

DR. T. A. SLOCUM'S

Oxygenized Emulsion —OF— PURE COD LIVER OIL.

Among the merits which distinguish Slocum's Oxygenized Emulsion of Pure Cod Liver Oil above all other preparations are ;

- 1st. The excellence of its method of preparation.
- 2nd. Its freedom from disagreeable taste and odor !
- 3rd. Its fitness for immediate absorption !
- 4th. The thoroughness in which it retains permanently its good qualities.
- 5th. And the fact that Slocum's Oxygenized Emulsion is the only Cod Liver Oil amalgamation in the market in which the oil is not mixed with the Hypophosphites of Lime and Soda, or some other equally injurious foreign substance, and consequently rendered worse than worthless !

All Pulmonary Disorders find Speedy Relief.
 If you have any Throat Trouble..... Use it.
 If you have Tightness of the Chest..... Use it.
 If you have Difficulty of Breathing..... Use it.
 If you have a wasting away of Flesh..... Use it.
 If you have Weak Lungs..... Use it.
 If you have Bronchitis Use it.
 If you have Asthma..... Use it.
 If you have Catarrh..... Use it.
 If you have a Cold..... Use it.
 If you have a Cough..... Use it.
 If you are Feeble and Emaciated..... Use it.
 If you have Consumption..... Use it.

THEY WHO USE IT---LIVE !

The approval my OXYGENIZED EMULSION OF PURE COD LIVER OIL has met with at the hands of the public is no doubt more or less due to the members of the medical profession, who have shown a preference in recommending its use in their daily practice.


If your druggist has not got SLOCUM'S OXYGENIZED EMULSION OF PURE COD LIVER OIL, and will not order it for you, do not take any preparation that contains Lime and Soda. In such case rather obtain of him the Pure Cod Liver Oil, which, though nauseous and repulsive to the taste, does not contain any foreign and injurious substance.

SINGLE BOTTLES, \$1.00, SIX BOTTLES, \$5.00.

Treatise and Circulars on Consumption mailed on application. Address—

T. A. SLOCUM, 186 West Adelaide St., Toronto.

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OXYGENIZED EMULSION
—OF—
PURE
Cod Liver Oil

FOR
CONSUMPTION,
BRONCHITIS,
ASTHMA,
SCROFULA,
AND ALL
PULMONARY DISEASES.

DIRECTIONS.
SHAKE WELL.

Take one tablespoonful half an hour after each meal. If the patient's digestion will not allow tablespoonful use desert-spoonful.

PRICE \$1.00.

PREPARED ONLY
BY
T. A. SLOCUM,
186 Adelaide St. West,
TORONTO, - ONTARIO.

Sick Room Points.

Boston Herald: Fresh air, sunlight, and cleanliness are prime essentials in the way of prevention against the spreading of disease. And if these are met the air of the sick room will be as pure as it will be possible to make it while it holds the patient.

The idea seems to prevail that placing saucers filled with lime about a sick-room, or hanging up clothes wet with a solution of carbolic acid, or the burning of coffee, will free the air from the disease germs.

There is no truth in this. The amount of chloride of lime needed to effect the purpose would be far in excess of that which any one would think of putting into a room. Carbolic acid, when used as stated, does no good whatsoever; and, as for burning coffee upon the stove, also cascarrilla bark, pastilles etc., that merely deodorize the air, without affecting in the slightest degree the poisons in it; moreover they add to its impurities. Fresh air and sunlight are nature's disinfectants; let them be relied upon.

Towels, handkerchiefs, bed clothing, etc.,

holding a patient whose disease, may, possibly, be contagious, should be put into boiling water before they are carried out of the room and then boiled for at least an hour. The dishes, knives, forks, etc., should be also boiled.

As for all waste matter from a suspected patient, they should be received on chloride of lime, and afterward lime should be freely shaken over them. These are the simple measures in the way of prevention against the spreading of disease; and they should be employed in every case where it is not positively known that the existing disease is noninfectious. There, are, of course, more potent means, but the attending physician will always direct their use if he thinks them needed.

Every person of intelligence must appreciate the fact that cleanliness of the skin is one of the first essentials to well being. In time of sickness it is even more urgently demanded than during health, for exhalations of disease which are allowed to accumulate upon the skin are poisonous, and they not

only choke up the pores or outlets for waste, but to a certain extent they are again taken up by the body.

There are but few patients, no matter how ill, who can not be given at least a daily sponge bath without danger. And even this must be a positive aid to recovery. The common fear is of taking cold; but that can easily be prevented; nor, if properly given, will a sponge bath fatigue a patient.

It is always best to cover a rubber sheet with a cotton one and gently roll the patient over upon them. The room should be well warmed and the windows and doors closed to prevent draughts. With plenty of water, both hot and cold, soap, sponges, towels, etc., at hand, the nurse should wash one part after, exposing but little of the body at a time. She should not attempt to hurry, but do her work carefully, and dry the parts well as she proceeds. After the bath it is always well to give a little warm food, which will quickly overcome any fatigue which the patient may have felt.

Dust and the Complexion.

Dust is the great enemy of health and of women's good looks. It settles in the skin especially where there is a little steam to help it; the wax and oily matter of the skin fix it till no ordinary washing will remove it. Wrinkles are accentuated by it, as they have a deeper bed to draw in the dust with the stylus of time. That is the reason so many women look about ten years younger when they find time to take their hot bath and the vapor has fifteen minutes or more to soften the tissues.

There is nothing like steam for plumping up the skin and washing out the grime which clouds every complexion not daily treated to soap and hot water. How many have the heating pipes of the furnace cleared of the year's accumulation of dust! From the pipe coils it is ready to enter lungs and skin, and, being deadest of all dead matter, it is itself death to hair, to freshness of complexion and general vigor.—[Shirley Dare.