much more ease than Socialism ever

could. There is something intrinsi

cally wrong in a doctrine which

would forcefully strip one class of its

possessions to produce peace in another; there is a ring of justice

in the Church's teaching that all

classes should be respected in their

Her remarkable solution of the

problem of slavery is a signal evidence of her friendliness to the

deals of social liberty and advance

ment, and her ability to attain them without throwing society into con-

vulsions. Her long experience with

numan nature has taught her that

violent changes produce still more violent ones. She has always pre-

realizing that it is not a bad fosterer

of plans for betterment. And the world, weary of the schemes that

have led it so many swift races to the capture of little or nothing, is

coming to appreciate that Rome i not devoid of wisdom.

Recently a clergyman struck this increasingly vibrant note of public

sentiment when, in a letter condem-natory of birth control, he declares

that he "looks forward to the day

when this early protector of civiliza-

tion (the Church) will help all sincere men and women of every

creed and heresy, to realize honestly the high ideal of the sex life," and

expresses the wish that "the ancient voice of Rome cry out to all the world lest we forget." But, though he and many as willing to be fair as

he, admire the Church, they do no

fully comprehend its spirit. While

e concedes that Catholics are righ

in offering themselves as a bulwark

f protection to the natural law, h

disapproves them as disregarders of the social values. Without a dispel-

ing of the economic ills which

of the natural law, in point of births

The Church should raise her voic

or a better distribution of the

omplete observance of the law of

It is unfortunate that this critic

iscerning so much of the truth does not descry a little more According to him, economic theory

yould render observance of the na

ural lawfeasible; according to reason

however, observance of the na tural law would render economic

conscience demand, and labors as much as the needs of his family

to this: should the Church adopt one

Laws must harmoni

with them lest these laws sound

note of lawlessness; likewise, theor

have the Church secure the observ

tice for the workingman and, when

she fails to win over the capitalist

to a sense of fairness, she helps the abused employee, not with cheap

promises of a millennium which

neither he nor anybody else will live

to see, but with as much practical

charity as her means will allow She pilots him through the storms

of life to the real Utopia beyond the

grave. - Edward F. Murphy, in

LIKE THE ATTITUDE OF

CHILDREN WHO ARE

AFRAID

REV. R. W. BOYNTON (UNITARIAN) IN

" It is well to remember that some

our centuries ago your ancestors and mine were Roman Catholic

whatever faults she may have had we should not hurl abuse at our

mother, or applaud that course in others. The Catholic cause may be

going backward in France and Italy,

but it is going forward in German

England and the United States. Thi

fact causes a contagious nervou

dread in many people which breaks

out in angry opposition and misrepre-

who are afraid 'The goblins 'll get you if you don't watch out.'"

"It is like the attitude of children

others.

That is the mother Church, and

BUFFALO COURIER

world's goods, if she wishes to be onsistent with her insistence on the

scribed a rational degree of patie

CHATS WITH YOUNG

THE SECRET OF LIVING

There is an acquaintance of mine who seems to have discovered the secret of living. At any rate, he declares that he enjoys every day. He even goes so far as to say that if he had his life to live over again he would like to have the same kind of life. He is past fifty now and he hopes to go on living for many years. Age apparently has no terrors for him, or

Naturally he is a philosopher The other day I ventured to ask my acquaintance a few personal questions. He was amused when I told hlm that I thought he had discovered the secret of life. "Perhaps I have," he said. "If I have it is very simple. It means having a good time all the time."

"How do you manage?"

He took a few moments to consider the question. "It's an attitude of mind, I think," he replied. "I suppose I was born with a cheerful temperament. But perhaps I could not have kept cheerful if I hadn't given the matter some thought. When I was a youngster I saw that life wasn't an outside thing."

I must have looked puzzled. "Life is wholly a matter of thinking," he went on, speaking with great rapid-ity. He tapped his forehead. "It exists in here

'But the mind," I said, " is influenced by impressions from outside."

"True, but only to the extent we allowed it to be influenced. And the outside influences are not the only ones. There are others far more im portant. They operate from within. He smiled good-humoredly. "Those were the boys that I saw I had to If I could make then friendly they would take care of the outside influences.

In other words," I said, trying to simplify the language for the sake of my own understanding, "you resolved to keep your inner life happy."

He nodded. "That's the secret! he exclaimed. Then he added: "The two principles of my life are to accept the will of God and to get ready for eternity. In view of them all life's troubles shrink into trivial ties, and the end is bright with hope. I am contented because my heart is at peace."-John D. Barry.

OLD MEN IN THE WAR

The British army seems to be run by younger men than is the case of her allies or her foes. With the resignation of Sir John French, who was sixty-three years old, as commander in-chief, to Sir Douglas Haig, fifty four years old, there appears to be only one British commander over sixty holding a position of high responsibility in France. He is General Dodrington, sixty-one years old.

Most of General Haig's immediate colleagues in command are men of about his own years. General Rawlinson is fifty-one, General Plumer fifty-eight, General Pultney fifty-four; Sir Horace Smith-Dorrien, who has been given the command in German East Africa, is fifty-seven.

Sir Ian Hamilton, General Monro's predecessor, was sixty-two—the same age as the new chief of the imperial general staff, Sir James Wolfe Murray.

These figures offer a striking con trast to those for the German higher commands. Those two idols of the German nation, Von Hindenburg and Von Mackensen, are men of sixtyeight and sixty-six, respectively With the exception of Falkenhayn the chief of general staff, who is fifty four, and the Crown Prince of Bavaria and Prussia, who owe their positions to birth rather than ability, there is not a German commander under sixty in a position of the first importance Their ages run: Haeseler, seventy nine; Von der Goltz, seventy two Von Bissing, seventy-one; Von Folk enhausen, seventy-one; Von Kluck sixty-nine; Leopold of Bavaria, sixty nine; Von Bulow, sixty-nine; Von Hasen, sixty-nine; Woyrsch sixty Eichhorn, sixty - seven Emmich, sixty-seven; Moltke, sixty seven; Linsingen, sixty-five; Heer ingten, sixty-five; Scholtz, sixty four; Gallwitz, sixty-three; Einem

Nor can the French army be described as an army of young men so far as the posts of highest honor re concerned. Joffre is sixty-three Hoch is about the same age, and has seen forty-six years' service in the army. Pau is sixty-seven, and Gallieni is one of the veterans of seventy. At the same time it must not be forgotten that the French army has been drastically purged of old generals of doubtful competence and that the same thing is believed to have occurred in the German

Historical precedents are som what startling. Wellington fought his last battle at forty-six, Ney at forty-five. Nelson at forty-seven Alexander the Great was only thirtythree when he died, Napoleon was forty-six at Waterloo and Hannibal the same age when he was finally defeated by Scipio.

THE GUARANTEE

"Just have Henry Green guarante that plan of yours, and then I'll lend you all you need," said a shrewd business man to a young engineer who came, to him with a scheme which needed money and co-opera-tion. "Henry's name is enough for me. I've often banked on it and it

In every town there are men whose name is a guarantee. Faith in such men is justified by experience.

WAITING FOR OPPORTUNITIES

in waiting for favorable opportuni-ties. Many of the good works we Victorian.

intend to do sometime, might better be turned into a serial, and accomplished a chapter at a timebeginning now

THE HAPPY MAN

The happiest man is not selfishly alert of his own happiness, but reoices in the happiness of others.-Catholic Columbian.

OUR BOYS AND GIRLS

GOD'S OWN CHILD

The great piazza of the hotel was ull of gay people. Suddenly in the drive in front appeared a stylish phaeton drawn by two handsome ponies. The driver was a lovely young girl; beside her was an old colored laundress, whose basket of fine clothes reposed at her feet. In a half hour the phaeton and ponies appeared again, but the young girl vas alone. Throwing the reins to the man who came to wait upon her she jumped out of the phaeton and approached the hotel.

Miss Baker, I am surprised," said young gentleman, laughingly. Couldn't you find any one but that old colored woman to take out driv

"I didn't try," she answered merrily "I was too glad to have her. I have not seen her before for five years She was our cook at that time, and good one, I can assure you. I would have known her if I had met her in Egypt, but I met her on the avenue with a basket of clothes so heavy that she fairly tottered under the burden. So I gave her a lift; loculdn't help it, you know" And Gertie Baker's smiling face disappeared within the doorway.

"Just like Gertie Baker!" exclaimed an admiring friend. "She is gentle and courteous to everybody." One of the privileges of nobility,

emarked another.

In a little cabin a mile from the hotel sat an old colored woman The perspiration was running down her cheeks but her eyes gleamed with pride and joy as she talked to her only child, a middle-aged woman whose look told its own sad story.

"Just t'ink, Lindy honey," said, "I was limpin' 'long in de hot sun, my back 'most broke, when who should I see drivin' long but Judge Baker's daughter, Miss Gertie, de lubliest picter I's seed in a good while, her face a-smilin,' an' her blue eyes a-gleamin,' an' her yeller curls a-flyin. Lemme see; she mus' be fo'teen years ole, 'cause she war nine when I left dar; but she's de same dear chile she allus was. When she seed me, she reined up her ponie side ob de curb, an' calls out, 'Howdy do, aunty?' An' den when she foun' out I war lame an' had a mile to walk wid dese hebby clot'es, she axed me to git inside wid her. Almos' tuk my breff away but I got in ; an' I tell ye honey, I didn't git tired comin' home. An' Lindy, Miss Gertie is comin' to see yer, an' bring yer flowahs an' t'ings to eat."

'Flowahs! Did you say flowahs, mmy?" asked Lindy, a look of delight in her tired eyes.

Yes, honey; flowahs an' fruit, an a spring chicken to brile," joyously.
"Oh, mammy, what make 'er so kin' an' good to us ?"

She's God's own chile, honey; de good Lawd's own, bress her !"-Cath-

A BRAVE LITTLE BOY

An English steamship many years ago was ploughing the ocean waves aded for America. On the fourth day of the voyage the sailors found a little boy hiding among the articles of freight in the hold. The boy proved to have neither father, mother or guardian ; ragged but with a look innocence and honesty, he was brought to the pilot. The officer, a nan of very rough 'manner, thus harshly addressed him: "Why did you sneak into this ship?" The boy replied: "My step-father brought me in here and said that he cannot replied : support me any longer and that I

hould go to my aunt in Halifax." The pilot, having been deceived often enough in similar cases believed not a word of the boy's answer, but treated the poor little fellow very roughly. During some days he had different questions put to the boy in order to entrap him in some contradiction, but the boy repeated the same story to everyone. At length the pilot, determining to force the truth from him, grasped him cruelly and said: "If you refuse any longer to tell the truth, I will ng you on the mast of the ship

within ten minutes!" The poor child stood there speech ss while all looked upon him. The pilot, taking out his watch, counted the minutes. One - three - five even—eight minutes had passed: ten the pilot said: "You have two then the pilot said : ore minutes to life therefore tell the truth and save your life." The only answer of the boy was this petition: "Sir, will you allow me to pray?" The pilot gruffly nodded his had a should be saved to be saved to be saved to the saved to be saved his head: whereon the little fellow bending his knees and gazing aloft to heaven, prayed the Our Father, the Hail Mary, and concluded with the words: "O Mary, dearest Mother, take me to Thee ; I am ready to die but I can never tell a lie.

Amidst the tears of the passengers the pilot lifted the little boy in his arms and declared that he would not hurt him. The love of truth had conquered and God had protected His little servant for his honesty. It is needless to say that this little boy moreover gained many friends on board that ship. For everyone likes There is a great deal of time lost to see truth in others, though alas-

THE CHURCH AND SOME SOCIAL PROBLEMS

In the glare of modern social theories, many facts about the Church are being revealed to people who would otherwise have passed through life without knowing or noticing them. A valuable thing about mistakes is that they teach us what not to do to secure the improvement of society. But up to the time a mistake is clearly known and humbly acknowledged to be such, it among its promoters. The Church has been a faithful teacher. Time has been her corroborator, for it has demonstrated that most of our modern fiascos are the outcome of the opposite of her doctrine.
While race enthusiasts have been

shackling conscience and convention placing them on a funeral-pyre, and wildly hurling flaming torches, the Church has towered noble and dignified in the scene, protecting the victim but not assaulting the assailant; receiving abuse for her inter-ference and scorn for her "conservatism," but bearing with them in a manner to inspire their opposites. confident of triumph, certain of her Divine mission. Modern thought is now indirectly admitting the merit and might of its meek opposer, by recognizing its own weakness and arrogance. Thus in the pale light of resent-day panaceas, the face Christ is seen shining through His Church, and the lips which stilled the storm so long ago on the Lake of emn truths that will calm the tem

est of error. In a word, the Church is cham pioning natural rights against the annatural assaults of the day. She succoring the individual by protecting his possession of property against extreme Socialism; she s safeguarding society by throwing her force between the Sixth comnandment and scientific iconoclasts nemies of the processes of nature zealots who would tear decency to shreds and blow the moral law to pieces; the rabid advocates of birth

We never realized just how dia olically society was inclined with out the prop of true Christianity until, a few months ago, it stumbled nto the most hideous scheme of them all; this fashioning of families per scientific directions, to suit taste, convenience and pocket-book. Such a preposterous plan of viciousness, insolent to God, destructive to man. and subversive of the natural law, has at last forced open the eyes of many admirers of "progress" to the real demerits and dangers of up-todate thought. It justly appeals to them that the spirit which could breed such a monster must be an enemy to humanity, and that the Church which has continually condemned such a spirit should be accounted a friend. But a difficulty remains for them; if the Church is nobly protecting the law implanted in man's nature forbidding birth-control, why is she ignobly descanting against Socialism which, by presenting all men with an equitable share in the world's goods, would enable parents to sup port the children which nature give nem? If the Church would have children brought into life, why does she not seek to improve the life into which she would have them brought? So her stand against Socialism is

being quite misunderstood. And the misunderstanding is understandable for the world is indeed so weeded with bitter economic troubles that fundamental rights, which Catholicism vindicates, are quite concealed and forgotten under the rank growth. But the genesis of these problem would not be difficult to trace. The never sprang out of the system of property which the Church espouses. but from the spirit of injustice which the Church decries. If it is com plained that in medieval times, when he Church, preceptor of equity, was regent, poverty also reigned, it may be answered that old Europe, emerge ing from the grimy depths of barba sm, should not have been expected to look utterly ideal; that the was at least sure of his food and odging, and raised his family with out deadly fear of an awaiting wol to snatch it up; and that, if the Continent succeeded in progressing rom savagery to civilization unde ecclesiastical regime, very logically might have ascended from cultur o social perfection had it remained piritually true to the tradition which raised it from the mud Catholicism gave humanity wings modern spirit, locomotives. We have ndeed gone fast without the Church out our traveling has been in a circle eaving us still on earth with th creeping things. Instead of soaring up above our modest little 8,000 miles-in-diameter globe, we have been serenely traveling over its sur face, learning about the things of creation but unlearning the things of creation's God: 'so absorbed in the laws of chemistry and physics as to forget the "law of ourselves." Matter has meant more to us than norals. No wonder that modern life is so intensely earthly, teeming with material questions and con cerns. If men would now take up the thread of religion at the point where a certain rebel friar four centuries ago broke off, they would have something to guide them out of their dis-

ress, social as well as spiritual. The Church sanctions no such appearal as the Socialistic blasting of the natural law of property would effect. For if this right be denied, a lesser is replaced by a greater dis-order. But if the leaven of her teaching is allowed to permeate the

ocial mass, it will work out an SUNDAY OBSERVANCE answer to the question of capital and labor far more satisfactorily and with

Our Roman Catholic fellow-čiti zens are taught this Scripture and Catholic doctrine—that the nord's Day is to be kept by the celebration of the Lord's supper, that it is a definite Christian duty to participate in that celebration and that it is a mortal sin not to fulfil that duty, writes Rev. Chas. Fiske (Episcopal,) in the Evening Sun, Baltimore, Md.

What follows? Why, this follows: That any man who choses shall see thousands upon thousands crowding to Roman Catholic churches on every Sunday morn-ing one congregation followone congregation ing another as the half hours oass, until many successive congregations have been assembled in the same church on the same morning. Contrast this picture with the scene that meets us in one of our own churches on Sunday morning, and how great is the difference!

"Wherein lies the remedy? Let our people understand that church attendance is a duty, not something that depends on the feeling of the

What we need is to learn that public worship is a duty, a duty we have no right to shirk, from which we have no business to excuse our-selves. It becomes a pleasure as we

it is a pleasure and profit or not es not cease. Is it not true that the neglect to perform this duty has led in count ess cases to the drifting into neglect of all duties on the Lord's Day, and then into the neglect of religious duties generally Many of us find much to criticise in

AN EXAMPLE

our Roman Catholic friends. Why

not pattern ourselves after some

People who are afraid of a little Lent, lest it may injure their health should remember what fine health is enjoyed usually by the members o the orders of the Catholic Churchthe Trappist, for example—who lead the most abstemious lives. When St. Patrick was a youth on the hills of Ireland, dairy employed tending flocks, he tells us that he poured out his soul in prayer a hundred times every day, and nearly as often at night. "Nay," he says, even in the woods and mountains I remained, and rose be'ore the dawn to my prayer, inefrost and snow and rain neither did I suffer any injury from it, nor did I yield to any slothful-

obey the sense of duty; but whether And St. Patrick lived to fa

BELLS, PEALS, CHIMES

Recipe to Stop Dandruff

This Home Made Mixture Stops Dandruff and Falling Hair and Aids Its Growth

To a half pint of water add:
 Bay Rum
 1 oz.

 Orlex Compound
 a small box

 Glycerine.
 4 oz.

These are all simple ingredients that These are all simple ingredients that you can buy from any druggist at very little cost, and mix them yourself. Apply to the scalp once a day for two weeks, then once every other week until all the mixture is used. A half pint should be enough to rid the head of dandruff and kill the dandruff germs. It stops the hair from falling out, land relieves itching and scalp diseases.

Although it is not due it seet upon

Although it is not dye, it acts upon the hair roots and will darken streaked, faded, gray hair in ten or fifteen days. It promotes the growth of the hair and makes harsh hair soft and glossy.



The Capital Life Assurance Company

HEAD OFFICE, OTTAWA, CANADA

Balance Sheet, December 31st, 1915

LIABILITIES			ASSETS		
Surplus over all Liabilities and Capital	126,854 1,000 512 1,311 137 8,206 129,080 17,954	00 90 95 05 54 00 38	First Mortgages on Real Estate\$ Government and Municipal Bonds (book values) Cash in Banks and at Head Office	75,600 163,692 16,085 4,263 5,310 1,319 16,507 2,279 \$285,057	52 46 59 20 20 06
Income for 1915			Comparative Results 1915		
Net Premiums \$ Interest Other Income	77,875 11,985 12,830	64	Increase in Net Premium Income	8,325 42,127 45,361 267,000	180
Total Income	102,691 62,068		Insurance in Force		00

President-M. J. O'BRIEN

Vice-Presidents-L. N. POULIN, J. J. LYONS Managing Director—A. E CORRIGAN