

SPRING IMPURITIES CLOG THE BLOOD.

A Tonic Medicine is a Necessity at This Season.

Dr. Williams' Pink Pills for Pale People are an all-year round tonic, blood-builder and nerve restorer. But they are especially valuable in the spring when the system is loaded with impurities as a result of the indoor life of the winter months. There is no other season of the year when the blood is so much in need of purifying and enriching, and every dose of these pills helps to make new, red blood. In the spring one feels weak and tired—Dr. Williams' Pink Pills give new strength—in the spring the appetite is often poor—Dr. Williams' Pink Pills develop the appetite, tone the stomach and aid weak digestion. It is in the spring that poisons in the blood find an outlet in disfiguring pimples, eruptions and boils—Dr. Williams' Pink Pills speedily clear the skin because they go to the root of the trouble in the blood. In the spring anaemia, rheumatism, neuralgia, erysipelas and many other troubles are most persistent because of poor, weak blood, and it is at this time, when all nature takes on new life, that the blood most seriously needs attention. Dr. Williams' Pink Pills actually renew and enrich the blood, and this new blood reaches every organ and every nerve in the body, bringing new health and new strength to weak, easily tired men, women and children—Here is a bit of proof:—Miss Anna Patterson, R. F. D. No. 1, Thorold, Ont., says:—"My trouble was one of general weakness, which thinned my blood and gave me at times unbearable headaches, loss of appetite and also loss in weight. I tried several medicines, but without success. Then I heard of Dr. Williams' Pink Pills and decided to give them a fair trial. The result is that I feel like a new person. My appetite improved, I gained in weight, my blood is thoroughly purified, and my face cleared of some unsightly pimples which had troubled me. If one good turn deserves another then I have much pleasure in recommending Dr. Williams' Pink Pills. If you need a medicine this spring try Dr. Williams' Pink Pills."

Pills—they will not disappoint you. These pills are sold by all medicine dealers, or you can get them by mail at 50c a box or six boxes for \$2.50 from The Dr. Williams' Medicine Co., Brockville, Ont.

LOST HER WAY IN THE WOODS.

Monitor:—On the way home from Hampton, where she had been shopping, on the North Mountain, Mrs. Lavinia Cuff, aged nearly eighty years, took a short cut through the woods, lost her way and for a day and two nights wandered back and forth in a lost condition. Her cries for help during Wednesday were heard by people on the roadway, but no particular attention was paid to that as it was not known that she was missing. On Thursday she was found in a helpless and semi-conscious state by a Mitchell boy, and assisted to her home. She says she walked both nights steadily, fearing to sit down that she should get the sleep of death. She made no fire and had nothing to eat for nearly sixty hours.

QUARRY CLOSED DOWN.

Hantsport Journal:—The Wentworth Gypsum Co. closed down its quarry plants on April 1st. This order from headquarters has thrown 300 men out of employment. We trust that the company will be in a position to renew operations in the near future. We are of the opinion that a shortage of transportation facilities is responsible for the order to close down, which reached here last month.

CATEGORY "B" MEN CALLED

Category "B" men under the M. S. A. who have not obtained exemption for other reasons will receive their notices to report for service by registered mail. In each case the notice will come from the registrar of the military district in which the man resides. As the men come within the scope of the proclamation calling out the first class under the Act it is pointed, there is no necessity for a further proclamation.

Minard's Liniment Cures Dandruff.

Private Howard Carey and his bride whom he married at Annapolis recently are at Avonport, visiting with Mrs. Lockhart.

The death of Mrs. Wm. M. Calhoun took place at Albert, N. B., aged 61 on April 3rd. Mrs. F. H. Beals of Lawrencetown is a sister.

Rev. Denton J. Nelly has been appointed pastor of the Medford Mass Baptist Church. He graduated at Acadia in 1892. He had been pastor at Cape Ann Mass for eight years.

The Rev. B. C. Borden, D. D., President of Mount Allison University, spent Sunday in Bridgetown, the guest of the Rev. C. Jost, D. D. Dr. Borden preached on Sunday at Granville, Bentville and Bridgetown. A large congregation greeted the Doctor at Providence Methodist church in the evening and heard with deep appreciation the thoughtful and scholarly sermon which he delivered.—Monitor.

Maritime Baptist, Rev. A. S. Lewis is meeting with continued success in his work with the First Church of Regina last year there were sixty additions to the church. The finances also showed healthy growth, the total receipts exceeding twelve thousand dollars. At present a ten weeks' campaign of personal evangelism is being carried on. It will close the first Sunday in May. The church has voted a substantial increase in the pastor's salary.

BABY'S HEALTH IN THE SPRING.

The Spring is a time of anxiety to mothers who have little ones in the home. Conditions make it necessary to keep the baby indoors. He is often confined to overheated, badly ventilated rooms and catches colds which rack his whole system. To guard against this a box of Baby's Own Tablets should be kept in the house and an occasional dose given the baby to keep his stomach and bowels working regularly. This will prevent colds; constipation or colic and keep baby well. The Tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.



Different Kinds of Heat

Your furnace should not only give you plenty of heat, but the right quality of heat.

Some houses would be better without any heat than the kind their furnaces give them.

If you study the Sunshine Furnace you will know what the right kind of heat is and how to get it.

Full information about the SUNSHINE will be sent FREE to any address upon request to our nearest Branch office.

McClary's Sunshine Furnace

London St. John, N.B. Toronto Calgary Montreal Hamilton Winnipeg Edmonton Saskatoon Vancouver

FORMER KENTVILLE REST DENT MARRIED.

Riley—Calnen. Miss Georgina Calnen, eldest daughter of Mr. Albert P. Calnen of Halifax was married to Sergt. Harry Cole Riley of Hantsport at St. Mary's Cathedral, Halifax, Tuesday, April 2nd, at 8 a. m. Sergt. W. B. Burgoyne of Kentville attended Mr. Riley as best man at the wedding.

The roads in the Country have been very bad of late. The frost did not enter the ground very far during the winter and teams soon broke through in many places in the road. A warm rain would soon settle them.

"I presume you carry a memento of some kind in that lock of your hair?" the inquisitive wife of the clergyman asked a parishioner.

"Yes, it's a lock of my husband's hair."

"But your husband is still alive?" the lady exclaimed in considerable surprise.

"Yes, that is true, but his hair is gone."



ANXIETY

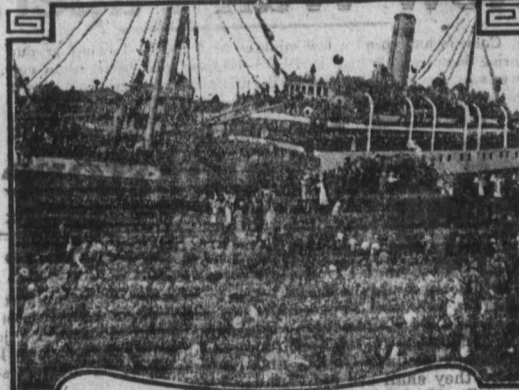
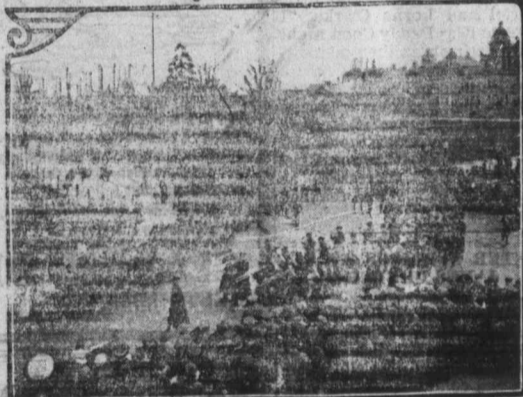


It was an April Fool. My Armies are not in Paris yet!

The Home of Heroes

WHAT do you think of a city of 50,000 people—secure, serene, rose-vined by the blue Pacific—that has sent 13,000 soldiers to the war for freedom, fully seventy-five per cent. of them her own native citizens! Victoria, British Columbia, has given units of every needed variety, from grave bespectacled and bearded hospitals to her latest quickened bunch of bearcubs, the 143rd Bantams. But of all the famous regiments in Canada, not excepting even the Montreal Highlanders, nor the Queen's Own of Toronto, not one has outdistanced or can outdistance the record of Victoria's adored 5th Gordon Highlanders, which three months ago had 2,000 of all ranks to its credit.

In April, 1913, when spring was smiling sleepily on the North Pacific, Major P. J. Riddell succeeded in gathering a hundred representative men at the Empress Hotel, and the Gordon Highlanders were born on paper.



to appear in actuality the following went into camp three hundred strong in spring, financed to the tune of \$35,000 (that serious summer of 1914) it looks by their Honourary Lieutenant-Colonel as long ago and far away, as we see it through the haze of Times and W. H. Coy. We can scarcely imagine the butne the torn night of the Somme. When carelessness with which the regiment (the world, as we knew it, came to an

WHEN THE 5th GORDON HIGHLANDERS were formed in August, the Gordons volunteered en masse, under their colonel (now Major-General) A. W. Curry, and they went to serve "Somewhere in France."

But the Canadian "Queen of the Pacific" isn't the city to be contented with its last year's battling average. The Bantams have just been sent forward, and everywhere the visitor goes, from the swarming docks to the lonesome heights where the Dominion Government's Observatory stares at the stars, there is a dash of khaki in the colonial color scheme. Oak Bay, once sacred to the motorist and the tea basket, now forms part of the regulation route march to harden up the troops. Mt. Baker, down in the State of Washington, frosted against the Italian sky, looks near enough for aeroplane reconnaissance, and sufficiently solid to prefigure benevolent neutrality. The winding drives of Beacon Hill Park are full of jingling majors and bustling sergeants, and at night the great branches of the Douglas fir quiver to "Last Post," that bugle call that plays the dark in from the Pacific, and rucks a comrade under in far France.