

cy and protection, I withdrew out of the chamber. In testimony of all which I have hereunto subscribe my name,

JOHN HUDDLESTON."

Mr. Huddleston died at Somerset House, in the Strand, in September 1698, and in the 90th of his age—a "rare example," says Echard, "of fidelity to his prince, and zeal for religion."

Maxims of the Saints.

It is an evil not to fear : it is a greater evil to commit sin : it is still greater evil to persevere in sin : but not to desire to arise from sin is an evil that is almost every day followed by death in sin..

ST. BERNARD :

The great remedy for your sins is, first, to consider with attention the greatness of the evil you have committed by sin. Secondly, to acknowledge before God, with profound humility and a most lively sorrow, that you are most guilty, that you are unworthy of his mercy, but that you hope with confidence in his goodness, through the merits of your Saviour. Thirdly, to make the state of your soul known to your confessor in such a manner, that no-

thing in your whole heart may be concealed from him.

Hasten to banish from your mind every thought which flatters the passions. The evil thought, which is not immediately renounced, produces pleasure ; pleasure is followed by consent ; when consent is given, the action follows ; action produces habit : from habit springs a kind of necessity, and this necessity brings on death : the death of the soul, eternal death. Strengthen whatever part of you is most weak, for its in this part that the devil seeks to surprise you.

You cannot know yourself. You cannot see yourself, such as you are, without a mirror, There are three which you may consult : your conscience, the gospel, and Jesus Christ.

Four kinds of spirits always speak to your heart : the spirit of the world, the spirit of the flesh, the spirit of satan, and the spirit of God. Listen only to the spirit of God ; entirely abandon yourself to him, and obey him faithfully.

Let purity be the guard of your heart. Let there be truth in all your words, and charity in all your actions.

Walk with so much care that you may not fall. If you fall hasten to rise up, and sigh after heaven where there are no falls.

Withdraw your spirit and heart from exterior things. Apply both one and the other to interior things