

Better Cooking.

Every man appreciates good cooking and every woman takes a pride in doing it. "BOVRIL" can be used to advantage with all hot dishes. It greatly improves the flavor of stews, soups, roasts, fish, etc., and also increases their nourishing value. An economical way to get it is in the 1 lb. bottles.

V. I. and V. 2.

The new English Spray Fluids for Orchards and Fruit trees. Cleans trees of Lichen, Moss & Fungi, including Black Spot, destroyes Mussel Scale and American and other blight, Cankerworm and Bunchworm at two sprayings per annum.

For full details apply to G. W. SHIPTON, Bridgetown, N. B.—The advertiser having undertaken work in England wishes to dispose of one or both of his farms One at M. Schelle including 17 acres of good dyked marsh and orcharding up to 500 barrels;

One at Bridgetown with 3 acres good dyked marsh and orcharding up to 150 barrels.

Halifax & South Western Railway

Accom. Mon. & Fri.	Time Table Jan. 26th, 1908	Accom. Mon. & Fri.
Read down	Stations	Read up
11:30	Middleton	16:08
12:40	Clarence	15:30
12:48	Bridgetown	15:18
12:54	Granville Cte.	14:50
12:58	Granville Ky.	14:35
13:40 Ar.	Port Wade	13:35

CONNECTIONS AT MIDDLETON WITH ALL LINES ON N. S. W. RY. AND D. A. RY.

P. MOONEY
General Freight and Passenger Agent
HALIFAX, N. S.

DOMINION ATLANTIC RAILWAY

Steamship Lines
TO
St. John via Digby

AND
Boston via Yarmouth
"Land of Evangeline" Route.

On and after May 1st, 1908, the Steamship and Train Service on this Railway will be as follows (Sunday excepted):

FOR BRIDGETOWN.
Express from Halifax, ... 12:11 p. m.
Express from Yarmouth, ... 1:54 p. m.
Accom. from Richmond, ... 5:20 p. m.
Accom. from Annapolis, ... 7:20 p. m.

Midland Division

Trains of the Midland Division leave Windsor daily, (except Sunday) for Truro at 7:40 a. m. and 6:35 p. m., 6:40 a. m. and 3:15 p. m., connecting at Truro with trains of the Intercolonial Railway, and at Windsor with express trains to and from Halifax and Yarmouth.

Boston Service

ROYAL MAIL S. S. BOSTON, by far the finest and fastest steamer plying out of Boston, leaves Yarmouth, N. S., Wednesday and Saturday, immediately on arrival of express trains from Halifax, arriving in Boston next morning. Returning, leaves Long Wharf, Boston, Tuesday and Friday at 1:00 p. m.

St. JOHN and DIGBY

ROYAL MAIL S. S. YARMOUTH, Daily Service (Sunday excepted). Leaves St. John, ... 7:45 a. m. Arrives in Digby, ... 10:45 a. m. Leaves Digby same day after arrival express train from Halifax. S. S. Prince Albert makes daily trips (Sunday excepted) between Parrsboro and Wolfville, calling at Kingsport in both directions. P. GIFFKINS, General Manager, Kentville.

BOY WANTED.

WANTED.—A boy going to school to do office work out of school hours. Good pay to a smart boy not afraid of work.

Apply at
MONITOR OFFICE.

A Temperance Hotel

—IN—

A Temperance Town

REX BY

A Temperance Man.

DON'T ask us for RUM. We don't keep it.

The new drink, Nova Ale & Porter, (non-alcoholic), Ginger Ale, Ginger Beer, Beefeol, Lime Juice, Soda, &c.

HOT DEEP TEA, COFFEE, or CHOCOLATE, LATE AT ALL HOURS.

A fine line of Cigars, Pipes and Tobacco.

Your patronage solicited.

Grand Central Hotel.

WILLIAM F. COADIE, Proprietor.

SPRAYING

is an absolute necessity if you want to grow good clean Fruit and the best insecticide on the market

is the one to use if you want the best results—The best insecticide yet introduced.

FOR

spraying is Campbell's "Nico Soap"

which won its reputation last year in the famous Annapolis Valley and elsewhere in destruction of Bud Moth, Codling Moth, Brown Tail Moth all Caterpillars, Cankerworms, Bark Lice, Scale, Fire Worm or Cranberries and Cherry Slug, killing by contact and also if the leaves are eaten—Nico Soap guarantees good Clean Fruit and better

PROFITS

ENQUIRE OF YOUR LOCAL DEALERS

BLACKIE BROS.,

Agents. HALIFAX, N. S.

SOMETHING DISTINCTIVE

THE EMPRESS SHOE

Some of the distinctive features of this style is the French Last, which is made for a short vamp and forepart, a Cuban heel and a high arched shank and instep, which accentuates the graceful lines of the foot, and has the appearance of being a full size smaller.

Sole Agents for Astoria and Hartt Shoe for men.

Kinney's Shoe Store.

5 cent and 10 cent bundles of newspapers at MONITOR OFFICE.

Why the Apple

Trade Collapsed

Wrong Methods of Buying and Packing Cause Disastrous Failure in the Apple Trade.

(continued from last week.)

Low-grade fruit not only sells at a loss; it brings discredit upon fruit that is really good. Retailers, who would willingly handle good apples, lose interest in apples altogether if they find that the bulk of the offerings consist constantly of underlings, unsightly, ill-keeping, wormy and scabby apples. Markets, accordingly, become depressed even though the apples arrive in good condition, and the quantity on sale is not excessive. Some years a good grade of No. 2 apples may pay to export, if they are shipped direct from the orchard; and even from the fruit-houses No. 2 Spits and Golden Russets may, if the market is strong, sell at profitable prices. But buyers, packers, farmers and dealers have all learned by costly experience that it would be better for the trade and for all engaged in it if no apples below the first grade were exported at all. The barrel costs as much for poor apples as for good ones, the freight is the same, the sorting and packing cost a great deal more, and the waste is much greater. Factories, evaporators and cider mills pay for such apples "quite as much as they are worth." Foreign markets have plenty of poor apples of their own; and we have room enough to supply an indefinite quantity of apples of the very best grades. It is rare that a loss occurs on a shipment of good apples; it is equally rare that a profit is ever made on second-class apples. Better pay \$2 a barrel for No. 1 apples on the trees than get No. 2 apples for nothing, is the deliberate opinion of a veteran exporter.

How then to eliminate or at least reduce to a minimum the export of No. 2 apples, is the most important problem in the apple trade. Each buyer must solve the problem in his own way; but, theoretically, it should not be a difficult one. Poor apples will always be with us, but they cannot be packed and exported of their own accord. Other changes, detrimental to the dealers and to the trade at large, have also recently developed. Formerly, when apples were bought by the barrel, and the farmers picked the apples, banded the barrels, and handled the barrels, expense were not nearly so great as they have since become. Less than twenty-five cents a barrel would cover them all. But now-a-days a dealer is fortunate if his expenses of buying, picking, packing and shipping do not exceed sixty cents per barrel. In consequence, the cost of barrels has increased fifty per cent, while the material is poorer; and the dealer has endless trouble in procuring a sufficient and regular supply. The labor obtainable at apple-packing time is unreliable, floating and inefficient. And all these troubles are aggravated by the shortness of the season, and the retention of the fruit, and the necessity of having the apples taken care of before the frosts appear. With all the development of the trade, and the extension of markets, the better, quicker and cheaper transportation, the more active and general demand for our apples, dealers cannot afford to pay any more for the fruit than they did twenty years ago.

It is obvious that, if the trade is to prosper, the growers ought not to stand aloof and throw unselected, faulty work on the buyers. The expenses of the packers, the picking of the apples and the teaming of the barrels can be undertaken by the farmers at far less cost than by the dealers, and all these expenses must in any event come out of the value of the fruit. Growers may combine into associations with excellent results. There is no doubt that this movement is beneficial to the trade. But associations can only cover a

part of the field. Farmers have not suitable opportunities for becoming successful traders. Apple packing requires expert skill; the markets have to be studied; problems of transportation and finance are continually arising that tax all the long acquired and special knowledge of the trader. In exporting other kinds of produce, farmers may be successful for a time, but the experiment usually ends in discouragement. Similarly, in the case of apples, an intermediary trader is required between the growers and the distant salesman and no one can say with any conscience, that this trader is making undue profits.

How to promote co-operation between the growers and the buyers, with the object of minimizing expenses in, doubtless, the most difficult and complicated problem in the apple trade. The extreme cases are where the farmer sells his apples for a lump sum, relieving himself of further responsibility, and the farmer who packs and ships his own fruit. No central solution can be suggested, but surely it ought to be possible in most individual instances to effect by mutual help a considerable saving in the expenses of packing. In any event, a buyer ought to make a far greater difference than he usually does, when buying an orchard for a lump sum.

E. J. MCINTYRE.

THE LOBSTER EXPERIMENT.

The colony of lobsters which recently left Halifax in a special car for Vancouver, to establish a settlement on the Pacific coast and grow a new industry with the western country, have been turned loose to forage for themselves in the wide, blue sea. When the colony reached Vancouver they were met by Dominion Fisheries inspectors and transferred to open crates, in which they were kept in the sea for some time, until they were adapted to get out and hustle for themselves.

In turning them loose all "barred" lobsters, or those spotted with red, were retained in the crates, in order that the progress of their breeding might be noted. The rest were set free at various protected bays up the coast. It is expected that the freed lobsters will hew out homes for themselves in their virgin territory, as they are great travellers, and have been known to journey as far as two hundred miles in search of suitable locations. Fisheries Inspector Taylor reports that the lobsters have done very well since arriving at the Pacific coast, and there is every probability of the transplanting experiment proving a complete success.

THE MOST COMMON CAUSE OF SUFFERING.

Rheumatism causes more pain and misery than any other ailment, and for the reason that it is the most common of all ailments, and it is certainly gratifying to sufferers to know that Chamberlain's Pain Balm will afford relief, and make rest and sleep possible. In many cases the relief from pain, which is at first temporary, has been permanent, when in old people, subject to chronic rheumatism, often brought on by dampness or changes in the weather, a permanent cure cannot be expected; the relief from pain which this liniment affords is alone worth many times its cost. 25 and 50 cent sizes for sale by W. A. WARREN, BRIDGETOWN, N. S. W. WADE AND REAR RIVER DRUG STORE, REAR RIVER.

LIGHTNING'S STRANGE FREAK.

Harrow, Ont., May 18.—During the thunder storm which passed over this vicinity Saturday evening, an infant child of James Heriman was struck by lightning and instantly killed. The family had retired for the night. The mother, father, and two children, a little girl of two years and a little boy of four years, occupy the same room. The children slept in a cot at the side of the parents. The lightning passed clear through the bed in which the parents were sleeping and struck the little girl in the cot. Strange to say the little boy, who was sleeping with his sister, was not injured.

UNCLE JOHN'S PHILOSOPHY.

"Every time somebody does me an ill turn," said Uncle Josh, this morning, "I 'stid o' gettin' sour on th' hull human race I jist appreciate my frien's a little mite more, that's all!"

Don't talk about the thing you can't help. Don't think about it. The only time when it is sensible to think about a difficulty is when you have hopes of remedying it.

NO MORE RHEUMATISM

"FRUIT-A-TIVES" CURED HIM

Christopher D. Graham is a well known citizen of Ottawa—formerly in the City Hall and largely instrumental in forming the Ottawa Hunt Club. Mr. Graham's voluntary testimonial as to the great benefit he received from taking "Fruit-a-tives" will carry conviction.



Ottawa, Ont. Nov. 26th, 1907.

Dear Sirs:—

I have been a sufferer from Rheumatism for a long time—pains in my shoulder and joints practically all the time. I tried various treatments without benefit and then I was recommended by a friend to try "Fruit-a-tives." I took several boxes of the tablets and now, for a long time, I have been entirely free from all rheumatic and rheumatic pains.

I wish to state, also, that I suffered from hemorrhoids, or piles, for years. I used all kinds of ointments and treatments and nothing did me any good, but after taking "Fruit-a-tives" for my rheumatism I immediately cured of these dreadful piles. (Signed) C. D. GRAHAM.

"Fruit-a-tives"—or "Fruit Liver Tablets"—are sold by dealers at 50c a box and for \$2.00 or will be sent on receipt of price. Fruit-a-tives Limited, Ottawa.

SMILE AND WAIT.

One of the hardest, and yet one of the most useful lessons we can ever learn, is to smile and wait after we have done our level best.

It is a finely trained mind that can strike with energy and cheerfulness toward the goal which he cannot see. But he is not a great philosopher who cannot wait, who cannot wait for the secret of smiling and waiting.

A great many people can smile at difficulties who cannot wait, who lack patience, but the man who can both smile and wait, if he has the tenacity of purpose which never turns back, will surely win.

The fact is, large things can only be done by optimism. Little successes are left to pessimistic people who cannot set their teeth, clench their fists and smile at hardships or misfortunes and patiently wait.

"Smile and wait"—there are whole volumes in this sentence. It is so much easier for most people to work than to wait.

BAD ATTACK OF DYSENTERY CURED.

"An honored citizen of this town was suffering from a severe attack of dysentery. He told a friend if he could obtain a bottle of Chamberlain's Colic, Cholera and Diarrhoea Remedy, he would feel better. He was told that I kept it in stock and he sent for it. He took it and was promptly cured."—W. A. WARREN, BRIDGETOWN, N. S. W. WADE AND REAR RIVER DRUG STORE, REAR RIVER.

Owing to the steps which are being taken in this and adjoining counties towards the destruction of the brown-tail moth, it is interesting to note that the legislature of Massachusetts has just appropriated the sum of \$300,000 to carry on the warfare in that state against this pest and his brother, the cypress moth. In Nova Scotia the method adopted has been to reward children for gathering the nests of the moths. In Massachusetts a different course has been adopted. There the destruction of the pests is sought to be brought about by the wholesale letting loose of parasites which prey upon this particular form of insect life. About 100,000 insects which are implacable enemies of the moths have already been let loose by the state superintendent of agriculture and he looks for the speedy extermination of the plague of moths.

Toasted codfish is a New England breakfast dish. Cut the salt fish into thin strips and freshen it, but not too much. After drying the strips, put them between the wires of a broiler and toast until they are a light brown. Put them on a hot platter and serve with butter.

Black Watch

Chewing Tobacco

Rich and satisfying.

The big black plug.

2269

LAW TO LESSON EVIL OF CIGARETTE SMOKING AMONG BOYS OF CANADA.

Ottawa, May 20.—The government will take action this session to lessen the evils of cigarette smoking among the youth of Canada. Hon. A. B. Aylesworth has given notice of a government measure providing for an amendment to the criminal code so as to make it an indictable offense punishable by a substantial fine, for any one to sell cigarettes to juveniles under sixteen years of age for their own consumption. It is further provided that any officer of the peace in the possession of boys under sixteen and the boys themselves may be fined to amounts ranging from \$1 to \$5. Furthermore, any dealer selling to youths under sixteen will have his license cancelled.

By making the law a provision of the general criminal code of Canada, it is expected that a more adequate and uniform enforcement of the restriction of the sale of cigarettes to minors will obtain than is now the case under the provincial enforcement of laws passed by the various legislatures which have taken action respecting cigarettes.

BILIOUSNESS AND CONSTIPATION. For years I was troubled with biliousness and constipation, which made life miserable for me. My appetite failed me, I lost my usual force and vitality. I began to feel worse. I do not know where I should have been today had I not tried Chamberlain's Stomach and Liver Tablets. The tablets relieve the ill feeling at once, strengthen the digestive functions, purify the blood, and help the system to do its work naturally. —MRS. ROSA PUTTS, Birmingham, Ala. These tablets are for sale by W. A. WARREN, BRIDGETOWN, N. S. W. WADE AND REAR RIVER DRUG STORE, REAR RIVER.

LIP READING.

Lip-reading is coming more and more to be a resource for the deaf and hard-of-hearing. There are few who cannot be much benefited by it. "Lip-reading Simplified," by Edward B. Stiehle, which has been running serially in "Courage," is now published in pamphlet form; and a friend who is interested in the deaf has paid for a generous number of copies which we have been requested to distribute to those who care to ask for it. Readers may secure the lessons for self-instruction, merely the postal address on a postal card is enough. The lessons constitute a full course for self-instruction.

E. H. LOGAN, Assistant to Editor of "Courage," 156 Fifth Avenue, New York.

Children Enjoy It

"I have used Coltsfoot's Expecto-rant with the greatest satisfaction with my children. It is a wonderful cure for colds and sore throats. I believe it saved the life of my little son, who was very sick from a protracted cold on his lungs." —MRS. ANNIE BRAMBLE, Orangeville, March 15, 1907.

"I am greatly pleased with the good results we got from Coltsfoot's Expecto-rant. I got great comfort with it for my children." —MRS. WALTER HAMMOND, 171 Argyle St., Toronto.

Coltsfoot's Expecto-rant is the greatest home prescription for all throat and chest troubles in the world. No home should be one hour without it. You can have free sample by mailing name to Dr. F. A. Stearns, Ltd., Toronto. All good druggists keep it. Price, 25c. Send for Free Sample To-day.

Field and Garden

... Seeds ...

in Great Variety

Our seeds are especially selected and we sell only what we can recommend

Paris Green and Blue Vitriol for preparing Bordeaux mixture

A full line in best grades of Commercial Fertilizers

Jos I. Foster

2269

Dust is a danger

your home shouldn't endure

The floor that is coated with the glass-like, germ-proof, seamless finish Floorglaze gives will exude practically no dust. That ought to mean much in your home.

Floorglaze costs little—a gallon covers 500 square feet. Anyone can apply it right. It just CAN'T wear off—tho' it does dry hard in a single night.

Floorglaze is so durable, and stands hard wear so well, that it serves perfectly for floors exposed to the weather—balconies, summer houses, verandas, etc.

Most dealers sell Floorglaze. If yours doesn't happen to, tell us his name and receive a Free Book you'll like to read.

Imperial Varnish & Color Company, Limited

OF TORONTO.

"Recommended and Sold by Kariyman."

Fresh New Stock

White Blouse Waists, from 55c to \$2.60

Selling fast

Ladies' and Children's Whitewear and Ribbed Underwear

Wash goods in Prints, Gingham and Lawns.

Hamburgs, Laces, Ribbons, Hosiery and Gloves

George S. Davies.

Union Bank Building.

MINARD'S LINIMENT

RELIEVES NEURALGIA.

The Easter Term.

April to June. This term is a particularly good time to study. Being between seasons there are few outside attractions to divert the mind from lessons.

Our twelve teachers, fifty typewriters, and our finely equipped new college are at your service. This term costs only \$58.50.

Send for our course of study that you may start at once.

Kaulbach & Schurman, PARTIME BUSINESS COLLEGE, HALIFAX, N. S.

MINARD'S LINIMENT

LUMBERMAN'S FRIEND.

"Health Coffee" is really the closest Coffee Imitation ever yet produced. This delectable Coffee Substitute was recently produced by Dr. Shoop of Racine, Wis. Not a grain of real Coffee in it either. Dr. Shoop's Health Coffee is made from pure toasted grain with milk, nuts, etc. Really it works as an expert—we might drink it for Coffee. No. 20 or 30 minutes tedious boiling. "Made in a minute" says the doctor. Sold by J. E. LLOYD.