

Take your ills to the health centre

By JANE SMISSARET
Student Health Services

A warm welcome is extended to all students from the staff at the Student Health Centre.

Who are we? We are two doctors and seven nurses who care about your health, present and future, physical and emotional. We are located at the back of Tibbetts, and provide a 24 hour service during

the academic year. A student can see a doctor and/or nurse by appointment during clinic hours or anytime in the event of an emergency. He or she can be cared for in the infirmary if need be.

Not only do we offer a service to treat illness, but we also provide a service which hopefully promotes future health. This service at present consists of health educa-

tion in the form of counselling, distribution of literature, and the presentation of special programs on specific health matters.

UNB also provides a "student counselling service" in Annex B (the little white building across the road and up the hill from the bank and bookstore). The counsellors are a group of psychologists who help students with a great variety of problems, big and small, such as career planning, development of learning skills, and adjustment problems. You can call for an appointment (453-4820) or drop in. If the problem cannot be helped here, these people know how to get you in touch with the appropriate persons.

"Rap Room" is another spot on campus you should know about. It is located on the upper floor of the residence office on campus. This is a service provided by other students, and they are primarily a listening post for all students with all kinds of problems. They also refer students and counsel on a non-professional, informal level.

Off campus there are several services provided to meet varying needs of individuals. For instance, Fredericton has a mental health clinic located on the Woodstock Road. Here, services are provided during normal office hours. You can call 454-6665 and you will talk to an on-duty worker who will arrange for you to be seen by the appropriate person. Since there is no service provided outside of these hours, if an emergency situation develops, you can go to the Emergency Room at the Victoria Public Hospital.

Keep in mind that all of you have a doctor on campus. One of our university doctors or a substitute is always on call. But if, for some reason, you do not want to be seen by a university physician, there are numerous doctors in the Fredericton area listed in the yellow section of the phone book.

For those of you who are weight conscious, Fredericton has a Weight-Watchers International and a Counter-weight Program.

There is also a YM-YWCA on Saunders Street, but do not forget the numerous recreational facilities on campus.

Another interested and helpful agency in the city is the Fredericton Family Planning Association. This group of volunteer workers, located on Charlotte Street, provides free information on birth control and related matters, as well as referral to appropriate resource people. They also provide counselling by appointment.

This article only mentions a few areas of interest. It is worthwhile to point out that Chimo Help Centre, a combination telephone-crisis-response-referral and information centre, has a completed list of community services and resources. So if you need this kind of information, just give them a call at 455-9464.

Remember, regardless of the need, there is something on campus or in the Fredericton area who can assist you. Half the battle is won, when you know where to go.

Smoke Shoppe sponsors pub

Jim Belding, manager of the SUB branch of the Smoke Shoppe, and Howard Goldberg, SUB Director, announced that the Smoke Shoppe is sponsoring a pub in the SUB on Wednesday, September 17.

Belding said that the Smoke Shoppe would cover the cost of the band in appreciation of the business UNB students have given his establishment in the past and for the future. He stated that if students could handle the inconvenience of leaving their books and parcels outside the store while shopping, he would offer special and similar events more often.

Over half of the gross profit from magazines at the shop is lost due to shoplifting each year. Belding hopes to turn over the savings from the inconveniences back to the students through the pubs and specials. He and Goldberg expressed gratitude to the SUB Board of Directors for the free use of the ballroom.

Tickets will be available on Tuesday, September 16 at the SUB info booth, beginning at 1:00 p.m. on a "first-come-first-served" basis. Only 330 will be available and only one ticket will be given to each student. Goldberg said, "If you want a ticket for your girlfriend, she'll have to stand in

line with you."

The pub featuring Aquafuge, will begin in the ballroom at 9:00 p.m. Wednesday the 17th of September and will run to 1:00 a.m. Regular ID will be required of all students. Beer and mixed drink prices will be the usual

Shinerama is success

This year's Shinerama was the most successful as the project grossed almost \$5,800 for Cystic Fibrosis research. Between 600 and 700 Freshmen and orientation squad members turned out to shine shoes in the now annual orientation event.

The "shiners" were split up into groups to cover the entire Fredericton-Oromocto area. CFB Gagetown provided six vehicles for transportation.

Following the canvassing, the rock band Care performed a free concert at the Fredericton Mall, before a barbecue. Unfortunately, weather turned foul and the barbecue had to be held inside McConnell Hall. The day ended with the Shinerama Festival featuring Care.

texas instruments

SR 50

SR 51

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254 King Street
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PHONE

455-5206
472-1707

price list -----

	9"	12"	15"	15" sq.
1 Item	1.90	2.59	3.55	4.30
2 Items	2.10	2.87	3.84	4.65
3 Items	2.27	3.19	4.17	5.00
4 Items	2.50	3.40	4.49	5.40
Works	2.70	3.75	4.90	5.90

New Orleans

Open Daily 4 p.m.

Plus Tax

Delivery to campus

40¢ on orders up to \$6.00

Free on orders over \$6.00

The UNB SRC has

the following positions open:

- Oktoberfest Chairman
- Winter Carnival Chairman
- Pubs Officer
- SUB Board Directors

apply to the chairman, applications committee, room 126, SUB

Also, 1 Public Relations position

apply SRC executive committee, room 126, SUB

Applications Close 26 Sept. 75