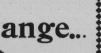




e following Agents rews; J. Fred Benson, Chatha nars, Clementsport, N. S.; office of Sydney, C. B.; Woodstock. N, B., S.



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PROGRESS, SATURDAY JULY 27 1895

WOMAN and HER WORK. I wonder if any woman ever yet under-tood the meaning of the word rest? That how much time I can spare when he takes

The system of the second system of the second system of the second system of the syste is whether any of us ever knew how to matters into his own hands.

ation as she did before ?

I really begin to think that woman like the horse, is one of the animals condemned ,,dead in it" now, to use a slang term ! she the horse, is one of the animais condemned to unremitting toil so long as her life last! The healthy sceiety matron wears her life out in attending to her social duties and keeping up her position, entertaining and being entertsined, fulfilling, as she says "the duties she owes to society." The numer give horse let in the numer riceles removes give horse let in the numer riceles to the duties and the social duties and being entertsined, fulfilling, as she says the duties are owned to be a society." The numer give horse let in the numer riceles to the duties horse let in the numer riceles the duties horse let in the numer riceles to the society of the society young girl whose lot is in the upper circles of society works quite as bard as her humbler sister of the shop or office though her labor is all in the pursuit of pleasure, tamely by and submit to fashions which and the pale cheeks, and hollow eyes that show her need of rest at the end of the girl has been in fushion for so long that high square shoulders have become second season are the results of a constant round of gayety instead of any useful work. nature and it will be very difficult to over-The anxious mother of a family whose come a habit so firmly establised.

her so-called rest together, and the con-sequence is that she begins work on Mon-wool; she could pad herself until the 'sired wool; she could pad herself until the 'sired

I have come to the conclusion that resting, is one of these things in which men can give us many valuable "pointers." It is, fact something they understand heavy pails of water up and down a long thoroughly, and if we were only as well up in the art there would not be so many tired, in order to obtain the coveted slope, she faded women in the world. A man comes could never hope to bring down those ated the supply as usual, so that there is home tired from his daily work, and if he tailor made shoulders of hers, that she was and endless variety of lovely washable is a gentleman the first thing he does is to once so proud of. change his coat tor his lounging jacket, re-move his boots, and put on his soft easy

slippers, take a long drink ot ice water, lemonade, or ginger beer, if he is not naughty enough to preter brandy and soda haughty enough to preter brandy and soda beautiful sloping shoulders, and who is no the summer girl cannot complain of any -and throw himself tull length on the sota. doubt tired of fashions which persistently lack of smart neckwear. conceal them. Should this be the case, Perhaps he smokes, and almost certainly may be sure, you will never catch bim exerting his muscles or doing any kind of work whatever, men-reign may be a short one, any catch doing subdider seam may, obtain nickle and silver zones which were so fashionable a few years ago, Ribbons are run through the links and the effect is very he reads the paper, but of one thing you fear the long shoulder seam may; obtain

that the only way to rest a tired body is to let every muscle/have complete repose, and this can be affected by lying at full length in that delightful inertia which is next to sleep in refreshment. He lays aside his business worries too, when he is engaged in the delightful occupation of resting, and he stops thinking as tar as possible. Rest tal or otherwise, during the hour of of mind and body is what he requires, and he sets about obtaining it in the only rational manner. Consequently he arises from that sofa a new man, refreshed in every fibre of his frame, and ready to take

around the dish.
around th their neat shoes, or their high heeled slip-pers, put on a pair of bedroom slippers, remove her bodice and corsets, and don-ning a losse cool wrapper stretch out her weary body on the sofa, and rest, really rest both her mind and her body for an hour or two! I don't know one! "Bat' I have no time!" cries the society dame, "my engagements will not permit me to waste a moment, no one can afford to cancel important appointments just for the sake of resting, society would not hear of such a thing, we would soon be out of the sake of resting, society would not hear of such a thing, we would soon be out out the swim and besides 1 always can rest when we go to the mountains or the sea-shore in the summer. "I cannot spare a moment for idling" anys the busy housewife, "Why in the world should I spend a precious hour lying down when I can rest just as well in a rock-ing chair and be darning the children's stockings at the same time ? I have no time to waste." Neither have I, my friend, not a moment in the day, but still, in spite of that I very frequently find time without the sake of resting, society would not use that it is wained using away their money, of such a thing, we would soon be out of the swim and besides 1 always can rest and putting big profits in the pockets of not a moment in the day, but still, in spite of that I very frequently find time without

pense. For instance, with a pure white toilet of duck a white sailor hat, with a wing many sources, and with a pale or dark when it is the same rule of inshino when applies. This changing of the band makes it a, para as though it were a new hat, whereas the cost of the band is a small expense. Make the band with a piece of elastic inside of it, so that it will alip over the crown of the bat easily. The narrow corded ribbon is now most in vogue. ogue.

The one rule with regard to bodie eems to be that they shall all be bloused Blouses for the matron, the maid the stout and the thin, even velvet bodices, and silk velvet that are made to drop over the waist line almost concealing it, while in some of the newest blouses shown with iuported dresses the belt is entirely concealed the material hanging quite below it. An

example of the extreme of this fashion has the bodice fitting quite smoothly over the shoulders and bust, while from this level the material hangs away from the figure in a perfectly straight line all around, front, sides and back. At a level with the waist it is turned sharply under, and drawn with-in the belt. This has the effect of making the waist look very slender. Every effort seems to be concentrated upon making the blouse seem to bang fully as wide the curve of the wearer's hips, the belt receding well into its shadow, as a swiss chalet hides under its overhanging eaves. There are of course many modi

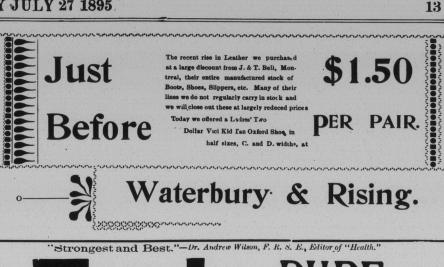
fications ot this model, and the box-plai effect is one of the most popular; when it is adopted, the fullness hangs from the The anxious monter of a family whole content and the shoulder shape of the fullness hangs from the content of the spology for repose I have already mentioned; while the working girl methods are not to be mentioned in the same breath with what lies and shoulder seam by way of v₂ riety, but whose days are spent in the confinement or shop, or office takes her pleasure, and in the near future. For the former there bloused over well in front. Scarcely a in any case it is caught in at the waist and plain bodice is to be seen anywhere, and when it is seen one may be pretty day morning feeling rather more tired than she was on Saturday night when she lett oil for her weekly rest. wool; see could pau hersen duit the she was on Saturday night when she shouldered maiden should the threatene. a bloused bodice, there is sure to be a fashion ever obtain 'a firm foothold ? she blazer and vest, and on tnese two themes can't use a plane and if she spent all', her days from dawn 'till dark in carrying two

The jaunty shirt waist necessiated som corridor, as our grandmothers used to do, thing equally fetching in the shape of neck ties to go with it, and the demand bas cre neckties, to choose from besides any number

It is said that the effort to reduce the of plain indian silk ties in light tints and size of sleeves, and lengthen the shoulder also in striped and plain washing silks, and seams originated [with the princess of the greatest quantity of bows, and scarfs Wales, who, as everyone knows] has very of ginghams, pique, and scotch madras. So

> Amongst the newest belts are seen; the pretty indeed. They are said to impart a

narrower, as time goes on, this shorten-ing will become a necessity because the avreage woman has about reached the limit of her endurance in carrying] around heavy burdens of material, especially in warm weather. It is predicted that with the increase of fullness] in the skirt, stiffening will go out entirely. That narrower, as time goes on, this shorten-ing will become a necessity because the very old are coming in again, and bid fair





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such immense and

pressing

pressing import-ance that it has of

the crust off a five cent loaf of bread, grate the white part and add it to the above mix-ture, with one and a half cups of milk, three-fourths of a cup of finely cut citron and the whites of the eggs beaten to a stift froth. In the meantime pour over one-fourth pound of vanila waters and one half pound of macaroons some Madeira or sherry wine, and sprinkle with finely sitted bread crunbs. Cut a layer of the bread mixture, one inch in thickness, in a form and cover it with a layer of bread, and continue until all is used. Close the form tightly and boil two hours. Serve with wine sauce.

Pineapple Plimbler.

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pleasant scage without a single an pleasant sensation. Four tablespoonfuls of Miles'(Can.) Vegetable Compound taken per day for (3) three days before the period will render the utmost ease and com-

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D. POTTINGER, General Manager, Railway Office, Moncton, N. B., 20 th June, 1895.

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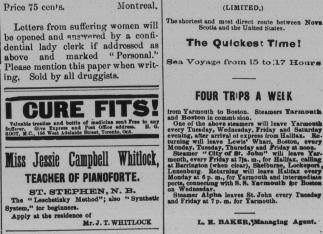
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