

### OUT-OF-TOWN GROCERS AND WHOLESALERS!

We are Specializing in the Following Xmas Goods:  
ORANGES, BOXED AND BARRELED APPLES, CALIFORNIA EMPEROR GRAPES.  
We solicit a fair share of your business. Satisfaction guaranteed or money refunded. Orders given prompt attention. Write or phone for quotations.  
**UNION FRUIT & PRODUCE, LIMITED**  
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### The Proper Care of Milk

Milk, to keep properly, should never get warmer than 50 degrees Fahrenheit until it is consumed. The lower the temperature the better the milk will keep. Bacteria—such as those which cause milk to sour—develop rapidly and cause little change in milk kept at such low temperatures.  
A slight rise in temperature, even for a short time, permits these bacteria to multiply rapidly and bring about rapid deterioration of the milk, which may render it unfit for ordinary use.  
Don't leave your milk bottles on a hot porch or doorstep. A short exposure in the sun or a warm place hastens the spoiling even of cold bottled milk.  
Have the milkman put milk into the refrigerator. If this is impossible provide in warm weather a box with ice or a bucket of water in a shady place for the milk.  
At any rate have the bottles left in the coolest and shadiest place about your premises.  
Don't leave milk in bottles or vessels in a warm room for a moment longer than is necessary.  
Never pour milk which has been exposed to the air back into a bottle containing other milk. Keep such milk cold and covered in another clean vessel.  
Keep milk bottles either with caps or by placing glasses over them. Keep them covered in the refrigerator and in the kitchen or dining room.  
Never pour milk into a rusted bowl or pitcher. Scald all vessels into which milk is poured for keeping or serving. Cool these utensils after scalding before putting milk into them.  
Before opening a bottle of milk wash and wipe the outside of the cap with water and a clean cloth. The little depression at the top of the bottle collects dust or water, which may act as a germ if it is not removed.  
Clean and scald the refrigerator where milk is stored regularly with hot salt solution. Scald the drip pan as well.  
Even in the cleanest refrigerator never keep milk in an open vessel. Milk absorbs odors easily.  
If there are babies or little children in the home clean, cold, covered milk is absolutely essential.  
Finally, clean empty bottles. Rinse thoroughly with cold water every milk

way she put a smile on her face, but it ill concealed her anxiety. She pointed invitingly to her pails. At the sight of the water a thirsty soldier here and there would break from the ranks, rush to the pails, take the proffered cup, and hastily swallow down the cooling draught. Then returning the cup to the woman, he would rush back again to his place in the ranks. Perhaps a dozen men removed their helmets, and, extracting a sponge from the inside, make signs to the woman to pour water on! It then, replacing the sponge in the helmet, marched on refreshed and rejoicing.

A mounted officer, spying this little oasis, drew rein and gave the order to halt. The troopers, very weary by the long forced march, flung themselves down upon the grass while the officers' horse thrust his nose deep into the pail and greedily sucked the water up. More buckets were being continually brought out. Some of them must surely have been confiscated from their neighbors who had fled. The officer, dismounting, sought to hold converse with his hostess, but even with many signs it proved a failure. They both laughed heartily together, though her mirth I thought a bit forced.

"I do not remember witnessing any finer episode in all the war than enacted in this region where the sky was red with flames from the neighbors' houses, and the lintels red with blood from their veins. A frail little soul with only spiritual weapons, she fought for her hearth against a vengeful host in arms; facing these rough war-strained men, she forced her trembling body to outward calm and graciousness. Her nerve was not unappreciated. Not one soldier returned his cup without a word of thanks and a look of admiration."

"Nor did this pluck go unrewarded. Three months later, passing again through this region as a prisoner, I glimpsed the little cottage still standing in its plot by the flowing river. I want to visit it again after the war. It will always be to me a shrine of the spirit's splendid daring."

### \$35,000 of Ambergris in a Lump.

A prize lump of ambergris secured by the whaling brig Viola is reported by Capt. John A. Cook, of Provincetown, owner of the vessel. The chunk of ambergris taken from a sperm whale captured just south of Cape Hatteras, weighed 121 pounds, and was valued at \$35,000. Each man of a crew of sixteen will have a share in the prize.

Another old whaling barque of the New Bedford fleet returned to port recently after a four years' cruise. This was the Wanderer, built at Mattapoisett in 1878 and still apparently as sound as the day she was launched. The Wanderer had pretty good luck on her return cruise. In all she took \$200 barrels of sperm oil, valued at \$150,000.

Most of this was sent home via the Azores and Barbadoes. Capt. Antoine Edwards, commander of the vessel, figured that an average catch of \$4,000 a year was not so bad these days.

### RELIEF AT LAST

I want to help you if you are suffering from bleeding, itching, blind or protruding Piles. I can tell you how, in your own home and without anyone's assistance, you can apply the best of all treatments.

### PILES TREATED AT HOME

I promise to send you a FREE trial of the new absorption treatment, and references from your own locality if you will but write and ask. I assure you of immediate relief. Send no money, but tell others of this offer. Address:

MRS. M. SUMMERS, Box 8, Windsor, Ont.

### FREE FROM BEETLES.

Spitzbergen is the Only Land in the World Without Them.

One of the most amazing things in natural history is the way in which beetles have triumphed in the struggle for exist. says the Popular Science Monthly. Of all creatures they are by far the most numerous, no few—more than 150,000 distinct species having been identified. These times the number of hatched animals.

Beetles are found practically everywhere—in the front bound tracts of the desert and in the highest mountains, under the ground and as fossils in the deepest strata, on land and in water on plants, among stones and in wood on earth and even in the very cracks of volcanoes.

There is one place where no beetle has yet been found. It is the inhospitable land of Spitzbergen, to the north of Russia. Here are found the walrus, bleda, fish, mullusks, crabs, etc. in large numbers of varied species and many others, but not a single beetle.

While other insects have succeeded in some way in migrating from the mainland, the beetles have apparently been unable to cross the wide, icy waters.

More than 45,000 clerks in England have been replaced by women. While other insects have succeeded in some way in migrating from the mainland, the beetles have apparently been unable to cross the wide, icy

### COURT ETIQUETTE.

Much Needless Ceremony in Olden Times.

Royal personages as well as those members of noble families who have the privilege of attending on them would find the cares connected with their high position considerably increased if the extravagant formalities which attached to court life two or three centuries ago were still in vogue.

Precedence ruled in all things at the Court of Louis IV, at Versailles. Even the king's morning toilette was made in the presence of the courtiers, who were continually arriving. As the king put on his outer garments, these were handed to the courtiers of the highest rank in attendance.

The story is told that, as the king was pulling on his waistcoat one morning, it was handed to him by a courtier; but before the count had passed the garment to the king, a duke came in.

"This mode is necessary for the count to hand the waistcoat at once to the duke, as it would have been against etiquette for a person of lower rank to pass the garment. And as it must be handed with the bare hands, the king had to wait till the duke removed his gloves."  
When this operation was performed, and the duke was about to advance with the royal coat, the door again opened and a royal prince of the young branch of the family entered. This duke, of course, at once presented the waistcoat to a new comer, as he was a higher rank.

But the prince was also gloved; and when he had performed that somewhat tedious operation, the count, having arrived on the scene another prince, who happened to be of the elder branch.

So the unfortunate king had to wait once more, and as the room was cold, it is recorded that he took a violent chill.

At King Louis's dinner, when the cook brought in the meat for the royal plate, he was attended by armed soldiers and preceded by a squad of footmen, "Gentlemen, the King's viands!" Whereupon the company all uncovered, and the sentries around the roast chicken or the royal nutton uttered:

"When the king was about to drink, a chamberlain announced the fact at the top of his voice, and two functionaries, whose duty it was to taste the wine or water in order to prove that it had not been poisoned, stepped forward, poured out a little, and drank it off. Then the king drank."  
The great mass of royal formalities and points of etiquette disappeared with the last century, but the rules of precedence are still very strictly observed in royal courts.—Exchange.

### THANKFUL MOTHERS

Mrs. Willie Theriault, Paquetville, N. B., says: "I am extremely thankful that I tried Baby's Own Tablets for my baby. Through their use my baby thrived wonderfully, and I feel as if I cannot recommend them too highly." Baby's Own Tablets break up colds and simple fevers; cure constipation, colic and indigestion, and make teething easy. In fact, they cure all the minor ills of little ones. They are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams Medicine Co., Brockville, Ont.

### Preserve Eggs Now

The indications are that eggs will be dear next winter, dearer than they were last winter, so those who want eggs had better put some down now, while they are comparatively cheap. Do not use oats, bran, salt or such mediums; moreover, the patent preservatives usually advertised as being simple and effective had better be adopted with caution. Better use something that has been tried and found satisfactory.

According to Dr. Frank T. Shutt, Dominion Chemist, lime water is one of the best preservatives, and we quote the following from his Exhibition Circular No. 45.

The method of preparation is simply to slake one pound good quick lime with a small quantity of water, and then stir the milk of lime so formed into five gallons of water. After the mixture has been kept well stirred for a few hours, it is allowed to settle. The supernatant liquid, which is now "saturated" limewater, is drawn off and poured over the eggs, previously placed in a crock or water-tight barrel.

As exposure to the air tends to precipitate the lime (as carbonate), and thus to weaken the solution, the vessel containing the eggs should be kept covered. The air may be excluded by a covering of sweet oil, or by sacking upon which a paste of lime is spread. If, after a time, there is any noticeable precipitation of the lime, the limewater should be drawn or siphoned off, and replaced with a further quantity newly prepared.

### GENERAL PRECAUTIONS NECESSARY TO TAKE.

It is essential that attention be paid to the following points:

- 1. That perfectly fresh eggs only be used.
- 2. That the eggs should throughout the whole period of preservation be completely immersed.
- 3. Although not necessary to the preservation of the eggs in a saturated condition, a temperature of 40 degrees F. to 45 degrees F. will no doubt material

### CUTICURA HEALS ITCHY SCALP RASH

That Burned and Pained Four Years. Hair Came Out. Loss of Sleep.

"My scalp was red and very itchy, and a fine rash developed which burned and pained incessantly. This seemed to destroy the hair roots, causing my hair to come out, which disfigured the top of my head. It also caused loss of sleep."

"The trouble lasted four years. Then I sent for a free sample of Cuticura Soap and Ointment which encouraged me so I bought more, and I had one cake of Cuticura Soap and one box of Ointment and I was healed." (Signed) John Cunningham, Church St., Antigonish, N.S., April 4, 1917.

Why not make Cuticura your everyday toilet soap and prevent skin troubles? Absolutely nothing better. For Free Sample Each by Mail address: "Cuticura, Dept. A, Boston, U. S. A." Sold everywhere.

lally assist towards retaining good flavor, or rather in arresting that "stale" flavor so often characteristic of packed eggs.

Respecting the addition of salt, it must be stated that our experiments—conducted now throughout fifteen seasons—do not show any benefit to be derived therefrom; indeed, salt frequently imparts a limey flavor to the egg, probably by inducing an interchange of the fluids within and without the egg. Our advice, do not add any salt to the lime-water.

Minard's Liniment Relieves Neuralgia

### WALLOON AND FLEMING.

The report coming from Amsterdam to the effect that the German Government-general of Belgium is to divide that country's Ministries of Agriculture, Industry, Art and Science and Labor into Flemish and Walloon ministries elicited from the United States National Geographic Society the following defining territories in the two districts:

"In point of population the Walloon district of Belgium is considerably smaller than the Flemish, the latest census showing some 3,600,000 Walloons and 4,000,000 Flemings, but in area the Walloons have a slight advantage. The advantage in population grows out of the fact that three of the four cities of the kingdom which boast of more than 100,000 inhabitants—Brussels, Antwerp and Ghent—are in Flemish territory, while Liege alone lies south of the roughly drawn imaginary boundary line running in a southwesterly direction from Aix-la-Chapelle (German, Aachen) to Lille."

"The term Walloons is used to designate those Belgians who speak French or a French dialect, while the Flemings are those who speak Dutch or a Dutch dialect. Designated as provinces, the Walloons are in the main confined to Hainaut, Namur, Liege, Luxembourg and a part of Brabant, comprising an area about five times as large as the State of Rhode Island, while Flemish territory approximates the area of the State of Connecticut."

"In the veins of the Walloons runs a strain of Celtic blood, for they are the descendants of the Belgae of Julius Caesar's day. They exchanged their own language for that of the Latins."

"During the fierce religious conflicts of the sixteenth century the Walloons were a rule sided with the Spaniards and won the epithet of 'The Malcontents.' In fact, they furnished the Catholic monarch with many of his mercenaries during the days when the Duke of Alva, Don John of Austria and Grand Commander Requesens were endeavoring to put down revolt in the Low Countries."

"The Walloons are generally accredited with more vivacity and nervous energy than their Flemish countrymen, and in a country where industry and thrift are universal characteristics a comparison which awards the palm for these virtues to the Walloons is perhaps not odious. Among the lower classes, however, the Flemings are said to excel their brunette counterparts in personal neatness."

"Among the most distinguished Walloon men of letters in the middle ages was the famous chronicler Froissart."

**Walrus of Alaska.**  
The Alaska walrus are enormous. The average one is as big as an ox, and it often weighs more than a ton. A walrus was recently killed by some whalers near Point Barrow, whose head weighed eighty pounds, and skin, including flippers, 500 pounds. That animal had a girth of fourteen feet, and its weight was over 2,000 pounds. The skin was from half an inch to three inches in thickness, and the blubber weighed 500 pounds.

### THE BABY LIONS.

(Sung to the tune of "The Battle Hymn for the Republic.")  
The Lion Cubs are coming from their homes across the sea, For the Mother Lions call them on a trip to Germany; They're going to see the Kaiser, do you think they'll find he'll be glad to see them? When the Baby Lions come?

Chorus: Growling like the distant thunder, German hordes they'll rend asunder, Making them disgorge their plunder, When the Baby Lions come.

Canada responded with a roar across the world, Australia and New Zealand too their battle flags unfurled. India, South Africa, the Islands of the West, They all come marching on.

All the highways of creation see them speeding to the fight, To help the Mother Lion in her battle for the right. The Kaiser and his vandals they will surely see the light, When the Baby Lions come.

They've left their sun kissed deserts and their distant fields of rice, They've left their maple sugar, kangaroos and crops of rice, Quite expensive, but the Prussians will most likely pay the price, When the Baby Lions come.

They are looking very bravely, very strong and very fit, And their souls are filled with burning that the flames of Flanders lit; Kaiser will find he can't chew up When the Baby Lions come.

Yes, the Lion Family's coming, not a member of it wanes, To the rescue of a dainty Belgian maid. And if need be they will pour out every drop within their veins, When the Baby Lions come. —Robert McKendry in Chicago Tribune

Minard's Liniment Cures Burns, Etc.

### QUESTIONS TO ANSWER.

See How Well Posted You Are and Figure Out Your Percentage.

Raymond A. Kent, assistant professor of education and principal of the University high school, gave an examination to the junior and senior classes of the College of Education to test their general knowledge.

Fifty questions were asked, as follows: Name the vice-president of the United States; governor of Minnesota, ruler, with title, of Germany; United States Senators from Minnesota.

Locate Petregrad, Vatican, Coliseum, Parthenon, Golden Horn, Golden Gate. Who was the "Little Corporal?" Played the harp before Saul? Invented the telegraph? Discovered the Pacific Ocean? Wrote nine symphonies? Received the Ten Commandments?

What is the motto of the United States? Is the Triple Entente? Is the blood forcing organ? Is the centre of the nervous system? Is the normal temperature of the body? Is the maximum weight carried by the parcel post?

Who wrote "Captain Courageous"? "Treasure Island"? "The Virginians"? "The Virginian"? "Franklin's Autobiography"? "Paul Revere's Ride"? Complete the following: "Fools rush in"—"It's a long way"—"Give me liberty"—"What is so rare?"

Why are the following famous: Alexander Graham Bell? Father Damien? Florence Nightingale? Fritz Kreisler? Mary Pickford? In what books do the following characters appear: Aladdin? Shyluck? Little Eva? Rowena? Some fell as low as 16 per cent. on the examination, and the general average was not high. The same test was given to high school students, and they fell still lower in percentages earned.

### How to Purify the Blood

"Fifteen to thirty drops of Extract of Roots, commonly called Mother Seigel's Curative Syrup, may be taken in water with meals and at bedtime, for the cure of indigestion, constipation and bad blood. Persistence in this treatment will effect a cure in nearly every case." Get the genuine at druggists.

### GET BACK TO NATURE.

Live the Simple Life and Win Health and Happiness.

The movement to return to nature and simple life is the solution offered to the high cost of living problem, but health and enthusiasm have found it to be the only way of right living or healthful living known to-day. They have adopted it as a safe road to health. They say that a return to nature means good digestion, sound sleep, a clear head, a placid mind, contentment and joy to be alive.

But fast they say, it means getting close to nature—living out of doors as much as possible, working, playing and resting in the open air and, above all, by sleeping in the open air. "Outdoor sleeping is the best life preserver known." It is also going to the garden and orchard for your bill of fare—tomatoes, lettuce, celery, spinach, turnips, beans, corn, peas, melons, berries, apples, peaches, plums and all other fruits and green stuffs untouched by fire.

The real value of adopting the simple life, according to the health experts, lies in the pleasure we find in living it, in its steadiness or without knowing and appreciating its benefits we beth it and fall, but to love health more than appetite and seek it to have health, comfort, efficiency and a long life. "Start the simple life—begin it to-day." Is the motto of this health movement. North Carolina State Board of Health Bulletin.

Couldn't Stand Defeat.  
Dr. Grenfell tells an amusing story of the introduction of football in Labrador, when defeat was considered so undurable a mortification that it had to be mutually agreed beforehand that neither side should win. "We saw," he says, "that unusual spectacle of the side that had been scored against solemnly allowed to walk across the field and kick a goal to save them the feeling of being beaten."

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HELP WANTED.  
WANTED—PROBATIONERS TO train for nurses. Apply, Welland Hospital, St. Catharines, Ont.

MONEY ORDERS.  
WHEN ORDERING GOODS BY MONEY Order, send a Dominion Express Money Order.

FLORIDA LAND.  
FLORIDA ORANGE AND TRUCK land; two winter homes; popular east coast town; very desirable; owner direct. C. H. Stewart, Melbourne, Florida.

MISCELLANEOUS.  
FARMERS WANT BUTTER—GET Reliable churn and recover it all; it churns easier, quicker, sanitary; you will be money ahead to put your own churn out, as well as saving yourself all the hard work. If no dealer in town, order from Reliable Churn Co., 141 King Street East, Toronto.

RAW FURS WANTED—ALSO BEEF hides, tallow, wool, sheepskins, horse hides, calskins; reference, the Bank of Montreal; I have bought furs since 1888; ships me yours. Henry O'Brien, opposite Y.M.C.A., Third Street, Collingwood, Ont.

PATENT YOUR INVENTIONS  
Some simple device you thought of for your own use may be valuable. Booklet of information free. STANLEY LIGHTFOOT, Reg'd Patent Att'y, Lumsden Building, Toronto.

FARMS FOR SALE.  
1500 ACRES—PARTS OF LOTS 25 AND 26, in third concession, township of Halton, County of Northumberland, 2 1/2 miles from Grafton, 9 miles from Cobourg; large brick houses, 10 rooms; large barns and poultry houses; 20 acres in apples, 10 in cherries; two well and cisterns; also running water in pasture; rural mail delivery and telephone; price \$7,500; immediate possession; owner overseas. Douglas Panton, 19 King Street East, Toronto.

A SACRIFICE—4000 ACRES LUMBER, ties and ranch; 2500 acres prime and fruit lands; in Buckley and Lakelse Valleys. Address, Box 738, Prince Rupert, B. C.

65 ACRES, \$4,000—TWELVE MILES from London on a gravel road; two story brick house; bank barn; half a mile to school; two milk cows; great bargain. 15 acres of wheat looking well. Cholo war sand loan. E. A. Pauley, 23 Victor Street, London, Ont.

POULTRY WANTED.  
A A. POULTRY WANTED OF ALL kinds. We pay highest prices. Write for complete price list. Walter, 628 Spadina Ave., Toronto.

WE HAVE THE BEST MARKET IN Western Ontario for good live or dressed poultry. We supply crates and result promptly. Get our prices before selling. C. A. Mann & Co., London, Ont.

Old Time London Ruffians.  
At the beginning of the eighteenth century a number of ruffianly young men of the higher classes—called by Swift "a race of rakes that play the devil about the town every night"—known as "Mohocks," infested London, sallying out drunk in the streets, carrying short clubs loaded with lead at both ends and perpetrating shameful cruelties upon peaceful passersby, wantonly wounding and disfiguring the men and subjecting all alike to atrocious insults. Lecky says that martrons inclosed in barrels were rolled down the steep and stony Snow Hill, and their noses were split. Caps and chairs were overturned on rubbish heaps, and country gentlemen visiting the theaters had to be accompanied by their armed retainers as if in time of war.—Pearson's Weekly.

Minard's Liniment for sale everywhere.  
You're Wealthy.  
Don't worry just because you're poor; if you were rich you'd worry more.—That's certain.

You get your three square meals a day. You couldn't eat more anyway.—That's certain.  
Don't think the fates have been taking their many millions; you'd find 'em complaining.

There's a lot of men with successful means. Who'd like to wear your old blue pants?—"That's straining."

We follow in our working clothes. Can make 'em when the white is worn?—"That's itching."

The boss with dollars to your dime, You bet he's working overtime.—And sweating.

There's them who'd give up every son if they could stand up strong like you—And healthy.

You've got your children and your wife, You're low and happy—so and life.—You're wealthy.

It's all right to forgive and forget, but most of us would rather be forgotten than forgotten.

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Piles, Eczema, Asthma, Catarrh, Pimples, Dyspepsia, Epilepsy, Rheumatism, etc.; Kidney, Blood, Nerve and Bladder Diseases.  
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MORE ENTRIES THAN EVER BEFORE, INCLUDING THE BEST THAT ONTARIO PRODUCES.  
Judging commences 10 a.m. Friday, December 7th. Auction sale of Show Stock 10 a.m. Saturday, December 8th.

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