CONSTANT PAIN AFTER EATING

The Tortures of Dyspepsia Corrected by "Fruit-a-tives"

ST. MARTIN'S, N.B.

"For two years, I suffered tortures from *Severe Dyspepsia*. I had constant pains after eating; pains down the sides and back; and horrible bitter stuff often came up in my mouth.

I tried doctors, but they did not help me. But as soon as I started taking '*Fruit-a-tives*', I began to improve and this medicine, made of fruit juices, relieved me when everything else failed."

MRS. HUDSON MARSHBANK.

50c. a box, 6 for $2.50, trial size 25c. At all dealers or sent postpaid by Fruit-a-tives Limited, Ottawa.

White Ribbon News.

Woman's Christian Temperance Union first organized in 1874.

AIM.—The protection of the home, the abolition of the liquor traffic and the triumph of Christ's Golden Rule in custom and in law.

MOTTO—For God and Home and Native Land.

BADGE—A knot of White Ribbon.

WATCHWORD—Agitate, educate, organize.

OFFICERS OF WOLFVILLE UNION.

President—Mrs. B. O. Davidson.
1st Vice President—Mrs. G. W. Miller
2nd Vice President—Mrs. McKenna
Recording Sec'y—Mrs. Ernest Redden
Cor. Secretary—Mrs. W. O. Taylor
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Parlor Meetings—Mrs. Young
Labrador Work—Mrs. Fielding.
Red Cross and Lumbermen—Mrs. J. W. Vaughn.
Press and Willard Hall—Mrs. M. P. Freeman.
White Ribbon Bulletin—Mrs. Hutchinson.
Temperance in Sabbath-scobols—Mr. C. A. Patriquin.

Let us not therefore judge one another any more, but judge this rather, that no man put a stumbling block or an occasion to fall in his brother's way.—RM. 14: 31.

Business meeting of the W. C. T. U. the last Friday of every month.

Soap Wrapper Appeal From Toronto.

The past year has been one of intense anxiety and continual strain and yet, one with much cause for joy and thankfulness because of the great amount of success attained.

Our Travellers' Aids at the several stations have found the year full of opportunities for service, to which they have cheerfully and promptly responded.

Many a tired and perplexed mother with her family of little ones has blessed the W.C.T.U. woman in uniform who came to her assistance during the tedious hours of waiting between trains and helped to replenish their stock of food.

Then the many aged and infirm ones compelled by stress of circumstances to travel alone, were also made comfortable and their nervousness overcome, as they were kindly and patiently helped on their journey.

Scores of young girls, troubled and perplexed, having wrong addresses or none at all, were carefully looked after, and when unable to be correctly located, were sent to Willard Hall until their friends were found.

Sick and injured women coming off the trains were given 'First Aid,' and when necessary taken to hospitals, and their friends communicated with.

A large number of children without escorts and sometimes without tickets or money, were placed in charge of reliable persons travelling in the same direction.

Evil-minded, designing persons were in many cases discovered, and their plans thwarted, and numberless young, innocent girls saved from ruin and misery by the timely intervention of our Travellers' Aid.

Feeling sure that you approve of the action taken in these and similar instances, and that you value the help given these needy ones, we appeal to you to show your appreciation by using Surprise Soap, and sending our agent, Mrs. M. P. Freeman, the wrappers, for which the Company gives us a percentage, thus making it possible, financially, to carry on this important work.

We sincerely thank all those who have in the past helped us in this way, and earnestly hope for their continued support.

Our appeal is from women to women for women, and is international and non-sectarian, and if generously responded to, will bring untold good results. The wrappers should be sent to Mrs. M. P. Freeman, Gaspereau avenue.

We cannot serve God and mammon, but we can serve God with mammon.

The long look within ourselves will cure us of a lot of impatience with other folks.

The more you pray the less you will gossip. Prayer is a great cure for a loose tongue.

This is a lost world to be saved and not simply an ignorant world to be educated

The body might as soon thrive in a fevor. as the soul prosper when burning with contention and strife.

Cause of Early Old Age

The celebrated Dr. Michenhoff, an authority on early old age, says that it is "caused by poisons generated in the intestine." When your stomach digests food properly it is absorbed without forming poisonous matter. Poisons bring on early old age and premature death. 15 to 30 drops of "Edgett's Syrup" after meals makes your digestion sound. 10

Too Much.

The other day they were doing a big business at the local recruiting office. A vacant looking youth strolled up to one of the civilian officials.

'Name?' said the latter.

'Herbert Jones.'

'Age?'

The preliminaries were scribbled, the poor man was flung to a doctor.

'Undress,' said the medical officer.

The man undressed and stood shivering in an icy wind that came through the open door.

'Now, then,' said the doctor, 'hop around the room.'

The man hopped and nearly broke his neck in the attempt.

'Rotten!' said the doctor. 'Rotten! Now double up your knees and touch the floor with your hands!'

The applicant attempted to carry out the order, lost his balance and collapsed.

'H'm.' said the doctor, enigmatically. 'Now run around the room as fast as ever you can; I want to test your heart.'

'No; I'm hanged if I will,' said the youth, determinedly. 'I've changed my mind; I'll remain single.'

'Single?' said the doctor.

'Yes,' said the youth, 'single. They didn't tell me I had to go through all this nonsense in order to get a marriage certificate.'

PILES Do not suffer another day with Itching, Bleeding, or Protruding Piles. No surgical operation required. Dr. Chase's Ointment will relieve you at once and as certainly cure you. 60c. a box; all dealers, or Edmanson, Bates & Co., Limited, Toronto. Sample box free if you mention this paper and enclose 2c. stamp to pay postage.

Why He Trimbled.

A half platoon of soldiers belonging to a certain Irish regiment was getting ready for a night raid, which, as everybody out there knows, is a peculiarly ticklish and nerve-wracking operation.

A seasoned sergeant of the original 'old contemptibles' noticed a young soldier, fresh from home, painfully and visibly affected by the nearness of the coming fight. His face was pale, his teeth chattered, and his knees now and then smote each other. It was sheer nervousness but the horrified sergeant thought it was downright funk.

'O'Vaughey', he whispered, 'Is it thrimblin' ye are fer yer own dirty skin?'

'N-no, sargint,' replied O'Vaughey, making a brave attempt to still his shaking limbs and perpetuate a joke at the same time. 'Oi'm trimblin' for the inimy. They don't know O'Vaughey's here!'

Don't Be Dyspeptic.

The dyspeptic has thought only of the stomach when the real source of trouble is in the Liver, Kidneys and Bowels. Dr. Chase's Kidney Liver Pills thoroughly cleanse and purify the digestive and excretory system and in this way put the organs of digestion into splendid working condition. A little patient urging on of these organs when sluggish will restore the habit of healthful digestion.

One of the methods of communicating from one officer to another in the trenches is to give the message to one of the privates and tell him to 'pass the word along' the lines until it reaches its destination, viz., the officer at the other end. The following story will show how a serious message can be distorted on its journey from mouth to mouth:

Lieut. A., in charge of one end of the British line, told the private in front to 'pass the word along' to Lieut. B. 'We are going to advance. Can you send us reinforcement?'

When Lieut. B. received the message it was like this: 'We are going to a dance. Can you send us three and fourpence?'

CASTORIA

For Infants and Children

In Use For Over 30 Years

Always bears the Signature of Chas. H. Fletcher

Two Irishmen were on a dump barge. One day the waves ran high near shore. The tug's old towing cable parted. The barge rolled into the trough of the sea and the two Irishmen were washed overboard. One swam to the shore and after a short rest was about to start back toward the other man who was still wrestling with the waves.

said Pat, 'and now O'm goin' baca to save Moike.'

'I'm going to buy some candy with my penny,' lisped a little two-year-old girl.

'I'm not,' said her brother, who is not quite six years old. 'I'm going to save mine and buy another Thrift stamp.'

'Well, I want some candy,' argued the girl.

'Aw, go ahead and buy your candy,' replied her brother, 'but I'm going to save mine and buy a Thrift stamp 'cause daddy said that will help lick the kaiser, and he says if he ain't licked there won't be any candy.'

Grocer—'Yes, I want a smart young man, to be partly outdoors and partly behind the counter.'

Applicant—'Then what happens to me when the door slams?'

Children Cry
FOR FLETCHER'S
CASTORIA

She (to her returned soldier)—'you've been making love to those French girls.'

He—'Why do you think that?

She—'Because you've improved so.'

TOMORROW'S MAN

What is done in childhood days to enrich the blood and build up rugged health often makes or breaks the man of tomorrow. The growing youth, with nervous energy overwrought, needs constant care and

SCOTT'S EMULSION

to help maintain strength and vitality equal to withstanding the dual strain of growth and wear and tear of the body. The reputation of *Scott's* is based upon its abundant nourishing qualities and its ability to build up strength.

Scott & Bowne, Toronto, Ont. 15-6

Peace and Palestine.

An infant's welfare bureau has been established already in Jerusalem! Mothers are given all the medical care needed, baby clinics are well organized, health visitors are being appointed and kitchens that provide food for babies and the poor are being opened. The nurses are natives of Jerusalem who need thorough training, but it is confidently predicted that the rate of infant mortality will quickly drop.

All large centres throughout Palestine have excellent government hospitals and during the months since General Allenby's triumphal entry into Jerusalem many thousands of natives throughout the country have gone of their own free will to these centres and asked for vaccination. The disinfecting plants distributed with a lavish hand by the Government have effected a wonderful decrease in typhus and relapsing fever cases.

The supply of fresh pure mountain water with which Jerusalem is now blessed is the close of what at one time seemed a hopeless undertaking and was given up by a band of earnest workers who laboured for nine years with the Turkish government to secure the right to supply pure water to the city. General Allenby's civil engineers discovered a group of mountain springs which yielded 14,000 gallons per hour. This was pumped a hilltop and then handed over to gravity and allowed to run to Jerusalem through a line of pipe. All hospitals were supplied and the insanitary cisterns were cleaned and then filled from the pipes. These cisterns were the only water supply known and have been in use since before the time of Christ. They were always filled from the winter rainfall and were most objectionable. Their total capacity was between 60,000 and 70,000 gallons.

It is a matter of but a few months before aeroplanes and tractor ploughs, electric trains and machinery driven by electricity, 'wireless' news service, 'movies' and those great disturbers of ancient civilization, sanitation and hygiene, will take complete possession of Palestine after 400 years misrule under the unspeakable Turk.

Just Paragraphs.

Facts are not stubborn things. It's the man who won't recognize them that is stubborn.

It isn't what others think about you that brings the worry wrinkles; its what you know about yourself.

You've got to leaven your work with some planning and thought. A fireless cooker doesn't do the business until heat is applied.

Wealth does not come by the diligent saving, but by the most diligent producing. Men and nations who pinch the pennies hardest are never the richest.

When a man is satisfied with conditions as he finds them, he might as well call in the undertaker, for the jig's up with him.

A Builder of Health.

Nothing can be of greater assistance in building up the system than Dr. Chase's Nerve Food, for this food-cure forms new, rich blood, and nourishes and restores the feeble, wasted nerve cells. Gradually and naturally the body and mind regain vigor and energy, and you feel again the joy of living which comes only to people in good health.

A Kingston, Ont., despatch says:—'In the German territory occupied by the allies. Hun orchestras in the cafes, restaurants and hotels are now playing Rule Britain, God Save the King and The Maple Leaf. They play them at the command of Canadian and British officers in their territory, who keep them going at it night and day in Cologne and other German centres. Lieut. Col. Stewart, son of Postmaster Stewart, writes to say that they go at their new scores without any apparent objections.'

Children Cry
FOR FLETCHER'S
CASTORIA

'It is a wise young man who uses his dad's stumbling blocks as stepping stones to success on the farm.

'What did you do before the war, Bill?'

'Well, I used to be able to recall it a year ago; but I'm blowed if I can remember now.'

Children Cry
FOR FLETCHER'S
CASTORIA

Did your rich uncle remember you in his will?'

'Not personally, but he endowed a home for the indigent. I fancy he expected me to collect my share that way.'

Minard's Liniment Cures Diptheria

Dead Letters.

Writers of letters who do not put a return address on their envelopes either printed or written, may be interested in knowing that in the United States last year 14,451,053 pieces of mail and 562,199 parcel post packages were sent to the dead letter office. Warnings are constantly issued that a plain and correct address is necessary to ensure delivery, yet thousands every day neglect this precaution even when sending money, cheques, drafts, stamps, or other enclosures of value. The United States Post Office Department last year dealt with 19,000 registered letters so badly addressed that delivery was impossible. Of the unregistered letters which found their way to the dead letter office 131,148 contained money and 131,165 carried drafts, cheques or money orders representing $4,000,720

The business of the post office increased largely during the war, but there was a greater growth of carelessness, for mail matter improperly addressed increased by nearly a million pieces as compared with the year before. There is a constant increase in the use of envelopes containing printed or written return addresses, but they still form a small portion of all the letters mailed. A study of the figures should at least make more people careful to write addresses fully and legibly.

Protective Coloring.

The vivid and beautiful markings of the butterfly's wings are often a puzzle to those who would find in the coloring of animals a means to low visibility. The butterfly, thanks to his gorgeous splendor, is a most conspicuous object, especially from above, whence chiefly danger would come in the way of insect eating birds.

The butterfly's illuminated wing seems to be designated for the attraction of mates, and have developed through this potent principle despite the dangerous prominence they give the insect, who uses other means to counteract it. When flying the butterfly takes a peculiarly zigzag path, which, as submarine circuit chasers know, is a proper means for eluding danger. A butterfly in flight is a difficult object to strike, notwithstanding the slow rate of locomotion.

When the butterfly is at rest, it folds its wings over its back, so that only the drab, protectively colored lower surface is visible. In this posture the insect is of very low prominence from any angle.

The moth, unlike the butterfly, flies at night. Obviously, the bright coloring would be to no purpose in attracting mates. The moth is garbed in dull tints, which render it inconspicuous during the day, its period of rest. There is no need of hiding the upper surface of its wings; so a convenient means to distinguish moths from butterflies is the fact that the latter, when at rest, fold their wings above their backs, as stated, while the former spread their wings out flat.—N. Y. World.

It Has Kick.

A moderate drinker, so called, said he liked alcohol because of the 'kick it has.' Yes, it is true, very true. Alcohol has a kick. It has kicked many a man from the sacred call of the ministry; it has kicked many a man off judicial bench; it has kicked many of the finest physicians out of the profession; it has kicked bankers' college professors, splendid business men and the best men in every walk of life, down and out and made them outcasts and wanderers.

Its kick is always downward and the poor fellow who has been kicked out of his position, kicked out of society, homeless and friendless, wanders into a saloon to beg a drink that he may feel once more the 'kick' of alcohol, gets a kick from the saloon keeper that lands him in the gutter and from the gutter he is practically kicked into a nameless grave in the potter's field. Yes, it is true, very true, alcohol has a kick.

Are You Equipped To Win Success?

Here is your opportunity to insure against embarrassing errors in spelling, pronunciation and poor choice of words. Know the meaning of puzzling war terms. Increase your efficiency, which results in power and success.

WEBSTER'S NEW INTERNATIONAL DICTIONARY is an all-knowing teacher, a universal question answerer, made to meet your needs. It is in daily use by hundreds of thousands of successful men and women the world over. 400,000 Words, 2700 Pages. 6000 Illustrations. 12,000 Biographical Entries. 30,000 Geographical Subjects.

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REGULAR and INDIA PAPER Editions. WRITE for Specimen Pages. FREE Pocket Maps if you name this paper.

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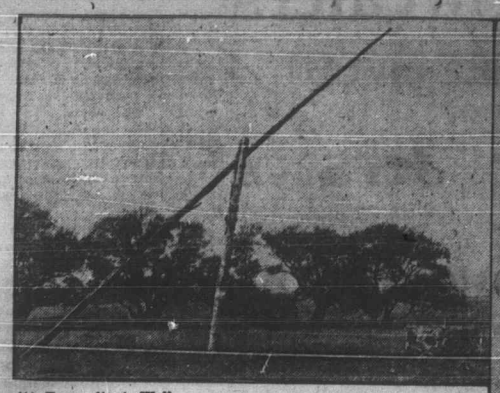
Evangeline Returns to Grand Pre



(1) Evangeline's Well.
(2) Philippe Hebert's Statue of Evangeline.

WHAT lover of poetry has not dreamed of visiting the places made immortal in song? And what song has roused this longing more intensely than the story of the gentle Acadians and their Great Banishment? Many have realized this ambition for Nova Scotia is easy to reach and each succeeding summer sees more hundreds making the pilgrimage to

"The Acadian land, on the shores of the Basin of Minas,
Distant, secluded, still, the little village of Grand Pre."

There they find the meadows, dikes and orchards of which Longfellow sang, and they try to retrace the action of the poem by using as a guide the still remaining well which the poet described as

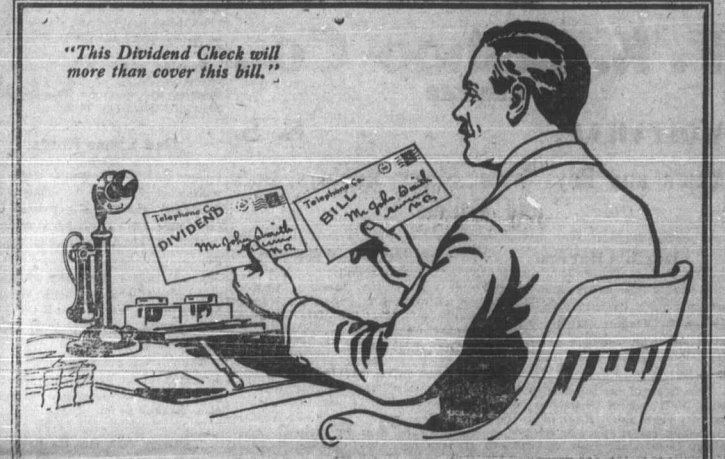
"Farther down, on the slope of the hill, was the well with its moss-grown
Bucket, fastened with iron, and near it a trough for the horses."

The piece of ground at Grand Pre on which is the well of Evangeline, together with the old willows, has been bought by the Canadian Pacific for the purpose of preserving it for posterity.

Before he died last year, Philippe Hebert, the greatest of French-Canadian sculptors, was engaged on a statue representing Evangeline leaving the land of her childhood and looking back in sorrow.

Philippe Hebert was himself an Acadian and, although a perfectly happy exile in Montreal, entered into the spirit of the poem as no other sculptor could. The model of his statue has been purchased by the Canadian Pacific who have commissioned Philippe's son, Henri Hebert, also a distinguished sculptor, to complete it, life size in bronze to be erected beside the famous well.

Thus will be added one more attraction to a land full of attractions for artists, devotees of romance and matter-of-fact sportsmen. The artists find an inexhaustible supply of subjects ranging from misty-mile long vistas of apple blossoms to uncouth but picturesque fisherfolk; the romantically inclined find a land of legends and sleepy beauty; the sportsmen find fishing and hunting such as is seldom equalled and never excelled.



The Universality of the Telephone

THE loyal citizen backs up home institutions. There is probably no public utility in which the best interests of Nova Scotia are bound up as they are in the telephone. It serves well-nigh universally; it should be supported likewise.

Today, one person in every twenty-two in this province actually pays for a telephone. Soon it will be one in ten.

Every telephone subscriber owes it to himself and his community to be a telephone stockholder, to share in the prosperity of this company and to have a voice in its management and operation, thus making it a huge cooperative enterprise.

As an investment for the Nova Scotian, it is unexcelled because its plant and operation are always under his eye, so that he can intimately observe them from day to day.

7% Preferred Stock. Shares $10 each.
Earnings stabilized by legislation.

MARITIME TELEGRAPH & TELEPHONE CO., Ltd.
Halifax, N. S.

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Repairing of Boots and Shoes of all Kinds

Has resumed business at the old stand in his new building.

Orders Solicited and Carefully Executed.

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WOLFVILLE.

Victory Bonds

BOUGHT AND SOLD.

Also Public Utility and and Municipal issues.

Office in room formerly occupied by John W. Wallace, Esq., on Main St. opposite Baptist church.

'Why, what are you going back into the water for, Pat?' inquired a bystander.

'Why, Oi had to save meself first,'

Special to Clergymen.—Morning Chronicle for only $1.00 a year. H. P. Davidson, The Magazine Man, 'Phone 5.

HUTCHINSON'S

Livery and Automobile Service

WOLFVILLE, N. S.

Teams or Autos always ready for a drive through the Evangeline Land.
Teams at all trains and boats.
Weddings carefully attended to by Auto or team.
Give us a call. Telephone 58.

T. E. HUTCHINSON, - Proprietor

NOTICE

The Furniture Business and Undertaking Establishment which has been conducted by the late Avard J. Woodman will be continued as heretofore.

Estate of Avard J. Woodman

SELINA WOODMAN, Administratrix.
OTTO FOSHAY, Administrator.

Advertising in "The Acadian" always brings results. Try it in 1919.

Four Good Lessons to Remember

First—Once your kidneys are affected, chronic complaints are sure to follow—if you don't remove the cause immediately.

Second—You can't neglect kidney or bladder derangements and stay healthy. Putting off will never cure. You must assist Nature.

Third—The symptoms of kidney or bladder trouble—the commonest symptoms—are: Pains in the back and sides, swollen joints, painful urination, brick dust deposits, and constant headaches or dizziness.

Fourth—The sure and safe remedy for all afflictions caused by weak or deranged kidneys is Gin Pills.

Gin Pills have been the means of restoring thousands of chronic sufferers to health and strength again. If you suffer from kidney or bladder troubles—use Gin Pills. They seldom fail to bring relief.

Read what Gin Pills did for Mr. James Stackhouse, of Toronto. Mr. Stackhouse became convinced that he was in for an attack of Kidney trouble. Although subjected to X-ray treatment, the cause could not be located. Finally he was forced to leave his work and go to a hospital. His place was filled by another, as he never expected to go to work again.

Five boxes of Gin Pills put him on his feet again, and to-day he is physically fit again and ready for work.

Sold everywhere for 50c a box. A free sample on request by writing to The National Drug & Chemical Co. of Canada, Limited, Toronto, Ontario. U. S. residents should address Na-Dru-Co., Inc., 505 Main St., Buffalo, N.Y. 179

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Carefully Screened and Promptly Delivered.

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Trains Leave Bridgewater:

6:00 Accom. daily except Sunday for Halifax and intermediate stations.

15:20 Accom. Tuesdays, Thursdays and Saturday for Liverpool and intermediate stations.

7:35 Accom. daily except Sunday for Middleton and intermediate stations.

10.15 Accom. daily except Sunday for Mahone Jct. and Lunenburg.

12.15 Accom. daily except Sunday for Yarmouth and intermediate stations.

15.40 Accom. daily except Sunday for Halifax and intermediate stations.

17.00 Accom. daily except Sunday for New Germany, Caledonia and intermediate stations.

17.20 Accom. daily except Sunday and Wednesday for Mahone Jct. and Lunenburg.

21.30 Accom. Wednesday only for Mahone Jct. and Lunenburg.

Connection at Middleton on Wednesday for Port Wade.

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Minard's Liniment Cures Colds.