## YOUNG FOLKS

The City Squirrel. am a squirrel blithe and gay, And frolic here from day to day, The city is my happy home, Within its parks I like to roam.

Perhaps you think it rather queer That I should love to wander her And never long for forests free Where other squirrels like to be.

But never need I hunt for food, Nor store up nuts as squirrels should; For I have many a little friend— With peanuts they my wants attend.

So oft I send a grateful thought To southern farmers who have bought The waste lands, and by daily toil With peanuts have enriched the soil.

I wish the farmers all might see The joy their peanuts bring to me.

The "Give-Away" Garden.

When the school gardens were par-celed out last year, Rose and Tom

Beyond German Lines. Marlow received plots in a near-by vacant lot. The man who owned the lot gladly had it spaded and prepared for the children's gardening.

you earned as much?"
Rose's flower face flushed and her golden head drooped. She did not quite know how to tell her mother about it.

A divided into three pairs and I cannot say enough in their praise, and I strongly recommend them to all run down girls and women."

You can get these pills until I was completely cured and I cannot say enough in their praise, and I strongly recommend them to all run down girls and women."

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"She loves flowers better than anyone," Rose would say to Tom, "and she's too old and rheumatizzy to raise them. Isn't it lucky I have them to give her?"

About the Shultz place romped four noisy children. Mrs. Shultz had no time for gardening, and the quartette of towheads were too little to help much. The cheery washerwoman would leave her soapsuds to buy onions or turnips of the Marlow ped-

dlers.
"A nickel's worth of each," she would say. Then she would add admiringly, "My, I hope my children will grow to be just like you! What a help you must be to your mother!"

At the Shultzes' Rose always left

twice the amount of produce paid for. "They need it so, and they're so poor.

They need it, so, and they're so poor. She works so'hard, and those children must eat bushels!" she told Tom one day, when they talked it over.
When the prizes were given out, Miss Moore presented Tom with a beautiful Honor Badge for having earned the largest amount from his garden. Then, to the little girl's garden. Then, to the little garden. astonishment, she pinned a tiny gold

pin to Rose's dress.

"For the one who shared her garden with all," said the teacher, smiling. "A little bird told me all about Rose of the 'Gi --Away' Garden." And all the others applauded.—Youth's

A man's egotism may be pardone if he doesn's throw it in your face.

containing all the elements necessary for human nutrition." But be sure you get Although your chance in life seems the whole wheat in a digestible form. Shredded Wheat Biscuit is whole wheat made digestible by steam-cooking, Slowly trudge on toward the goal, shredding and baking—the Keep headed the right way, Remember you can never win best process ever devised for preparing the whole wheat Like climbing up a ladder, grain for the human stomach. Two or three of these crisp little loaves of baked whole wheat with milk and berries. meal. Made in Canada.

AIR SUPREMACY.

Beyond German Lines.

How the British and French are maintaining practical control of the air over the western battle front was "I shall hope to see roses and cabsages where weeds and hay-fever
germs used to flourish," he told Tom
and Rose gravely. And they made a
resolution that he should not be disresolution that he should not be dis-

Mother looked with questioning eyes at her bright-eyed daughter.

"You have worked as faithfully as Tom," she said, puzzled. "Why haven't lones of six, divided into three pairs ons of six, divided into three pairs and I cannot say enough in their rons of six, divided into three pairs and I cannot say enough in their rons of six, divided into three pairs and I cannot say enough in their rons of six, divided into three pairs and I cannot say enough in their rons of six, divided into three pairs and I cannot say enough in their rons of six, divided into three pairs and I cannot say enough in their rons of six, divided into three pairs and I cannot say enough in their rons of six, divided into three pairs and I cannot say enough in their rons of six, divided into three pairs and I cannot say enough in their rons of six, divided into three pairs and I cannot say enough in their rons of six, divided into three pairs and I cannot say enough in their rons of six, divided into three pairs and I cannot say enough in their rons of six, divided into three pairs and I cannot say enough in their rons of six, divided into three pairs and I cannot say enough in their rons of six, divided into three pairs and I cannot say enough in their rons of six, divided into three pairs and I cannot say enough in their rons of six, divided into three pairs and I cannot say enough in their rons of six, divided into three pairs and I cannot say enough in their rons of six, divided into three pairs and I cannot say enough in their rons of six, divided into three pairs and I cannot say enough in their rons of six, divided into three pairs and I cannot say enough in their rons of six and I cannot say enough in their rons of six and I cannot say enough in their rons of six and I cannot say enough in their rons of six and I cannot say enough in their rons of six and I cannot say enough in their rons of six and I cannot say enough in their rons of six and I cannot say enough in the rons of six and I cannot say enough in their rons of six and I can

Major Reese gave it as his opinion that the British had defeated the Germans in every way in the air and depicted the graway most of her garden."

Mother's eyes softened with understanding, and she drew Rose to her side.

Major Reese gave it as his opinion that the British had defeated the Germans in every way in the air and depicted the graway most of her garden."

The Zeppelin is now practically useless as a military weapon.

Germany's whole artillery observation is conducted by means of captive.

They Point Unerringly the Pathway to

side.

"Always a generous fairy, even in business matters," she said, smiling.
"Oh, but I love to, mother!" whispered Rose eagerly. "I'm making enough money; and besides, it's lots more fun to give them away."

Later her mother heard all about it. When Rose and Tom went by old Miss Gray's, Rose would leave a bunch of sweet peas—those fairy butterflies—or cheery gold and red nasturtiums.

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"She would leave a bunch of the six army divisions, but, and so the special content of the growe and acts as a stop for the end of the strip.

They Point Unerringly the Pathway to True Success in Life.

Rely upon your own energies, and do not wait for or depend on other people.

Cling with all your might to your own highest ideals, and do not be led astray by such vulgar aims as wealth, position, popularity.

Your worth consists in what you have. What the only one we keep for sale.

All the people use it.



when You Eat Bread as a matter of fact she had only three. The service was very chaotic, with the army and navy bidding against each other, until the whole air service was put under the Air Board, composed of a neutral President, and a rmy and a navy official and a remy and a na "Wheat is a complete food army and a navy official, and a mem-

Rough the path and dark, Oon't worry that you're going to fall, But get a firmer start.

Ascending step by step, Keep your aim the highest

When at last the top is gained make a delicious nourishing Look back upon the steps you've climbed. The battle nobly won.

#### THIN-BLOODED MEN AND WOMEN

Need the Rich, Red Blood Dr. Williams' Pink Pills Actually Make.

agreems used to flourish." he told Tom corps, who himself once routed single-and Rose gravely. And they made a resolution that he should not be disraphointed.

It was not as easy job, they soon discovered. Cutworms and new soil discovered. Cutworms and new soil while the Allies' operations are conducted almost entirely beyond the and Rose were there early and late, weeding, sprinkling, hoeing and hop-ing. Their bright eyes spied every garden enemy that plotted to fly or creep in, and their mibble fingers soon put an end to any such foc. Degran to thrive, eager to repay such faitful care. By midsummer Tom was putting into his little express wagon bunches of fresh, green onions, reinjay cuty lettuce and rolly-poly red radishes that Rose had washed care-tully and arranged in neat bunches. Besides, there were pink and lavender saveet pens, nasturtisms: and sweet allysum to lend beauty to the more intended and the street demanded. Besides that the street demanded. Besides the mother, had first choice, and paid to the more intended to the street demanded. Besides that the street demanded. Besides the mother, had first choice, and paid to the most paid to the street demanded. Besides the mother, had first choice, and their first mothers, had first choice, and their their mother, had first choice, and paid to the street demanded. Besides the street demanded. Besides the street demanded. Besides the street demanded. Besides the street demanded and the street demanded. Besides the street demanded and the street demanded. Besides the street demanded and the street demanded and the street demanded. Besides the street demanded and the street demanded and the street demanded. Besides the street demanded and the street Thin-blooded people do not remain so from choice but from indifference, aying garden, when she judges them, British losses have been running renother!"

Mother looked with questioning eyes

Mother looked with questioning eyes

you are will show in what you do.

Never fret, repine, or envy. Do not make yourself unhappy by comparing your circumstances with those of nore fortunate people; but make the more fortunate people; but make the most of the opportunities you have.

Associate with the noblest people you can find; read the best books; live with the mighty. But learn to be war is less than one-half as great as war

been made. Let not your goodness be professional; let it be the simple, natural outcome of your character. Therefore cultivate character.

When in doubt how to act, ask yourself. What does nobility command? Be on good terms with your.

mand? Be on good terms with your-

Give whatever countenance and help you can to every movement and institution that is working for good.

### Went Him One Better.

"I love you vory much, papa," said four-yenr-old Edna, as she climbed on her father's knee. "I love you, dear, when you are a good girl," replied her father. "But, papa," said Edna, "I love you even when you ain't no good!"

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er School Navigation School GEO. Y. CHOWN, Registr

A Summer Gown



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To Make Thin Sticks.

who make thin sticks for ar rows, kites, etc., as well as the me chanic, can make good use of the fol-lowing suggestion: The difficulty of handling thin strips while planing or handing thin strips while planing them may be overcome by setting the strip in the groove of a piece of floor-ing, clamped in a vise. A peg or nail is driven into the groove and acts as a stop for the end of the strip.

Pleasant Bay, C. B.

happy alone.

If a thousand plans fail, be not disheartened. As long as your purher tillion medical statistician in the French army, declares that by hard-If a thousand plans fail, be not disheartened. As long as your purposes are right, you have not failed.

Examine yourself every night, and see whether you have progressed in knowledge, sympathy, and helpfulness during the day. Count every day a loss in which no progress has been made.



Praise For Canadians.

Lieut, General Sir Julian Byng, mand for their brilliant work, since the inauguration of the Vimy Ridge offensive, April 9th, declaring that these successes could be obtained only by troops whose courage, discipline and initiative stand pre-eminent. Between the Vimy Ridge capture and the taking of Fresnoy, says Sir Julian, eight German divisions have been met and defeated by the Canadians. Five wise be too severe. There are numthe taking of Freshoy, says Sir Julian, leight German divisions have been met and defeated by the Canadians. Five thousand prisoners have been captured by the Canadians, 65 big guns and howitzers, as well as 226 machine guns and mortars. Sir Julian predicts a continuance of these potent ample. There are 2,048,354 cattle in the three Westers 10 canadians. cesses by Canadians.

#### A PERFECT MEDICINE FOR LITTLE ONES

Baby's Own Tablets is the ideal medicine for little ones. They regulate the bowels and stomach; break up colds; cure constipation and indiges-tion; expel worms and make teething They are guaranteed to be absolutely free from injurious drugs and may be given to the youngest child with perfect safety. Concerning them Mrs. T. M. Forknall, Mission City. B.C., writes: "I have used Baby's Own Tablets for my three little ones and have found them the best medicine a mother can give her children."
The Tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams Medicine Co., Brock-

When rugs first came to England they were not employed as floor cov-erings. Straw, sand or dried rushes erings. Straw, sand or dried rushes served in that capacity. The rugs were used as handsome coverings for beds or tables. Thus arose the familiar expression "on the carpet," inferring some question laid upo table for discussion.

"Mother" said an Irish youngster won't you give me my candy now?"
Whist!" exclaimed the mother, "didn't I tell ye I'd give ye none at all if ye didn't kape quiet?" "Yis, mum." "Well, the longer ye kape quiet the sooner ye'll get it.

WOMEN! IT IS MAGIC! LIFT OUT ANY CORN

Apply a few drops then lift

Just think! You car lift off any corn or callus without pain or sore

A Cincinnati man discovered this ether compound and named it freezone. Any drug-gist will sell a tiny bot-tle of freezone, like here shown, for very little cost. You apply a few drops directly upon a tender corn or callus. Instantly the soreness disappears, then shortly you will find the corn or callus so loose that or callus so loose that you can lift it right off.

Freezone is wonderful. It dries instantly It doesn't eat away the corn or callus, shrivels it up without even irritating the surrounding skin. Hard, soft or corns between the toes, s well as painful calluses, lift right ff. There is no pain before or afterPrairie Farms

All the Western Canadian Provinces Lieut, General Sir Julian Byng, commanding the Canadian army corps, show large increases in the number of has issued an order heartily congratulating the officers and men in his command for their brilliant work, since war. The increase in the number of the three Western Provinces, 565,709 being milch cows and the remainder beef and other cattle. This shows an increase of 15 per cent. over 1913.

After the Murine is for Tired Byes. Movie S. Mov

produced by the American bee annual-

future generation in Canada when you misuse the forest resources of the country."—Sir George E. Foster.

Reduces Bursal Enlargements,
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tisement. Paterson, N. J. — "I thank you for the Lydia E. Pinkham remedies as they have made me well and healthy. Some-time ago I felt so in my back and side, was very irregular, tired, nervous, had such bad dreams,

did not feel like eating and had short breath. I read your advertisement in the newspapers and decided to try a bottle of Lydia E. Pinkham's Vegetable Compound. It worked from the first bottle, so I took a second and a third also a bottle of Lydia E. and a third, also a bottle of Lydia E. Pinkham's Blood Purifier, and now I am just as well as any other woman. I advise every woman, single or married, who is troubled with any of the aforesaid ailments, to try your wonderful Vegetable Compound and Blood Purifier and I am sure they will help her to get rid of her troubles as they did me. Mrs. ELSIE J. VAN DER SANDE, 36 No.

did not feel like eat-

off. There is no pain belove to a wards. If your druggist hasn't reezone, tell him to order a small bottle for you from his wholesale drug co., (confidential) Lynn, Mass, if you need special advice.

AKES THE WHITEST, LIGH ROYAL VEAST CAKES favorite yeast for more than forty

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I UDSON, 1915 MODEL. 6 CYLINder, 7 Passenger Touring Car, with
electric lights and starter. Thoroughly
overhauded in our shop and newly painted. Seat covers on all seats and doors.
Oversize tires. Price \$1,200.

I UDSON, MODEL 37, 5 PASSENGER,
14 cylinder Touring Car. Electric
lights and starter, in good running order
and newly painted. Looks like a new
car. Price \$650.

car. Frice \$569.

DAIGE SEDAN. A VERY FINE closed car senting five. Electric light of starter, also inside dome light. Nearly all the windows open which gives ample ventilation for summer driving. Price \$700.

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JACKSON, 5 PASSENGER, 4 CYLIN-der Touring Car. Has electric lights and starter, good tires, and is a bargain at the price, \$300.

RUSSELL, 3 PASSENGER CABRIO-Let. A very handsome closed car. suitable for a doctor. Price \$1.000. We only sell used cars after the purchaser has had a demonstration and satisfied himself of the running qualities of the car he is buying. Call at our showroom next time you are in Toronto and let our salesmen show you any of our used cars and give you a demonstra-

tion.
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