

communication in times of crisis;

- Establishment of regional risk reduction centres to channel relevant information (including the reporting of disasters on one's own territory that might be of concern to other countries), and the establishment under the aegis of the United Nations of a mutual risk reduction centre;

- Conclusion of agreements to prevent dangerous military activities fraught with the possibility of inadvertent collisions of the military forces of one country with those of another;

- Creation of special international commissions to facilitate safety and security of shipping -merchant, fishing and naval- in certain areas of the world ocean;

- Establishment of zones of peace, demilitarization zones, and nuclear free zones.³²

There is a direct and perhaps circular relationship between arms control and confidence-building. Arms control agreements build confidence and can, therefore, be confidence-building measures in themselves. In return, the practice of building confidence can often aid an arms control process.

³²

Ibid., pg. 139.