

PREFACE

To make clear the purpose of this book and to suggest possibilities to the reader the author offers the following article which was published in the *Toronto Globe*. Most of the chapters first appeared in the same journal.

EKFRID, July 28. — This morning I got up feeling singularly cheerful and care-free. And no wonder. Yesterday I got even with the world — said everything I wanted to say about it right down to the last word. This morning I feel that I am making a fresh start with all scores paid, and I don't care whether school keeps or not.

The explanation of this unusual state of mind is quite simple. Yesterday I finished writing a book, in which I said just what I wanted to say — said what I have been aching to say for years — about the world and things in general. No matter what happens to