

## WIFE TOO ILL TO WORK

IN BED MOST OF TIME

Her Health Restored by Lydia E. Pinkham's Vegetable Compound.

Indianapolis, Indiana. — "My health was so poor and my constitution so run down that I could not work. I was thin, pale and weak, weighed but 109 pounds and was in bed most of the time. I began taking Lydia E. Pinkham's Vegetable Compound and five months later I weighed 133 pounds. I do all the housework and washing for eleven and I can truthfully say Lydia E. Pinkham's Vegetable Compound has been a godsend to me for I would have been in my grave today but for it. I would tell all women suffering as I was to try your valuable remedy." — Mrs. W. M. GREEN, 332 S. Addison Street, Indianapolis, Indiana.



There is hardly a neighborhood in this country, wherein some woman has not found health by using this good old-fashioned root and herb remedy.

If there is anything about which you would like special advice, write to the Lydia E. Pinkham Medicine Co., Lynn, Mass.

### Guide-Advocate

Watford, Ont.  
PUBLISHED EVERY FRIDAY  
Subscription \$1.50 per annum in advance. \$2.00 in advance to the United States.

#### ADVERTISING RATES.

YEARLY CONTRACT  
1500 inches 8 cents per inch.  
1000 inches 9 cents per inch.  
500 inches 10 cents per inch.  
Short periods 12 cents per running inch.  
Advertisers will be allowed a change of matter every two weeks. Weekly changes can be had at a slight extra cost. Copy of change must be in printer's hands by Tuesday noon.  
LEGAL ADVERTISING:—First insertion per line, 10 cents; subsequent insertions 5 cents each time per line. Agate measure 14 lines to the inch.  
BUSINESS CARDS—One inch and under, per year \$5.00.  
ADVERTISER CARDS—\$5.00 a year.  
LOCALS—10c per line each insertion. Minimum charge 25 cents.  
Advertisements without specific directions will be inserted till forbid and charged accordingly.

### Guide-Advocate

HARRIS & CO. PROPRIETORS  
WATFORD, OCTOBER 5, 1917

#### NOTE AND COMMENT

Our Canadian cousins will celebrate their Thanksgiving on Monday, October 8th. The brave and enviable deeds that have been accomplished by their sons in battle across the water is certainly some cause for Thanksgiving.—Fort Covington, N. Y., Sun.

The trustees of the Rhodes Scholarship Fund decided to make no appointments to scholarship this year either in the United States or any part of the British Empire. This decision is based on the fact that all Candidates must be men of military age; it would not be in accordance with the spirit of the testator's design for the men responding to the call of patriotism to be penalized.

Canada is only now feeling the hardships of war and it's deplorable that the political situation should be as it is. Whatever else you may do in the coming election be sure and vote for a Patriot. See that the candidate that you vote for is worthy of your support because he has convictions and the courage to stand by them. Make sure that the moral fibre so necessary to true patriotism is not lacking.

#### How's This?

We offer One Hundred Dollars Reward for any case of Catarrh that cannot be cured by Hall's Catarrh Cure.

Hall's Catarrh Cure has been taken by catarrh sufferers for the past thirty-five years and has become known as the most reliable remedy for Catarrh. Hall's Catarrh Cure acts through the Blood of the Mucous surfaces, expelling the Poison from the Blood and healing the diseased portions.

After you have taken Hall's Catarrh Cure for a short time you will see a great improvement in your general health. Start taking Hall's Catarrh Cure at once and get rid of catarrh. Send for testimonials, free.  
F. J. CHENEY & CO., Toledo, Ohio. Sold by all Druggists, 75c.

#### Enlist in the Food Campaign

The campaign that is being carried on by the Women's Auxiliary, Organization of Resources Committee, in co-operation with Hon. W. J. Hanna, Food Controller, is one in which we can all serve. It is not a war campaign, but it is a war-time campaign, a campaign of publicity for the purpose of impressing upon every producer and consumer the urgent necessity of keeping up our food reserve. In this war the food reserves are scarcely less important than our reserves of man-power. We cannot all take personal part in the campaign that is being carried on on the Western front, but we can all do something to sustain that campaign by abstaining from wasteful or unnecessary consumption of the necessities of life. What we conserve is so much stored to feed our fighting men and our Allies for the remainder of the struggle. If we could by mathematical demonstration or prophetic inspiration fix the term the war is to last we might feel less, or perhaps more, anxiety than we now feel in regard to the problem of provisioning the Entente Powers. But on that point we are in the dark. No man can say when this dreadful war will end. Therefore no Canadian patriot can be reckless or even calculating in the matter of drawing upon the food supply. We can simply keep on practising self-denial in regard to appetite. The publicity campaign we speak of ought to be met half way by all loyal Canadians. In recent issues we have inserted very telling advertisements laying before the public some striking facts as to the food situation. Every line of such matter ought to be read, marked and digested by the Canadian public. Every illustration presented in these advertisements ought to be carefully pondered. The public know that there is great need for conserving the food supply, but knowing never amounts to much for some people unless it is accompanied by sensations of pain. The idea of food scarcity sinks deeply and correctly into some minds; into others it goes half way; in others it hardly ripples the surface of their thoughts. In some way or other the need of conserving the food supply must be carried into the innermost recesses of the Canadian mind and move us all in the same way as the call for defence moved our gallant fighters at the front to volunteer for service.

#### The King's Message to Canada

"I learn with the deepest gratification of the effective steps being taken in the Dominion of Canada towards providing those increased supplies of food which are absolutely essential to the defeat of the enemy's devices and to a speedy and successful termination of the war. I have no doubt that the self-sacrifice displayed on the battlefields of France by my heroic troops will find its counterpart in the efforts of those two, at home in the Dominion, are devoting themselves to this work. All those thus loyally engaged contribute in important measure towards assuring victory."—George R.I.

#### But very little Hatred

A young Canadian soldier from Vancouver, who has been two years in France, writes to the Sun: "We are out of the trenches at present after a pretty tough time, the last time in. War is a horrible thing. Nothing but mud and filth and death, but very little hatred between the combatants. It is nothing to see a German wounded in the arm helping a Canadian wounded in the leg back to the rear. Personally, I have never heard of a German killing a wounded man, although it may perhaps have been done in the heat of attack. It is the same with us."

#### Get Ready For The Next War Loan

Every good citizen of Canada whose income exceeds his or her outlay, or who can in any way manage to spare the money, should get ready to subscribe for the next war loan, which it is expected the Finance Minister will announce in November next. The main purpose in the new war loan is to provide additional credits for the British government in Canada, and thereby make it possible for the British authorities to continue their purchases of munitions and other needed supplies from the Dominion. The

method of providing the credits is that as Sir Thomas White receives the money from the subscribers to the war loan he places it in the banks of Canada to the credit of the British Treasury, and the British War Office is thereby at once placed in a position to pay out the money for Canadian-grown or Canadian manufactured products. Unless such credits are provided, we can have no more allied war orders, and the effect upon Canadian agricultural, industrial and commercial interests could not fail to be most disastrous. The larger the extent to which the Canadian people contribute to the success of the new war loan, therefore, the greater will be the assurance of continued prosperity for this country.

As to the security there could be nothing better, seeing that the government war loans have behind them the whole wealth of the Dominion of Canada. As the whole is greater than any of its parts, so a Dominion government bond is pre-

ferable to a security in any single Canadian corporation or enterprise.

#### Alcohol from Chestnuts

Ever since the war began large quantities of grain have had to be used in making alcohol and acetone, needed in the manufacture of high explosives. It has now been found that horse chestnuts provide good substitutes for grain for this purpose, and this autumn the British and French school children, wherever the chestnut tree grows, will gather the horse chestnuts. The gathering will be organized by committees in connection with the schools, and woods and lanes will see bands of young patriots enjoying their "war work" hugely, one may be sure. It will be quite valuable service, for the computation is that every ton of chestnuts will save half a ton of grain.

Corns cripple the feet and make walking a torture, yet sure relief in the shape of Holloway's Corn Cure is within reach of all.

#### Stripes on the Barber Pole

How many of our readers can tell us what the stripes on the barber's pole signify? You see the pole with its stripes and you know there is a barber's shop back of the pole, but here the knowledge of the average person ends. In the early days barbers did the bleeding for the community and surgeons were not as plentiful as they are now. (We hear you say that "some still do the bleeding.") The first thing thought necessary, way down to the time of George Washington's death, was that any patient should be bled. Tap him and take a few ounces of blood from him no matter how weak he might be. When Washington was at his last gasp, the fools bled him. Well, the red stripes on a barbers pole means the red ribbon bandages that barbers bound over the wounds caused by the bleeding of people.

Mothers can easily know when their children are troubled with worms, and they lose no time in applying the best of remedies—Mother Graves' Worm Exterminators.

# Redpath SUGAR



"Redpath" stands for sugar quality that is the result of modern equipment and methods, backed by 60 years experience and a determination to produce nothing unworthy of the name "REDPATH".

"Let Redpath Sweeten it."

2 and 5 lb. Cartons—  
10, 20, 50 and 100 lb. Bags. Made in one grade only—the highest!



## The Ford Saves the Hay and Oats the Horses Eat

FIVE acres of land are required to maintain one horse for a year, according to the U. S. Department of Agriculture. The same five acres would produce nearly enough food for two people. If 40,000 farmers each replaced one horse with a Ford, 200,000 acres would be added to the Nation's source of food supply and enough extra food made available to feed 400,000 people—sufficient to feed Canada's entire army at the front.

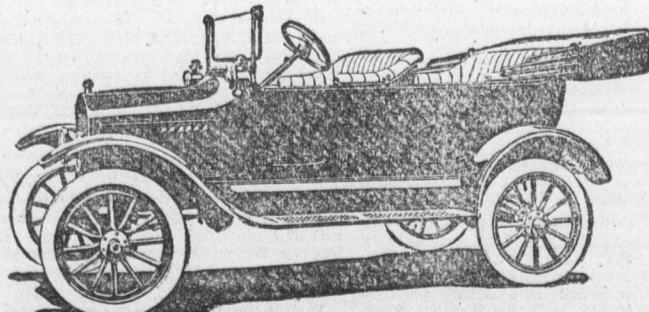
Just think what a great service this means to the country at the present time and the benefit to the farmers from the sale of the food produced on this acreage.

A Ford car also saves the farmer a week or more of valuable time each year, which can be used for further productive work. The Ford travels three times as fast as a horse and rig—costs less to run and keep, and is far easier to take care of. With labor so scarce and high priced, time means money, so do not delay in getting your Ford.

# Ford

Runabout - \$475  
Touring - \$495  
Coupelet - \$695  
Sedan - \$890

F. O. B. FORD, ONT.



RAY MORNINGSTAR - Dealer - WATFORD

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Pure cane granulated sweetening

10, 20 and 50 lb. bags  
Order by mail

NOTE

IN HOUSE most popular room, Dining Room, aim to supply us show you short notice.

Agents

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