

kind and attentive to the sick, and forgiving and merciful to those who have injured us. "Blessed are the merciful, for they shall obtain mercy." "I was hungry and you gave me to eat, I was a stranger and you took me in, naked and you covered me, sick and you visited me." (Math. 15, xxxv).

5th. We should detest and abhor sin with all the energy of our being, as it is the supreme evil, the great enemy of God and man, the cause of all the calamities that have scourged the earth, the fountain of all the bitter tears that have fallen, drop by drop, from the eyes of man, and the crucifier of the Son of God himself. We should heartily repent of our past sins and firmly resolve, with the assistance of God's grace, never again to fall into this dreadful evil. And, in order to avoid this evil of sin and to be able to do the good and to practice the virtues that God requires of us, we should make use of the means of grace that Christ in His mercy has instituted for this purpose, viz., fervent and constant