Delicate Children

There is nothing that will build up frail, sickly children like

Vinol

The Well-Known Cod Liver and Iron Tonic — Without Oil

You can just see them gain. *Money returned if it fails* Get it at leading drug stores.

CHESTER KENT & CO., WINDSOR, ONT.
THE ARTHUR SALES CO., TORONTO.

The Health Bath

For the future welfare of Canada the children must be kept healthy now. Protect them from the germs and microbes of disease by using Lifebuoy Soap.

For the bath—nothing equals the healing, cleansing free-lathering vegetable oils in

LIFEBUOY HEALTH SOAP

and the antiseptic agents disinfect the bruises, scratches, etc. that might otherwise be a source of danger. A Lifebuoy soap bath sends the children to bed glowing with health and happy cleanliness.

The carbolic odour in Lifebuoy is a sign of its protective qualities—quickly vanishing after use.

Lever Brothers Limited, Toronto, Ont. 6

DON'T DESPAIR

If you are troubled with pains or aches; feel tired; have headache, indigestion, insomnia; painful passage of urine, you will find relief in

GOLD MEDAL HAARLEM OIL CAPSULES

The world's standard remedy for kidney, liver, bladder and uric acid troubles and National Remedy of Holland since 1696. All druggists, 50c. a box. Guaranteed.

Look for the name Gold Medal on every box and accept no imitation

Men, When in Chicago Come and See for Yourselves

The Dr. Lorenz Electro Body Battery is the greatest invention for debility the world has ever known. No drugs, no medicines, no dieting, no unusual demands of any sort; just cease all dissipation and this invention will do the work. It sends a stream of vital life into your nerves, organs and blood during the time you are asleep.

For the treatment of rheumatism, weak back, nervousness, stomach, liver and kidney disorders, it is incomparable. Dr. Lorenz's Dry Cell Storage Battery is a high grade battery, requires no charging with vinegar or acids, is 300 per cent easier applied, gives 400 per cent greater service, and is sold at a lower price without added cost for fancy books.

Write today for free illustrated factory price list.

A. O. LORENZ ELECTRIC WORKS, 2240 Lincoln Avenue. Chicago, Ill.

"PEMETINE" for PYORRHEA

Sore and Inflamed conditions of the gums are usually the fore-runner of that dread disease—Pyorrhea. Most people over thirty have it in some form. If not checked pus-pockets form in the gums and Rheumatism, Neuritis, Bright's Disease, Stomach Disorders or Heart Troubles are often the result—sometimes even loss of life.

"PEMETINE" destroys Pyorrhea germs and pus. It rapidly relieves and corrects Sore, Spongy, Bleeding, Receding, or Discolored Gums, and Loose Teeth become tight.

"PEMETINE" is the best preventative of Pyorrhea or diseased gums. By far the best Mouth Wash. Keep it handy and use it daily. It saves teeth, and protects your health.

Druggists everywhere. Price 75c bottle.

THE PEMETINE COMPANY INC.
NEW YORK CITY LONDON, CAN.

Western Ontario Women's Activities

Address News For This Column to the Editor of Woman's Page.

The Middlemiss branch of the Women's Institute held its January meeting at the home of Mrs. J. A. McDonald, twelve members being present. Roll-call was answered by helpful hints. It was decided to send $15 to the I. O. D. E. for the children's hospital in London, and $15 to the Armenian fund. In December the society sent $20 to the Red Cross, to be used to buy comforts for the sick soldiers; $20 to the Strathroy Hospital, and $15 to the Navy League, and 42 pairs of socks and one sweater to the soldiers at Byron. This used up all the money the society had on hand for patriotic purposes. The February meeting will be held at the home of Mrs. D. Johnson.

SOCIAL AND PERSONAL

Owing to the epidemic, the Home Club at the Y. W. C. A. has been cancelled for Sunday afternoon next.

Mrs. Wilfrid Mara (nee Mabel MacRobert) will receive for the first time since her marriage at her home, 486½ Queen's avenue, on Tuesday, February 17.

Mr. and Mrs. Barrons announce the engagement of their son, Raymond Chauncey Barrows, to Miss Anna Hart of Wilton Grove, the wedding to take place this month.

IMPORTANT NOTICE

Owing to the increased cost of GRANITE, MARBLE, BRONZE and all other material to be used in erection of Woodland Mausoleum (on which building operations will be started this spring), the subscription price of crypts has been advanced, and will be again advanced before building is completed.

Price compares favorably with ground burial, taking into consideration monument and markers.

Anyone interested in this great project and advanced thought, please write or phone.

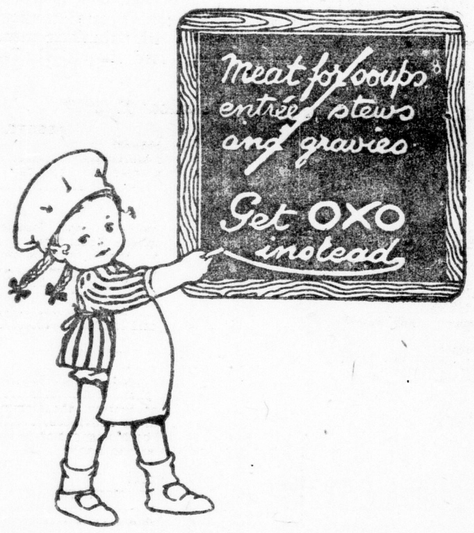
The London Mausoleum Company, Ltd.
314-315 ROYAL BANK BUILDING.
Phone 6780. James H. Stewart, Manager.

BIGGER CROPS from BETTER SEEDS

SOLD BY LEADING MERCHANTS THROUGHOUT CANADA

Write for New Illustrated Catalog

STEELE, BRIGGS SEED COMPANY LIMITED
"CANADAS GREATEST SEED HOUSE"
HAMILTON - TORONTO - WINNIPEG



A happy thought

It *is* a happy thought to help out your meat with Oxo Cubes. They save the meat and save the money, too.

With a few simple ingredients and one or two Oxo Cubes scores of nourishing dishes can be provided without going to the expense of meat.

Oxo Cubes increase nutrition, hence making other foods go farther—they save fuel—lighten work—improve cooking—and make for better health and well-being all round.

A daily cup of Oxo can be made in a minute with an Oxo Cube and is a splendid health safeguard. It keeps the warmth IN and the cold OUT, and gives extra strength to ward off colds and influenza.

OXO CUBES

The little money-time-and-trouble-savers

Tins of 4 Cubes - 10c. 50 Cubes - $1.25
10 Cubes - 25c. 100 Cubes - $2.25

The Canada Trust Company's Eighteenth Annual Report

The financial statement, published on page three, reflects the prosperity and growth of the Canada Trust Company.

The profits for the year slightly exceed those of 1918, although Dominion, Provincial and other taxes were over $7,000 greater than for the previous year.

The reserve fund was augmented by $25,000, thus increasing it to $625,000—equal to 62½ per cent of the paid-up capital of $1,000,000.

The greater portion of the company's assets is composed of first mortgage securities, which increased in volume in a gratifying manner during 1919.

At the new year, a Toronto branch was opened in the Canada Trust Building at 14 King street east. The company reports that prospects for future business are quite encouraging.

A bond department has been established at this branch for the purpose of buying and selling high-grade bonds of government and municipal issues. Mr. J. Ross Mitchell, formerly with the Dominion Securities Corporation, is manager of this department.

The services of a corporate executor are, each year, finding greater favor with "thinking men," who not only provide for their loved ones' future, but who also choose a permanent, experienced, impartial trust company to fulfil their wishes and to properly manage their estates.

The following directors have been elected for the ensuing year: T. G. Meredith, K.C., president; F. R. Eccles, M.D., LL.D., and George T. Brown, vice-presidents, and Messrs. George H. Belton, H. S. Blackburn, Hume Blake, I. Campbell, K.C., John Cowan, K.C., Hume Cronyn, H. E. Gates, A. H. M. Graydon, N. R. Howden, F. E. Leonard, Hon. F. G. Macdiarmid, J. B. McKillop, R. O. McCulloch, Philip Pocock.

The Huron & Erie Statement Has Unique Features

Year of Expansion Reflected in the 56th Annual Report Published on Page Three.

A particular feature is the increase in currency or Canadian debentures. This corporation has always been very successful in securing funds in this country, but the fact that its Canadian debenture business was raised from $5,215,130 to $6,326,129—an increase of $1,110,999—under conditions which prevailed in the investment market during 1919, will be regarded as remarkable in financial circles.

Further, an increase of over $949,000 in savings deposits is worthy of special mention.

The reserve fund was strengthened to the extent of $200,000—the paid-up capital and reserve now amounting to $6,000,000.

Assets were increased during the year from $18,207,750 to $20,435,520—a gain of $2,227,770—the greatest in the corporation's history.

The Huron & Erie is steadily extending its business. A third London branch was opened to the public in August last. A Toronto branch, under the capable management of J. M. McWhinney, opened for business in the Canada Trust Building at 14 King street east, on January 2. A new branch is shortly to be established in Chatham, and in Winnipeg, where the two companies have outgrown their present offices. The Huron & Erie will soon share with the Canada Trust Company the commodious ground floor offices in the Northern Crown Bank Building, which was recently purchased by the Huron & Erie Mortgage Corporation.

The directors for the year are: T. G. Meredith, K.C., president; Hume Cronyn, first vice-president; F. E. Leonard, second vice-president, and Messrs. George T. Brown, F. R. Eccles, M.D., LL.D., Robert Fox, H. E. Gates, A. H. M. Graydon, Philip Pocock.

APPLES LIVE LONG IN CHILLY CELLAR

Care in Packing Essential To Save Fruit From Inroads of Decay.

ROCHESTER, N. Y., Feb. 11.—The best way to keep apples is not to use them. Someone has liberated the foregoing facetious remark as a short, effective method for making the apple supply last. However, it is not satisfactory; the apples are likely to decay. It is something of a problem for the majority of householders to keep winter apples. The average consumer in the city pays no more attention to keeping his apple supply than he does potatoes, although as a matter of fact, apples when properly cared for are much better late in the season if attention is given

As everyone knows who has tried it, even sound winter apples if left in a warm room or in a cellar near a furnace soon lose flavor and decay. The result is that many householders lay in no apple supply, but depend on buying in small lots from the store, paying, of course, the long price. As a rule, too, apples obtained from stores in midwinter are inferior. Ordinarily apples can be readily obtained in lots of a few bushels from growers early in the season at a price much under what they are retailed at later on.

Here is the recipe, and while there are many others, this ranks as one of the best and simplest. Get good, sound apples. That is the first necessity. No apple will keep long that has begun to show signs of decay. Get apples that have not ripened beyond the normal point for the season, for as a matter of fact, as any storage man will explain, once an apple begins to ripen chemical processes are set up that cannot be readily checked.

How To Care for Fruit.

Handle the apples carefully. Some people handle apples as they would potatoes and then wonder the fruit does not keep; handle apples as you would eggs and be particular that there is no bruising.

Provide barrels in which to put the apples, or boxes will do. Now lay a rather thick course of paper, newspapers are excellent, in the bottom of the barrel or box, letting the papers extend up the side. Put in a course of apples, one tier deep, and no deeper. Arrange around carefully. Do not drop them into the barrel, put them in carefully; an apple bruised is an apple ready to rot.

Put a course of papers over this tier of apples precisely as was put over the bottom of the barrel, although it need not be so thick. Three or four thicknesses are sufficient. Let the paper extend up the side of the barrel as described in starting the bottom. Put on another tier of apples, repeating paper course and apple tiers until the barrel or box, as the case may be, is within two inches of the top. Then mat down a mass of papers tightly over the top. Lay the barrel head on to hold them firm or any weight that will cover the top. It is a good plan to throw a piece of burlap or bagging over the top as the final touch. That completes the process of packing.

The next important thing is temperature. About every house nowadays has a fruit cellar. It makes a good place to store the packed apples. Never put them in the part of the cellar heated by the furnace. The fruit will ripen prematurely, rot and there will be only the trouble for the pains.

It is apparent from the description of the method that the object is first to pack the apples away from the air. The closer they are kept from the air the better and then to keep them cool. If the fruit cellar can be kept down to 24 Fahrenheit through the winter the apples will remain firm, crisp, retain their flavor and there will be very little rot. Regulate the temperature by opening or closing the outside window, keeping them from freezing by a narrow margin.

When the warm days of early spring come be careful to keep the window entirely closed and hold the cold of winter which has penetrated the cellar walls and the floor as long as possible. In using only open one tier at a time. Always keep the papers packed tightly over the top tier and the barrel covered. Apples have been kept in this way for a year in almost perfect condition. There is little skill in it all.

About all that is necessary are the apples, the barrels, the papers, enough ambition to pack the fruit and a trifle of care in keeping the fruit cellar or storage place as near as practicable to the proper temperature.

For Colds, Grip or Influenza

and as a Preventive, take LAXATIVE BROMO QUININE Tablets. Look for E. W. GROVE'S signature on the box. 30c. 22tf

New Versions in Ladies' Silk Dresses

Fine Navy Serge Dresses and Coats For Spring Now Showing - - - - Second Floor

Several groups of most interesting models have just been opened on the second floor that surely usher in the spirit of spring. Especially smart are the silk dresses, featuring new lines in tunic effects—short sleeves, semi-blouse; others are in combination with crepe georgettes. Fine navy serge dresses for ladies and misses, showing the new embroidered effects. Some styles have side pleatings in skirts, others have a trimming of buttons extending from the shoulder to the waist line, and many other new features comprise these new spring creations. Ladies' coats that are distinctive so that they stand out even when placed alongside of what are ordinarily considered good looking coats. Such new materials as Heather Mixed Jerseys, Tinseltone, Velours, Donegal Tweeds and Covert Cloths comprise the materials of this group.

New Models in Silk Dresses For Misses and Small Women

Styles in Semi-Blouse, Elbow and Three-Quarter Sleeves.

Misses' Dresses of Good Quality Taffeta, short sleeves, semi-blouse with vest, sash girdle, tying in front, peplum at back; skirt with patch pockets, braid trimming on pockets and collar; colors, navy, brown and black. Price $37.50

Misses' Dress of Taffeta and Georgette; waist with kimono sleeves, round neck, closing at back; skirt shows yoke of georgette, attached to waist with sash of georgette; colors, copen, navy and brown. Price $45.00

Small Women's Dresses of Taffeta; waist with long sleeves, pleated frill of silk, finishing collar and vest, sash girdle tying at back; skirt gathered at belt; colors, black, navy, grey and sand. Price $35.00

Misses' Dress of Copen Taffeta; round neck finished with pleated frill, three-quarter sleeves, girdle with pleated ruffle; skirt on tunic style, shows turned-back hem with pleated ruffle of silk; a very smart model. Price $50.00

Misses' Dress of Soft Satin, in copen; round neck, daintily embroidered with blue and tinsel, georgette sleeves, side closing; skirt shows three deep frills, waistline finished with tinsel cord girdle. Price $55.00

Serge Dresses

Very Smart Serge Dress, navy; one-pece round neck, short sleeves, cuff and blouse embroidered in grey; skirt shows pleated sides with embroidered design to match waist, narrow sash girdle. Price $57.00

Misses' Dress of Fine Serge; waist in blouse style with vest, long sleeves; skirt and vest embroidered in black and gold tinsel cord girdle finishing waistline. Price $49.00

Misses' Dress of fine Navy Serge; round neck, long sleeves, trimming shows one-sided effect, self-covered buttons extending from shoulder to waist on one side, handsome design of embroidery outlined with beads, girdle of beads finish waist. Price $57.00

Ladies' Dress of Navy Serge; round neck, long sleeves; skirt shows overskirt at back, embroidered design in black and gold finishing neck, belt and front of skirt. Price... $55.00

First Showing of Spring Coats

Materials shown are Donegal Tweed, Heather Jerseys, Tinseltone Velour and Coverts.

Donegal Tweeds for general utility, two good styles with pleated back, narrow belt and patch pockets. Price $25.00

Sport Coat in Heather Jersey, set-in or Raglan sleeve, belted, patch pockets, half lined; colors, grey, green and blue. Prices ..... $59.00 and $60.00

Misses' Coat of Tinseltone Velour, pleated back, patch pockets, narrow leather belt, half lined with silk. Price $90.00

Lady's Coat of Copen Tinseltone Velour, full satin lined, pleated back, belted, slashed pockets. Price $98.00

You Will Be Well Repaid For a Visit to the Silk and Dress Goods Section

Spring importations are coming into stock almost every day—already these sections are crowding, with the newest, such as Mallinson's Printed Radium Silk de Luxe in the patterns that are exclusive in London, designs are shown such as you no doubt have read about, i.e., Batik or Hindu hand-dipped, Queen Anne period, Entanglement, also Crepe de Chine in the French sensational design, "Shell Burst," Gold and Embroidered Georgettes. Fine Wool Dress Goods from England and France, Armures, Poplins in new spring colors, also Tricotine and Silk and Wool Mixed Poplins.

See these displays today.

FEBRUARY FURNITURE SALE
10 to 50 Per Cent Off.

Cortese Orchestra — Restaurant, at Noon Luncheon, 12 to 2.

SMALLMAN & INGRAM LIMITED

FEBRUARY VICTOR RECORDS NOW ON SALE.

Grill Service, Restaurant—Planked Steaks, etc.

COMMANDER OF REDS THREATENS TO FIRE ON BRITISH SHIPS

CONSTANTINOPLE, Feb. 13.—Gen. Uborevitch, the 28-year-old Bolshevik commander at Odessa, has threatened to open fire on the British warships there within three days if they remain in the harbor, according to a message received here from Rear Admiral N. A. McCully, commanding the United States naval forces operating in Russian waters.

The message was sent after the American officer had conferred with Gen. Uborevitch, who expressed surprise that the British had fired on his troops.

Gen. Oborevitch, the message reports, said he understood that the British had made a treaty with the Bolshevik Government. He declared merchant ships would be welcome at Odessa for commercial purposes.

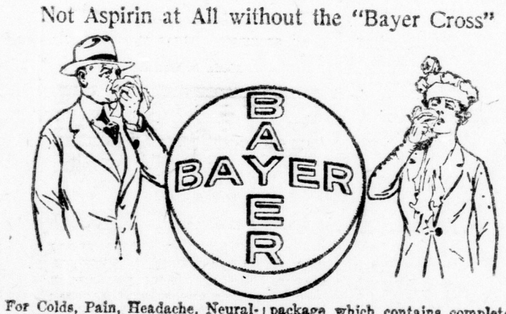
The general stated that he suppressed looting immediately upon his arrival, and had molested nobody but spies and thieves.

INAUGURATE NEW SERVICE.

London, Feb. 13.—The Canadian Pacific Ocean Steamships Company inaugurated a new service between England and Canada by the dispatch of the steamer Melita from Tilbury yesterday on her first regular passenger voyage. Since she was built in 1917 the Melita has been employed as a transport and conveyed hosts of Canadians across the Atlantic. No second- class passengers will be carried in the new service.

ONLY TABLETS MARKED "BAYER" ARE ASPIRIN

Not Aspirin at All without the "Bayer Cross"



For Colds, Pain, Headache, Neuralgia, Toothache, Earache, and for Rheumatism, Lumbago, Sciatica, Neuritis, take Aspirin marked with the name "Bayer" or you are not taking Aspirin at all.

Accept only "Bayer Tablets of Aspirin" in an unbroken "Bayer" package which contains complete directions. Then you are getting real Aspirin—the genuine Aspirin prescribed by physicians for over nineteen years. Now made in Canada.

Handy tin boxes containing 12 tablets cost but a few cents. Druggists also sell larger "Bayer" packages.

There is only one Aspirin—"Bayer"—You must say "Bayer"

Aspirin is the trade mark (registered in Canada) of Bayer Manufacture of Monoaceticacidester of Salicylicacid. While it is well known that Aspirin means Bayer manufacture, to assist the public against imitations, the Tablets of Bayer Company will be stamped with their general trade mark, the "Bayer Cross."

Every Day in the Week

Toronto-Vancouver
(Both Ways)

Commencing SUNDAY, OCTOBER 5th, leaving

TORONTO (UNION STATION)
9.15 P.M.
DAILY
MOST MODERN EQUIPMENT

Standard Sleeping, Dining, Tourist and Colonist Cars. First-class Day Coaches. Parlor Car through the Rockies.

Sunday, Monday, Wednesday, Friday
Canadian National all the way.
Tuesday, Thursday, Saturday
Via G.T.R., North Bay, Cochrane and Canadian National.

Further information from Canadian National Ticket Agents, or GENERAL PASSENGER DEPARTMENT, TORONTO

Canadian National Railways