THE VICTORIA WEEKLY COLONIST FRIDAY, SEPTEMBER 19 1890

UCAL AND PRUVINCIAL.

LUCAL AND PROVINCIAL. affrat also is a vory fellow, and the War-cliby, will be unde available so as to make and to be particularly the establishment the most complete on the particularly moroing to fail in his relates that go to make material, there should be little doubt as to onsequence very wroth.

tronge of Admiral Hotham and s, who have hindly permitted the success astractions. It is not be entertain-by the occasion of a very fashiou-hy the occasion of a very fashiou-

andam of the resterday afternoon bro he scaling fleet into port; a bean Belle, Capt. H. F. Si th 481 skins. In

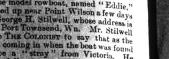
Note: The states and states an

ever claim me as a pup w about boxing I picked ine by hard experi

mplished

ation. I belong nud have copied no special I slow sfight according t ment I have always con wary that a young une an acco

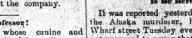
trains as well as muscle



ONIST, September 18.

From THE DAILY COL

LOCAL AND PROVINCIAL.







tos art out just as 1 did 13 richis way up to the top se Lexpect the young fell

er disgast, if may seem a little bold to say, irantee to teach any well put-low of ordinary intelligence the toxing in half an hour, so that is to continue on without furthe us and become a clever boxer if

oper time and attention t I don't mean by this to make fessional or ring general in that But simply to give him sufficient

disgast,

LIVAN UN BOXT

CETHE ART.

ION REVEALS SE

Letter from the

athority on Fistic Sien ts Tanght in an Hou al-Why Stopl

JOHN L. SULLIVAN. road-minded, liberal phy at there is no better exe than boxing. By good, active, frier es a week is bette es a week i the worll. It gives a strength, activity. skin and a good dig ods are full of the of the manly art of self-ie innocent youth believe ult to become a go d is really it isvery simple number of pretention and in England on I dly tire or confuse the a horoughly at the start t couraged and gives up

THIS APPEARANCE IN TR. Ler by close observat

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the manly art. A good be nad c.s.d-headed, quick to d p eception, always able to at all stages of the game. what he's doing, ev. whe I generally box with my waist up, extending scree Perhaps at times my uody sidom lean back. Of cour

uds upon whom I am fig cantrales. So with hold with some me, you can ado and others will require a l young man finils he can do e dusa. If on the other hand him, all right-which ever is

Learn how to stop a flow be tracitiver one. Two noviess weight and knowledge will ge m.r. difficult to avoid a punc

The first thing a "profe papil is to stand in position. him how to turn his toes out we many incluss apart, and vince the young man that h it n is rally the only con-world. Now I consider the



with the car his you . withmheat bl wand The blog away que tiy. t ave seen on av time we se jihp, and Idat a life as jampugist iz ... jampugiot o xogo or posicon Weard Astras biolog.

I true one next lead , row it off wi