

# Cheap Hosiery. Cheap Underwear.

for the warm weather,  
**At HENRY BLAIR'S**

Superior Values at Small & Money Saving Prices

Women's White Ribbed Cotton Vests, Sleeveless, at 10c, 11c, 12c, 13c and 15c. each.  
Women's White Ribbed Cotton Vests, Short Sleeves, at 12c, 13c, 25c and 27c. each.  
Women's White Ribbed Cotton Vests, Full Shaped, Short Sleeves, Buttoned Fronts, extra value; at 25c. each.  
Women's White Ribbed Cotton Vests, Full Shaped, Long Sleeves, extraordinary value; from 25c. each.  
Women's White Cotton Bodices (or Corset Covers), Long and Short Sleeves, at 22c, 27c, 35c and 40c. each.  
Children's White Cotton Vests, Short Sleeves, from 11c. each.  
Children's White Cotton Vests, Long Sleeves, from 20c. each.  
Children's Tan Rib Cotton Hose, guaranteed fast; all the sizes from 5 inch to 9 1/2 inch, only 11c. to 15c. pair.  
Children's Black Rib Cotton Hose, guaranteed fast, (Job), all the sizes from 5 inch to 9 1/2 inch, only 10c. to 14c. pair.  
Children's Dark Red Cotton Hose, fast colours. An assortment of sizes from 5 inch to 9 1/2 inch; regular 20c. to 30c. pair; now all round 12c. pair.  
Women's Plain Black Fine Cotton Hose, only 13c. pair.  
Women's Plain Tan Fine Cotton Hose, only 13c. and 20c. pair.  
Large assortment of Women's Black, Tan, White and Coloured Lisle Thread Hose in Lace Ankle and Plain Makes.  
Women's Plain Black Cashmere Hose, Superior values at 25c, 30c, 35c, 40c, 45c and 55c. pair up.  
Women's Plain Tan Cashmere Hose, Extra values at 30c, 32c, 35c, 45c, 55c and 60c. pair.  
Women's Coloured and Fancy Striped and Clocked Cashmere Hose in great variety.  
Just a small lot left of Women's Black Ribbed Wool Cashmere Hose at 22c. pair. These are some regular 40c. to 45c. value; slightly short in legs, clearing at this price.  
Men's Black and Tan Cotton Half-Hose, only 13c. and 18c. pair.  
Men's Black and Tan Cashmere Half-Hose at all prices.  
Large Variety of Men's Coloured, Striped, Embroidered and Clocked Cashmere Half-Hose.  
Men's Natural Balbriggan Light Summer Underwear; regularly sold at 45c. garment. Our price; 35c. garment.  
Men's White Net Summer Underwear, for the hot weather; at 45c. and 70c. garment.  
Boys' Balbriggan Shirts and Drawers for summer wear; only 32c. to 40c. garment.

The Underwear and Hosiery House

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OF ST. JOHN'S. WE STOCK:

All kinds of Men's and Boys' Fleece Lined Underwear. All kinds of Regular Piece Goods & Pound Remnants. All kinds of Men's Cotton Tweed and Denim Overalls & Jackets.

**SLATTERY BUILDING,**  
Duckworth and George's Streets St. John's.

Advertise in the TELEGRAM

## What to Wear Mornings.

BY RUTH CAMERON.



Some ladies think they may, under the privilege of the de-shabille be loose and negligent of their dress in the morning. But be you, from the moment you rise till the moment you go to bed, as cleanly and properly dressed as at the hours of dinner or tea. A lady who has been seen a sloven in the morning will never efface the impression she has made with all the dress and pageantry she can afterwards involve herself in.—Thomas Jefferson in a letter to his daughter.

A young girl was sorting out her clothes for the week's washing. She held up a distinctly soiled petticoat for inspection, hesitated over it for a moment, and then put it back in the wardrobe. "That's too soiled to wear afterwards any more," she decided. "but I guess I can wear it with my morning dresses another week."

Don't you think that's rather a queer point of view?

When the morning is the freshest, sweetest time in all the day, why should anything too soiled be worn at the tag end of the day be considered suitable to wear then? And yet you'll admit that it is a very common habit among women to exact a few days of wear in the kitchen from the afternoon toggery which is too soiled to appear again in the living room before it has been washed.

And just as "tacky" as this habit of

wearing half soiled things in the morning is that of finishing up half worn finery about one's housework. One of the nicest girls I ever knew had this queer trick. She was a wholesome looking girl who would ever have been a perfect picture going about her housework in a fresh percale or gingham, but in a faded blue crepe, torn and spotted and trimmed with disgustingly soiled lace she was anything but a picture.—except perhaps an illustration of an article on the wrong way to do it.

To my mind percale and gingham and such cloths belong to the morning just as naturally and inextricably as silks and laces belong to the evening. They are of the genus of morning, fresh and crisp and dainty; like morning light, and morning flowers and morning bird songs.

It seems to me that no matter how wealthy one might be, one could not buy anything more beautiful for the morning than a fresh and simple cotton dress. At a house party I once attended one of the wealthier guests used to appear at breakfast in a rich negligee of pale blue silk and lace. It probably cost ten times as much as the little pink gingham dress of her next neighbour, but to my mind it was not half so beautiful because not half so appropriate to the genus of the morning.

To dress simply and suitably in the morning ought to be just a much a part of every nice girl's sartorial ambition as to dress richly and fashionably in the afternoon and evening. And Thomas Jefferson's advice is quite as good to-day as the day he gave it.

*Ruth Cameron*

## FOR WOMEN ONLY.

That is the nature of Dr. Pierce's Favorite Prescription—the one remedy for women which contains no alcohol and no habit-forming drugs. Made from native medicinal forest roots. Dr. Pierce tells its every ingredient on the bottle-wrap. Prominent physicians and some of the best medical authorities endorse these ingredients as being the very best known remedies for ailments and weaknesses peculiar to women.



This is what MRS. GENNET E. COFFEY, of Longstreet, Ky., says: "I feel it my duty to write and tell you what your medicines have done for me. I was a great sufferer for six years from a trouble peculiar to women, but I am thankful to say, after taking four bottles of your 'Favorite Prescription' I am not bothered with that dreadful disease any more. I feel like a new woman. When I first wrote you for advice I only weighed 115 pounds—now I weigh 135. I thank you very much for your kindness. You have been as a father to me in advising me what to do, so may God bless you in every effort you put forth for good. I hope this testimonial will be the means of some poor suffering woman seeking health."

Dr. Pierce's Medical Adviser, newly revised up-to-date edition, answers hosts of questions asked by women, single or married ought to know.

## Household Notes.

Nothing makes a finer polish for tinware than good wood ashes.

Medicine should never be left in sight of the invalid in the sickroom.

A mixture of borax and red pepper is good to rid closets of insects.

Jonquils or daffodils are placed to advantage in a brass or copper urn or vase.

Undue consumption of tea, coffee, cocoa and chocolate will make the skin sallow.

To make sure that bread will rise in cold weather, warm the flour before mixing.

A small quantity of chopped figs added to a nut and apple salad gives an excellent flavor.

Shoes will last much longer if occasionally rubbed with vaseline when they are new.

Chiffon velvet is a most excellent thing for brushing a felt hat, whether a man's or a woman's.

A long-handled buttonhook should be kept in the laundry to clean the lint from the tub outlets.

Boiled rice or baked potato will go excellently with sweetbreads, and the dish is good for the sick.

## If the Food Ferments

Chronic dyspepsia is essentially a disease of the intestines rather than of the stomach. The trouble is caused by the food passing too slowly along the alimentary canal and fermenting instead of being digested.

It will be found that the liver is sluggish and the bowels constipated. The fermenting food gives rise to gas, which crowds the lungs and heart, gives rise to belching wind and to smothering sensations. The stomach gets sour, the food repeats and leaves sour taste in the mouth; you feel out of sorts and are unfit for work or pleasure.

By using Dr. Chase's Kidney-Liver Pills you can get rid of this congested condition of the digestive organs in quick time. The liver is awakened at once, the bowels are regulated and the system is thoroughly rid of the poisonous waste matter which has been causing so much trouble.

Dr. Chase's Kidney-Liver Pills, one pill a dose, 25c a box, at all dealers or Edmanston, Bates & Co., Limited, Toronto.

For obstinate nosebleed, put an ice pack or a cloth wrung out in ice water at the back of the neck.

The cheaper and lighter the pan the whither and lighter your bread when you bake in a gas range.

To insure that potted plants will thrive, always have a little water in the saucer under the flower pot.

A cloth skirt should never be hung up inside out, as this tends to crease it more than anything else.

Bronzes should be cleaned by rubbing with sweet oil. Rub dry with a soft cloth and polish with chamols.

Gruel, when properly prepared, should be a little thicker than cream and should be absolutely free from lumps.

After putting buttered paper in the cake pans, sprinkle in just a little flour. This will keep the cakes from sticking.

A little alcohol rubbed on quickly will clean a dirty window better than soap; ammonia in wash water is equally good.

To make a candle burn low for sickroom use, put salt around the wick under the flame. It will give a soft, steady light and will burn all night.

Remove the scale from palms by washing them in water to which has been added a few drops of cedar oil. If the scale is not all gone in a week, wash them again.

Pecan sandwiches always win popularity. Cut even slices of graham or rye bread, butter, lay on halves of shelled pecan nuts, salt slightly and serve.

Instead of throwing away the unsealed envelopes that bring circulars, cut off the gummed strips and save them. They will serve a hundred household uses.

Sew hangers inside the bottom ruffles of silk petticoats and hang them upside down. They will retain their freshness longer, wear longer and look much better.

Cold water soothes the pain of any sudden inflammation of the eye; hot water will help a dull pain, and a weak solution of boric acid is always good for the eye.

To clean silver, apply kerosene with either a brush or soft cloth, then rinse in scalding water. No other method is so easy and no other method will give such a luster.

## Kindness.

BY H. L. RANN.



Kindness is a moral attribute which prevents people from littering up the family hearthstone with navy blue grousches and rancid forms of speech.

With some people kindness has become such a habit that they would rather nurse a sick neighbor than hear "Queen Esther" sung by home talent in four different keys.

If it were not for kindness, many a persecuted husband would be going around wearing a furtive look and a set of bright new splints.

Kindness is not expensive to operate, but it costs a good deal to cultivate. It is one of the most cheerful times ever written, and is frequently accompanied by gray hairs, a bent back and a weary smile. This is the mother kind of kindness, and it has all the other brands backed out of the running.

Kind folks are sometimes run over by people who wouldn't know the milk of human kindness from apple vinegar. Others will accept kindness and six o'clock dinners without even loosening up for the price of a lap supper.

Relatives are always kind when they have been informed of the contents of the last will and testament. This is a very suspicious variety of kindness and can change front almost as fast as a federal office holder can change his politics.

Kindness has done a great work in unpopulizing such inalienable rights as kicking a horse with hob-nailed boots, beating obstreperous pupils into a state of coma with a hard-wood ruler, subduing a husband's corps de esprit with the potato masher, and pushing a wife down four flights of stairs in order to prove that man is a superior being.

Few people are kind enough to give them an acute pain, but there is more kindness in use now than ever before. When a kind man dies people will forget that he ever soaked his depositors, and only remember the time when he beat up a drayman for clubbing his horse. Many a man who knew mighty little about theology has earned a passport to heaven by kindness.

If half a bottle of olives has been used and you wish to keep the rest, add a pinch of salt to the brine, pour a teaspoonful of olive oil in the liquid and replace the cork.

In making a fruit cake, pour half the batter in the pan before adding the fruit; then the fruit will not be found all at the bottom of the cake, as is too often the way.

Delicious sandwiches for the afternoon are made of raisins and nuts chopped together very fine, moistened with a little whipped cream and seasoned with a little salt.

**SURVEYED WRECK SHIP.**—Captains Bone and Saunders, who came here from England, are both making an exhaustive survey of the wrecked steamer *Wilhelmina* at St. Mary's, in the interests of the underwriters. In all probability the ship will be towed to St. John's, being unable to come under her own steam, and dry docked to be refitted and re-classed.

## To Arrive

By S. S. Stephano Thru day Morning.

1020 bunches New Turnips

35 bunches Bananas,

25 cases Cal. Oranges,  
Best and cheapest for season.

15 brls. Jamaica Oranges,  
Last shipment of first crop.

25 brls. ch. New Potatoes,  
Full sacks, right prices.

20 brls. N. S. Cabbage,  
Grass green, heavy weight.

30 bbls. Good Hay,  
Large bbls., lowest prices.

**Soper & Moore**

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Mr. J. B. T., insured under Policy No. 051,554, writes: "I desire to express my satisfaction with the outcome on my policy in your Company for \$2,000. I can now draw in cash over \$700 more than the total premiums paid, and besides I have had insurance protection for twenty years."

At age 30 a Profit-bearing, 30 year Endowment Policy of \$5,000 can be purchased for a quarterly investment of \$44. This amount, together with accumulated profits, will be paid to you in one sum or in a number of instalments, as desired.

It will pay you to invest in a Canada Life Policy. Ask for a proposition suited to your age and means.

**Canada Life Assurance Co.**

C. A. C. BRUCE, Manager, St. John's,

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July 30, 1912 St. John's.

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Four Million ft. Last Year's Cut,

Thoroughly dry and clean Pine and Spruce.

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MOONEY'S CREAM SODAS,  
Mooney's Assorted Fancy Biscuits,  
Jacob & Co.'s Assorted Fancy Biscuits,  
(Fresh Stock and large assortment.)

Hartley's Assorted Jams,  
Choice French Coffee—tins and loose,  
Symington's Coffee Essence,

Heinz's Mince Meat—tins.  
Baked Beans, 3-lb. tins, 14c.  
Fruit Pudding, Frutella, Dundas.

**J. J. ST. JOHN.**

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Per S.S. CITY OF SYDNEY:

400 Sacks 14's  
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