

You. Yes you. What are you staring at? You were expecting Pigeons? Well so was I, and they tasted great. Now move it. Get going and start writing for the Focus on Dalhousie page, or you'll go the same way as those pigeons.

# Maturity speaks

A fund-raiser, hosted by the Dalhousie Mature Students Association (DMSA) was held at the Grawood last Saturday and featured the band "No Way Out".

Proceeds from the evening were donated to Byrony House, a home for battered women and their children, and to the Dalhousie Student Union's Children's Christmas Party for underprivileged kids.

Three prizes of \$50.00 each were raffled off to the crowd in attend-

The DMSA, a society at Dalhousie since 1979, has made a strong effort to increase its numbers and role in the Dalhousie community this year. The DMSA participated in a successful wine and cheese hosted by Henson College in October to introduce themselves to Dalhousie.

The DMSA voted to make Byrony House their focal project for the year.

The association is also exploring the possibility of implementing input.

a Mentor System with the Alumni Association to match students with alumni who are presently in careers that students are interested in.

If you have any questions or suggestions please feel free to contact the following people at Room 314 of the SUB, Sherry Thomas, Ian Allen, Neil Mellors, David Kuhn and Steve Nelson. We'd really like to met you!

#### Did you know?

 65 per cent of Dalhousie students are mature or part-time students.

· "mature" does not refer to "old people"

that there is a Mature Students Association on campus to represent the needs of mature and part-time students both on a personal level and on the student council.

· that we have an office in Room 314 of the SUB. Drop by and say hello or leave a message and we'll get back to you.

· that we need you and value your

## **Health to show variety**

by Brenda Smith

Once again the Faculty of Health Professions is holding their annual variety show, "For the Health of It". It will be held on November 22, 7:30 p.m. at the Rebecca Cohn Auditorium.

This year the show promises to be even better, because all eight schools will be performing either skits or fillers. The newest addition is The Maritime School of Social Work. The remaining schools are: Human Communication Disorders, Health Services Administration, Nursing, Pharmacy, Physiotherapy, Occupational Therapy, and Recreation, Physical and Health Education.

Every year each school works very hard to win awards in the categories of: best dance/choreography, most creative/originality, best comedy, best costumes/props, best music/sound and of course the largest honour, the best overall performers. With practices already underway for many schools, this year's show should prove to be very interesting.

mittee invites six prominent perjudge that acts and tabulate the scores.

The purpose for this eleventh annual variety show is to raise money for a charity which receives minimal funding from other sources. This year the Steering Committee has decide to donate the proceeds to the Postoperative Cardiac Rehabilitation Program.

This is a non-profit, community based exercise and education program for people who have had open heart surgery in the Halifax-Dartmouth and surrounding area. This is the only program of its kind for these cardiac patients. The program operates out of the School of Physiotherapy here at Dalhousie and has been in existence since 1981. It has helped hundreds of patients to exercise safely and to make the necessary changes towards a healthier lifestyle.

The program runs on a shoestring budget with its only source of funding coming from donations and fund raising events. The pa- Cardiac Rehabilitation Program.

Each year the Steering Com-tients in the program do an annual fund raising walkathon to raise sonalities from the metro area to money for the purchase of equipment. Any other funds used for the day-to-day running of the program come mainly from patient and community donations. Volunteer help from students at Dalhousie help to keep the costs down, but the program is constantly trying to raise more money to keep going. Anyone wishing to visit or find out more information on this program can contact Elinor O'Carrol, program co-ordinator, at 494-2622.

> Last year "For The Health Of It" raised a substantial amount for Byrony House and they hope to raise even more this year for the Postoperative Cardiac Rehabilitation Program. Tickets are \$4.00 for students and seniors, \$6.00 for nonstudents. Tickets are available at the Rebecca Cohn Box Office, the SUB, Dalplex and at specific times in the Tupper Link. The show is usually a sell-out so be sure to get your tickets early! Hope to see you there supporting "For The Health Of It 90" and the Postoperative

### Outreach support needed

by Kelly Marsh

As a world leader in financial support for developing nations, Canada has fostered a positive impression in the international community.

Responsible for most of the Canadian development projects are the non-governmental organizations (NGO). Groups such as OXFAM and the Dal-Outreach Program are known for their highly talented organizational abilities and their ability to generate funds for the facilitation of overseas as well as local projects.

Crucial to the success of these

projects is "the essential need for conjunction with the CCIC will be government funding," says Sean Kelly of the Lester Pearson Institute at Dalhousie. Without this funding, existing Dalhousie University linkages in Zimbabwe, Tanzania, Guyana, Tribhuvan and others would not be as productive, nor possible in some cases, he adds.

In the next few months, the Canadian Council for International Co-operation will be hosting a support for international development.

tional Development Association in mental organizations.

conducting an Official Development Assistance Campaign on Thurs. Nov. 22 and Fri. Nov. 23 in the Dal SUB. A wall-sized-telegram/petition to Michael Wilson will be on display for all concerned to sign.

This demonstration has also been designed to increase the university community's awareness of Canada's development commitnational campaign to mobilize ments. Information on NGOs in the Halifax community will be available at the display. Please help Here at Dalhousie, the Interna- support funding and non-govern-

#### alhousie woman "gently" succeeding

by Celia Lamond

Dr. Renee Lyons has been a faculty member in the Leisure Studies Division of the School of Recreation, Physical & Health Education of Dalhousie since 1979. After completing a BA program in sociology and psychology here at 'Dal', she gained a MEd.in counselling psychology at Xavier University, Cincinnati. This was followed by 8 years as a social worker and clinician in the area of chronic illness and disability in Nova Scotia.

During 1978 and 1979 a hectic year was spent doing coursework for a PhD at the University of Or- funding which assesses her appliegon. The dissertation was pursued cation as a 'Regular' researcher (70 back at 'Dal', whilst pregnant with percent on productivity and only

her first child. For the best part of three years Renee had a very structured life in order to fulfill the roles of student, mother and full time professor. She established at this time a routine which has allowed her to continue to be a productive academic.

As a mother of young children however she cannot put in the long hours to produce the quantity of research papers as can her male colleagues without heavy family responsibilities. She shares this frustration with many female academics. This places her at a disadvantage when applying for SSHRC

30% on the submitted proposal).

Although Dr Lyons has experienced more stigma through stereotyping her academic area than her gender, she has been aware of the subtle ways knowledge is controlled within the male dominated academic environment. When first employed at 'Dal' she felt excluded from knowledge exchanged in the male locker room. As the only female for 3 years on one university committee she perceived that she was not listened to and that her opinions were disregarded. She learned to push gently, be assertive and present solid arguments clearly and concisely and continued to produce quality research which has gained international respect. The

improved ratio of highly qualified females to males in her school has increased influence of women on departmental affairs. The women are also very supportive of each other's academic pursuits.

Most of Dr Lyons's role models have been men; respected researchers, positive thinkers, and high achievers. The academic women she initially encountered appeared too authoritarian and were not nearly as encouraging or helpful. As this issue of the Gazette demonstrates there are now many women like Dr Renee Lyons providing encouragement and opportunities for students to pursue a career alongside a life outside of university.

### Stop the War Before it **Starts**

Come join individuals from every walk of life with one thing in common. We oppose the present Canadian policy in the gulf. MARCH FOR PEACE Saturday Nov. 24 at 12 noon. Meet at Victoria Park (across from Public Garden) and walk to the Parade Grounds