able to defend by its own strength both its honor and its vital interest. The most important lesson for the United States to learn from the present war is the vital need that it shall at once take steps thus to prepare.

Preparedness against war does not always avert war or disaster in war any more than the existence of a fire department, that is, of preparedness against fire, always averts fire. But it is the only insurance against war and the only insurance against overwhelming disgrace and disaster in war. Preparedness usually averts war and usually prevents disaster in war; and always . prevents disgrace in war. Preparedness, so far from encouraging nations to go to war, has a marked tendency to diminish the chance of war occurring. Unpreparedness has not the slightest effect in averting war. Its only effect is immensely to increase the likelihood of disgrace and disaster in war. The United States should immediately strengthen its navy and provide for its steady training in purely military functions; it should similarly strengthen the regular army and provide a reserve; and, furthermore, it should provide for all the young men of the nation military training of the kind practised by the free democracy of Switzerland. Switzerland is the least "militaristic" and most democratic of republics, and the best prepared against war. If we follow