

INTERNAL.

Two tablespoonfuls Sage
One " Peppermint
One " Yarrow
Take a tablespoonful every three hours.
(Prepare as Directed on Page 20)

SMALL POX, VARSIOLAE.

Symptoms:—Chills, fever, vomiting, headache, pain in back, swelling, coated tongue, mental disturbances, often delirium, convulsions, etc. The rash usually appears first upon the face, especially around the mouth and on the chin. Almost at the same time, the neck and wrists are affected, then the breast and arms. At first the rash takes the form of small red spots, sometimes with a purplish tint. The centre of these spots becomes hard and alerated. The rash at this period resembles somewhat that of measles. Even at this time one inexperienced can usually recognize the nature of the malady, because the eruption on the wrist feels much like small shots under the skin. Within twenty-four hours, the tops of these small bodies are filled with a clear watery liquid. During the next two days they increase in size up to one-eighth of an inch. Not until the fifth day the eruption takes on its characteristic appearance. Then the top of the vesicle is flat, the middle is drawn downward, making the shape of a navel.

Treatment:—

EXTERNAL.

As soon as a burning heat appears in the rash, boil three heaping tablespoonfuls Dandelion Root with one-half pint water for two minutes, strain through a cloth and rub the liquid twice a day on the burning part.

INTERNAL.

One heaping teaspoonful Dandelion Root
One " tablespoonful Sarasparill Root
One " " Yarrow
One " " Blessed Thistle
Take a tablespoonful every 3 hours.
(Prepare as Directed on Page 20)