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What Is An Internal Bath ?
by r. W. beal


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Economy Begins at Home Now-a-days Governments, Chancellors, bankers and to talk economy and another to put it into practice. The Canadian Housewife holds the key to the situation. Real economy may be practised by the
housewife in food purchasing for the home. At very small cost she may obtain the finest cocoa that money can buy - a cocoa unexcelled
as a food drink and unrivalled as a flavoring, that adds extra delight to

## Cowans Cocoa

What Gimpills

Have Done


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