, pass with the trussing needle a piece of string through the top of each tomato, so that they may

when quite cold. Place a piece of aspic cut round upon the top of each tomato, and place on it a sprig of watercress and a little mayonnaise.

Serve on orisp lettuce leaves. Breast of Lamb-Saw off the breast from a rib of lamb, leaving the neck

of sufficient size to roast or for cutlets; then put two onions, half a carrot and the same of turnip, cut into thin slices, in a stewpan with two bay leaves, a few sprigs of parsley and thyme, half an ounce of

salt, and three pints of water, lay in the breast, which let simmer until tender, and the bones leave with facility, when take it from the stewpan, pull out all the bones and press it between two dishes; when cold season with a little salt and pepper, egg

and breaderumb it lightly over, and broil gently, over a moderate fire, of a nice yellowish color, turning it very carefully; when sufficiently browned upon one side, serve with set in segment to suggest a falling out, to the earth in rain."



Bolero of cream Renaissance lace. Bolero of cream Renaissance lace, the right side lapping over and fas-tening with two black velvet rosettes. Sleeves of lace trimmed with small black velvet rosettes. Material re-quired, lace, 20 inches wide, 3 yards.

WANTS HIM A'L ANY PRICE.

Attorney-You can sue him for breach of promise, madam; but it seems to be preposterous to claim £10,000 damages.

Fair Client-I want to get so heavy be dipped into the basin of aspic; lay a judgment against him that he'll be them on ice and remove the string glad to marry me-the scoundrel!

FULL OF WORDS.

He-I never can be in your company more than a minute without be- the presence of a missionary, who ing reminded of a certain book-a preat book.

She-Indeed! I am afraid you are a flatterer. May I ask what book it Prog & Bas

He-The dictionary BELGIAN CONVICTS.

Three tenths of the earnings of a Belgian convict are given to him on the expiration of his term of imprisonment. Some of them thus save more money in jail than they even saved before.

SUMMER STATIONERY.

nic." A 'trick they specially like to play on their sleeping teacher is to partnerships, it is seldom that both anoint his hair and long gray beard partners can withdraw their funds with wax, which is, of course, very at precisely the same time.-The

Touchstone. difficult to be rid of. You may be sure when the hodja wakes he makes good

use of his lengthy weapon.

Turks receive to their questions would the sun of Aldebaran .- The Waters of make an American child open his eyes Edera.

in amazement. A half-grown boy, in tells the story, asked the hodja:

"What makes it rain ?"

"Up in the clouds," answered this wise teacher, "our prophet, Mohammed, and the one who belongs to Christians went into business together the profits to be divided. One night Mohammed stole all the profits and ran away. In the morning, when the Christian God discovered his loss, he pursued Mohammed in his golden abariot, the rumbing of whose wheels makes the thunder. The lightning is the bullets of fire which the God shot

after his fleeing partner. Mohammed finding he could not escape in mid-

aphushed the water out and it fell to the earth in rain."

world is explaining a joke to a per- with it. The offspring of the worst

rtist. "Speaking sharp seldom does do tainted the blood of Australasia, have really proved an element much good," silently remarked, Mrs.

In the dissolution of sentimental TO IMPROVE THE "SPUD"

> Remarkable Experiment With Electricity -Increase in the Potato Vield.

Experiments in growing potatoes by The world of commerce and specuelectricity have been undertaken by lation is as aloof from the scholar and the Irish Agricultural Board. Some of the answers these Mattle the recluse as the rings of Saturn or Glynn, of Athea, Limerick, in charge of the experiments, studded a potato What woman can withstand the fas- patch with lightning conductors con-

what woman can withistand table is needed by wires fulling through of a lover's faith that she is patch. The result was an increase of so treated. Should the official experileavened Bread

Slight, but chronic dyspepsia, the vent for the chronic distress in the lepredations of neuralgia, are apt to mpart to our countenances a more ouching melancholy than do the voes of love.-The Garden of Eden. A profound knowledge of human nature enunciated the decree, "Thou tion in agriculture. The evidence fur shall not covet thy neighbor's house," and relegated the neighbor's wife to a back seat among the servants and live stock.—Diana Tempest.

THE STARLING.

The English starling has been brought to America, and is rapidly domesticating itself. Although in-troduced only a year or two ago it has Impresed considerably in numbers. All of them, replied Spudds.

WISDOM OF CURRENT FICTION. hold offices of distinction. If their economy, and biography, with all its belles lettres, etc. The Imperial library at Peking con-

tains 92,242 books. In 1409 A.D., an Imperial commission compiled a disthus with full confidence, have not

sertation from the encyclopedia, and it was embodied in 22,937 books. A later supplemental work has 10,000 vol-

umes beautifully illustrated. It is considered a sacrilegious act to tread on a piece of printed paper. Receptacles for waste paper are on every street corner. It is a meritorious act to gather the sacred characters and save them from desecration. The love of learning is so great that many Father learn to read from the flowery oriental signs over the shop fronts. It is said that if all the classics were destroyed the knowledge of these scriptures is so diffused that there are a million men in China who could repro-80 per cent. in the yield in the section

duce them from memory CLAY IMAGES

ment bear out this experience, a sol-The effete religious systems and idolatrous practices of China represent an annual expenditure of \$400,000,000. There are 4,000,000 dieties, 300.000 temples. Some temples are served by a hundred priests. These men are illiterate, and often from the very scum of society. About 70,000 pigs, rab-bits, sheep and deer, and 27,000 pieces bits, sheep and dear, and 27,000 piggs, rab-of costly silk are annually offered at the sacrifices. They worship clay im-ages of men, dogs, turtles, snakes, liz-ards and insects. The people live in dread of evil spirits, which are sup-posed to cause disease and calamity. They propitate the evil spirits rather than pray to the good, having a belief

than pray to the good, having a belief in the cruelty and heartlessness of the gods.

This m applied to serious whe is disorder pimples ar kidneys, we Hood's Sa the track curing thes

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west of Ireland will have been found. Horace Plunkett, M.P., Vice-President of the Agricultural Board, says: This most remarkable phenomenon may be the forerunnner of a revolu-

nished and the genuineness of Father NONE ESCAPE.