

# Student Help

ROOM 250 S.U.B.  
432-4266

## NEEDS VOLUNTEERS!

Since 1969 Student Help has been a volunteer organization offering a quiet place for:

- PEER COUNSELLING
- CRISIS INTERVENTION
- INFORMATION and REFERRALS
- TUTORS and TYPISTS

If you are interested or would like more information please call or drop by the office, Room 250, 432-4266

### Students helping Students

A U of A SERVICE SPONSORED BY THE STUDENTS' UNION & BOARD OF GOVERNORS

## Power Plant generates the runs

by Carol Kassian

Campus Recreation activities burst into action early in the new term with more than 200 individuals participating in the "Blast-Off" Slowpitch Tournament held Sept. 9-11 at the Faculte St. Jean. This three day tournament involved 18 teams of both men and women playing in four different events, and included a gala social on Saturday, Sept. 10.

In the Blue Event, Power Plant Crew beat the Chem-Eng Wing Nuts. The Wrecking Crew was victorious over Les Terribles in the Buddy event and the Lemmas defeated the Bruisers in the Campus Rec Event. Winning the Classic Event were the Untouchables, as they triumphed over the Thunder Mugs.



Several modifications within the Campus Rec program has resulted in increased opportunities

for participation and greater diversity in programs. For the first time, the Turkey Trot will be open to the public in addition to the university community. The number of participants in this road race to be held Saturday, Oct. 1, is expected to double. Everyone is encouraged to run, jog, or walk the four km or ten km courses. The race has been divided into age categories and first place finishers in each of the categories will be presented with turkeys.

Several challenge divisions are also a part of the Turkey Trot. The objective of the Team Participation Challenge is to have the team with the most participants who complete the race. Any member of the group may participate in the category of their choice. Two turkeys will be awarded to the Campus Rec Unit with the greatest number of unit members finishing the race. As part of the U of A Campus Rec "Res" Challenge the student residence floor

with the highest number of successful participants will also receive two turkeys. Turkey Trotters will check in at 9:15 a.m. in front of the Jubilee Auditorium. Both the four km and ten km races will start at 10:39 a.m. at 87 Ave and 115 St. and upon completion of the race, an Awards Ceremony will be held.

In addition to expanding the Turkey Trot, Campus Rec has also added to its Special Events Distance Programs. These programs involve a computer tally of distances individuals achieve throughout the year while jogging, swimming, and walking (the new 1988/89 addition) on and around campus. The previously offered programs of "Stamp Around Alberta" Jogging Program and "Edmonton to Lloydminster" Swimming Program will be again provided next year. As well, due to the increased popularity of fitness walking, a new "Edmonton to Ft. McMurray" Walking Program has been introduced. Friday,

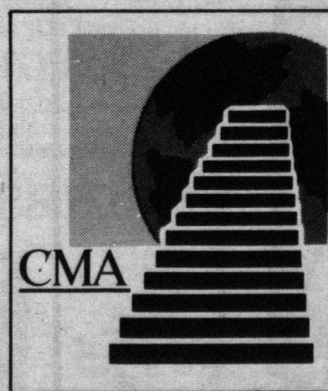
Recent scheduling revisions allow for a greater number of hockey games

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is making new demands on the people who manage large and small companies,

Sept. 16 marks the starting date to sign up for these programs.

Recent scheduling revisions will allow for a greater number of games to be played in Men's Intramural Hockey. This program consists of teams playing in 4 divisions: 1,2,3 & Anklers. Previously, teams in Divisions 1 & 3 played their games from Oct. - Dec. and Divisions 2 & Anklers participated from Jan. - Mar. The new revisions will enable teams in all divisions to be scheduled from Oct. - March. While the number of teams involved will be reduced, the rescheduling will ensure that the same number of participants will continue to play. The teams involved in Men's Intramural Hockey are allowed to dress a maximum of 20 players, yet in 1987/88, the teams had an average of only 11 players. With all teams playing throughout the year, participants may be involved in a fewer number of teams, but those teams will consist of more players and each team will play a greater number of games.

### PRINCESS

### Part-Time Help Wanted

Apply in person evenings between 7:00 and 8:00 p.m. and ask for Jayme or Sarah.

### The Princess Theatre

10337 Whyte Avenue