

Children Cry for Fletcher's

# CASTORIA

The Kind You Have Always Bought, and which has been in use for over 30 years, has borne the signature of and has been made under his personal supervision since its infancy. Allow no one to deceive you in this. All Counterfeits, Imitations and "Just-as-good" are but experiments that trifle with and endanger the health of Infants and Children—Experience against Experiment.

## What is CASTORIA

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is Pleasant. It contains neither Opium, Morphine nor other Narcotic substance. Its age is its guarantee. It destroys Worms and allays Feverishness. It cures Diarrhoea and Wind Colic. It relieves Teething Troubles, cures Constipation and Flatulency. It assimilates the Food, regulates the Stomach and Bowels, giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

GENUINE CASTORIA ALWAYS

Bears the Signature of

*Chas. H. Fletcher.*

The Kind You Have Always Bought

In Use For Over 30 Years

THE CENTAUR COMPANY, 77 MURRAY STREET, NEW YORK CITY.

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WE HAVE IT FROM

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DOORS, VACUUM WASHERS, NEW PERFECTION

OIL STOVES and VACUUM CLEANERS

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<p><b>MASON &amp; RISCH</b> PIANOS, GRAM-APONES, STRING INSTRUMENTS, MUSIC BOOKS, SHEET MUSIC, EDISON RECORDS</p>	<p>Our aim is to keep the latest and most popular goods in our line, and carry the FINEST ASSORTMENT of all lines of FURNITURE for <b>Parlor, Dining Room, Bedroom, Library or Kitchen.</b>  Comfort, Elegance, Durability and Value are features that our goods are noted for.  No Big Profits to Pay Here  Our prices are as low as consistent with reliable goods. Let us show you the new patterns.</p>	<p><b>NEW &amp; SECOND HAND SEWING MACHINES</b>  REPAIRS FOR STRING INSTRUMENTS  <b>THE NEW CURTAIN STRETCHER</b></p>
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### COTTAGE CHEESE.

How It May Be Easily and Quickly Made in the Home.

When one understands the possibilities of sour milk on the farm, where it may be used in satisfying quantity, the secret of many healthful and appetizing dishes will be solved. In the form of "cottage cheese" many delicious desserts and side dishes will give a pleasing variety to the daily bill of fare.

Plain cottage cheese "without the trimmings" is well worth considering. It may also be made to serve as the foundation for various other dishes. To serve it at its best there are two points to keep in mind. The sour milk, or "clabber," should never be allowed to reach boiling point in separating the curd from the whey, and care in draining the curd is equally important.

When the sour milk first forms a smooth "clabber" and before it has had time to separate is the best time for starting the cheese. Set the pan

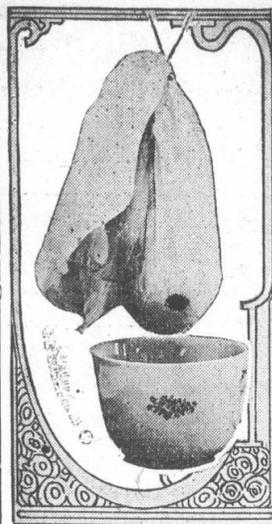


Photo by American Press Association.

#### MAKING COTTAGE CHEESE

on the stove and let it simply "come to a scald," but do not on any account allow it to reach boiling point or the cheese will be tough and hard.

At the first sign of scalding, when the curd and whey begin to separate, pour the cheese in a bag and hang it away to drain without squeezing the bag.

Careful draining is very important. When allowed to drain too long it will toughen, and when the bag is squeezed to hasten the process the cheese will lose its lightness and creaminess.

The best plan for draining is to suspend the bag over a bar. When made in large quantities for marketing the big draining bag may be suspended from a broom handle laid across two chair backs, with a big bowl or pan on the floor to catch the drippings. As soon as the whey has drained off and while the cheese is still soft and creamy turn it from the bag, beat it up with a little sweet cream or milk, season with salt to taste, and it is then ready for serving as plain cottage cheese.

With the addition of a variety of flavorings it may be served in many appetizing ways. When mixed with sweet custard it gives the bulk to various pies and cheese cake desserts. In almost any form it is one of the most healthful of food products.

#### Snug White Skirts.

The softest materials are being used for white undershirts. The overshirts are so narrow that the white skirt of necessity must be as sheer as possible.

The more expensive skirts are slashed to a depth of six inches in the flounce to assure ease in walking. Beading is used to head the flounces, which are being worn this season. Beading, too, is worn to edge the skirt itself.

One and three-quarter yards is the width for the fashionable skirt, but they are also being made two yards wide.

New materials, such as Oxford cloth and cotton rep, are used, and in addition soft finished piques.

When these cotton goods are used it is advisable not to use under flounces. Buttonhole scalloping and fancy hem-stitching make admirable edgings for these skirts.

#### Fly Net For Baby's Crib.

A fly net made of bobbinet or Brussels net is useful. Buy two yards of net a yard and a half wide and either bind the edges with blue or pink wash ribbon, machine stitched or feather stitched on or else turn a hem and run it with blue or pink mercerized cotton threads.

At each corner fasten a weighted ball of silk to match the binding or thread. A small piece of silk gathered about a wad of cotton makes a weight

that is heavy enough to keep the net from blowing away. It is to be thrown over carriage or crib to keep away flies or mosquitoes.

#### Collar and Cuff Sets.

Sets of collar and cuffs with belt to match are extremely good-looking accessories to trim up the linen frock. They are fashioned from linen, with polka dots embroidered in various bright colors. The belt carries out the same design and fastens with a pearl buckle. Sets of embroidered net collar and cuffs are very effective on silk frocks, and the narrow plaited silk adds that truly feminine touch which many fastidious women demand.

#### The Trajectory of a Thing.

The trajectory of a thing is the path of a bullet or anything else passing through the air from the gun to the place where it strikes. Generally the word is applied only to bullets and cannon balls. In shooting at an object near at hand you aim point blank, because the bullet practically reaches the target before it falls at all, but when you fire at a distant object you must aim above it, so that the bullet may have room to fall and yet hit the object. The desire of every marksman is to get a trajectory as flat as possible, so that the bullet shall have no need of falling very far. A flat trajectory is obtained by increasing the speed of the bullets, by diminishing their size and increasing the powder charge.

#### The Gentle Art of Making Enemies.

Pierre Loti's book on the Balkan war does not represent the first occasion on which he has spoken his mind in regard to a campaign. But whereas neither England nor the United States ever bore him malice for his criticism on the South African war and the Philippine campaign, respectively, he has received innumerable insulting and threatening letters from Italians for his strictures on the war in Tripoli. In fact, for some months he was in the habit of throwing away unopened all letters bearing Italian postmarks. — London Globe.

#### Japan's Great Bronze Bell.

In the temple of Chionin, at Kyoto, Japan, is a wonderful bronze bell, said to weigh 100 tons, and when its yellow boom is heard the pedestrian stands still, and the workman pauses to listen, the vibrations being felt over a large area. It has no tongue, but the end of a wooden beam, suspended horizontally in a platform, swings forcibly against the brazen mass. There are only two larger bells in the world, that of Mindon Min, in Burma, and one at Moscow.

#### Recovered.

Brown—I met White a few minutes ago on his way downtown to recover his son's body.

Green—You don't tell me! Was his son drowned?

Brown—Oh, no! But his father said he needed a new suit of clothes.

#### The Meek.

"You should try to be a little less assertive, my dear. Remember, 'the meek shall inherit the earth.'"

"Oh, yes; I dare say they will—when the others have done with it." —London Opinion.

#### A Good Rule.

When thou wishest to give thyself delight think of the excellences of those who live with thee—for instance, of the energy of one, the modesty of another, the liberal kindness of a third. —Marcus Aurelius.

A PLEASANT PURGATIVE.—Parmelee's Vegetable Pills are so compounded as to operate on both the stomach and the bowels, so that they act along the whole alimentary and excretory passages. They are not drastic in their work, but mildly purgative, and the pleasure of taking them is only equalled by the gratifying effect they produce. Compounded only of vegetable substances the curative qualities of which were fully tested, they afford relief without chance of injury. m

#### Items From Report of Minister of Agriculture

At least 95 per cent. of the O. A. C. students return to the farm.

Over 50 apary demonstrations were held throughout the Province.

The Fruit Experiment Farm at Jordan is making good progress.

The big stock shows at Guelph and Ottawa have shown great advances.

Financial assistance was given to 18 local horse shows and 37 local poultry shows.

An area of 150 acres has been added to the Ontario Agricultural College lands.

Ninety-nine orchards entered the orchard competition conducted by the Department.

There are 725 branches of the Women's Institutes, with more than 22,000 members.

MAKES BREATHING EASY. The constriction of the air passage and the struggle for breath, too familiar evidence of asthmatic trouble, cannot daunt Dr. J. D. Kellogg's Asthma Remedy. This is the famous remedy which is known far and wide for its complete effectiveness even under very severe conditions. It is no untried, experimental preparation, but one with many years of strong service behind it. Buy it from your nearest dealer. m

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Veterinary Surgeon,

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### Voters' List—1913.

Municipality of the Village of Watford, County of Lambton.  
NOTICE is hereby given that I have transmitted or delivered to the persons mentioned in section 9 of "The Ontario Voters' List Act," the copies required by said sections to be so transmitted or delivered of the list, made pursuant to said act, of all persons appearing by the last revised assessment roll of the said Municipality to be entitled to vote in the said Municipality at elections for members of the Legislative Assembly and at Municipal Elections, and that said list was first posted up at my office at Watford on the 16th day of July, 1912, and remains there for inspection, and I hereby call upon all voters to take immediate proceedings to have any errors or omissions corrected according to law. Dated at Watford this 18th day of July, A. D., 1912.  
W. S. FULLER,  
Clerk of Watford.