

You will like its Fine Granulation

Buy your sugar in these neat 2 or 5-lb. cartons, which you can place directly on your pantry shelves. Just cut off the corner and pour out the sugar as you need it.

Lantic Sugar

comes also in 10 and 20-lb bags for housewives who like to buy in larger quantities

"The All-Purpose Sugar"

2 and 5-lb Cartons
10 and 20-lb Bags



Disgusted Scots.

(New York Sun.)

Correspondents on the western front see some great exhibitions of courage on the part of Sir Douglas Haig's men—some of them rather amusing. One writer sends the following to his paper in London:

"The angriest man I have seen since the first morning of the fight was a Scotsman who was so disgusted that he had difficulty in finding words to express himself at having got a bullet through his leg before the real fun began. It was another Scotsman who regretted that the enemy ran instead of stopping to have it out, because, he said, when you can use your bayonet 'it makes it so much cheaper'—an admirable phrase."

Minard's Liniment Cures Colds, Etc.

Officers' Training School.

The Defence Minister of Australia has decided to establish a Central School of Instruction for selected candidates for commissions in the Australian Imperial Force. The school, which will be in the neighborhood of the Royal Military College at Duntroon, will have 400 cadets, and will be under the supervision of the staff of the Military College. It has also been decided to establish a non-commissioned officers' school in each district, and no non-commissioned officer will be permitted to embark with the Australian Imperial Forces until he has qualified at one of these schools. Candidates for commissions will also be required to pass through the non-commissioned officers' school.

CHILDHOOD AILMENTS

Childhood ailments in most cases come through some derangement of the stomach or bowels. Baby's Own Tablets have been proved by thousands of mothers to be the greatest medicine known for the cure of these ailments, simply because they regulate the bowels and soothe the stomach. Concerning them, Mrs. Napoleon Lambert, St. Ignace, Que., writes: "Baby's Own Tablets are an excellent medicine for childhood ailments and I am well pleased with their use." The Tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

QUICK CLEANING.

Some Aids When Time is the Great Question.

Sometimes the lace at the neck of a gown becomes soiled when there is no opportunity to have it cleaned or when it must be worn in so short a time that the lace cannot be washed and dried in time. Quite soiled lace may be renewed wonderfully by laying it over some white paper and sprinkling it freely with talcum powder and rubbing it gently with a clean soft cloth. A handkerchief will do. The powder will sit through and then the lace may be turned and rubbed on the other side. When the powder becomes soiled throw it away and sift on some fresh powder. A black cotton waist with georgette collar, cuffs and vest, which really seemed soiled beyond help was made presentable in this way for an occasion that demanded such a waist.

If time permits lace at the neck and sleeves may be washed without being removed from the gown by folding a Turkish towel and holding it under the lace right up to the dress material. Then dip a small brush in vegetable cream or about right, and such a brush should be kept in the bathroom in warm water and rub lightly over the white soap. Rub the lace gently against the towel (the towel may be torn the towel or move it until a clean portion comes under the lace ex-

ery few moments. After you have covered the lace with the soapsuds then dip the brush in clear water and go over carefully again. Usually that will clean the lace, but if it is much soiled you may have to cover it again. Care must be taken not to get much water on the brush, or it will run back on the dress material. When the lace looks clean spread out the waist or gown on the bed and let the lace dry over the towel. If it is carefully pulled out when wet it will not need any pressing.

Minard's Liniment Cures Cargat In Cows.

The Woodshed Test.

A city man, familiar with life in the country, used the "woodshed test" to determine whether it is safe to lend a farmer money. If he finds a good stock of wood on hand, with plenty of it split and neatly piled and some split very fine, so that it will kindle easily, he concludes that the man is far-landed, looks out for his wife's comfort, does not spend his rainy days at the store and is a good risk. If the woodshed shows shiftlessness he refuses to lend.—Youth's Companion.

Sore Absolutely Painless Corns Go!

No cutting, no plasters or pads to press the sore spot. Putnam's Extractor makes the corn go without pain. Takes out the sting overnight. Never falls—leaves no scar. Get a 25c bottle of Putnam's Corn Extractor to-day.

BIRD TRAGEDIES.

The Feathered Creatures Often Bring Themselves to Destruction.

Birds and other wild creatures, like human beings are often the victims of peculiar and unusual accidents. Sea gulls and shore birds, which obtain much of their food along the ocean surf are sometimes caught by their bills or feet by clams. Large gulls have been observed flying away with these bivalves hanging to their toes. Willets and sandpipers on several occasions have been found along the beach at Wallops Island, Va., unable to escape from the vicelike grip of clams.

The late Dr. John R. Everhart, of West Chester, discovered a kingfisher on the bank of a creek. The bird, although alive, was exhausted and died soon after it was liberated. This kingfisher had evidently attempted to make a meal on a fresh water mussel, and the hard shells closed upon the bird's bill and it was held a helpless prisoner, unable to fly as the weight of the bivalve pulled its head downward.

A robin at West Chester was so enraged when it saw its reflection in a window pane that it severely injured the bill striking the glass in futile efforts to vanquish a phantom antagonist.

A man at Atlantic City was rowing a boat in a heavy fog, when a flying wild duck, unable to see the boat coming toward it, struck the man with full force on the back of his head. The man was knocked forward in a dazed condition, and the bird, which weighed some three pounds, fell dead with a broken neck.

Falls, coots and woodcock are often killed by flying against wires of telephone and telegraph lines. One day as David Pritchard, of Scranton, was making a cast for a trout in the Broadhead, a swallow darted at his fly and was hooked by the wing.

Last summer I saw an old purple martin pull one of its young, which was almost large enough to fly from the nest and throw it on the ground. Other martens about the box at the time saw this, but showed no resentment, nor did they make any outcry.

as is usually done when their young by accident fall from the boxes. The poor little martin, which had been so badly treated by its father, was picked up, and its legs were found to be paralyzed, owing to the fact that fine string—probably carried by the birds into the box as a part of the nest—was tangled so tightly about the legs as to have cut off practically all circulation. It would seem that Mr. Purple Martin and his forty odd relatives who had homes and young in the same box, realized that this crippled youngster would never be able to provide for itself, and it was unanimously agreed that it should die, and the blue-coated father was the executioner.

THE HIDDEN HIDE.

(Judge)

Little Bobby was sent to the bathroom and told to take a thorough bath, after having played close to Mother Earth all day. "How are you getting along?" called his mother. "Pretty well," replied Bobby, optimistically. "I'm almost getting down to myself."

\$1,000 REWARD!!

For a Case of Incurable Constipation.

To any person who cannot be cured of Constipation by Dr. Hamilton's Pills, the above reward will be paid. No medicine gives such lasting satisfaction or effects such marvellous cures as Dr. Hamilton's Pills. Relief instantly follows their use. That blinding headache goes forever, that feverish feeling in the skin is soothed away, bilious fits and stomach disorders are stopped.

Don't be nervous about using Dr. Hamilton's Pills: they are mild enough for a child to use, yet certain and effective in action, in the most chronic cases. Get a 25c box to-day; they bring and keep robust good health.

FOR FAMILY OF TWO.

One Plump Chicken Furnishes Four Good Meals.

A family of two is often hard pressed for variety, while left-overs from average cuts are simply nightmares. Two sisters (one an invalid) treat a large plump chicken thus: Remove with a sharp knife one wing and one side of the breast.

Do not use the bony part of the wing, but put that aside; you thus obtain two portions. Take your choice now if you will serve chicken en casserole, fricassée of chicken and rice, steamed chicken with macaroni, or chicken en papillote. Then you have the legs and pickings from the carcass to dispose of. Serve these as a soufflé, croquettes, or a chicken and macaroni pie, or en casserole (using different flavoring and making the gravy into a thick sauce); or you may use the meat as a mince with which to stuff tomatoes or cabbage or lettuce, or serve it in a little pan with a poached egg and some spinach, or let it appear in the centre of an omelette. Let us say that you choose—

THE DISHES.

Dish 1—Steamed chicken and semolina (one wing, one side of breast).

Dish 2—Chicken en casserole (one wing, one side of breast).

Dish 3—Chicken and macaroni pie (one leg).

Dish 4—Mince with egg and spinach (one leg and all pickings).

If you do not need large portions you will find you can obtain the four dishes from one large, plump bird, and then there is the carcass with which to make clear broth, with rice and vegetables or white soup. Managing thus, there need be no lack of variety, and every dish is made of one cooked meat.

BETTER THAN SPANKING

Spanking does not cure children of bed-wetting. There is a constitutional cause for this trouble. Mrs. M. Summers, Box IV, 8, Windsor, Ont., will send free to any mother her successful home treatment, with full instructions. Send no money but write her to-day if your children trouble you in this way. Don't blame the child, the chances are it can't help it. This treatment also cures adults and aged people troubled with urine difficulties by day or night.

COMBLES AND THIEFVAL.

The perfect co-operation of the French and British south and north of the strongly fortified position of Combles has resulted in the capture of that place and of Thiepval by the Allied forces. Upward of thirty-five so-called villages have been carried in the offensive that began in July. The Germans had been in possession of them nearly two years, and most of them were strategically important. Such villages as Combles, dominating a district, has been elaborately fortified by underground cement works, from which it was impossible to drive the occupants by artillery fire. It could be done only by charging infantry that was well supplied with bombs.

Trenches flush with the ground can be shattered by artillery, and infantry with a screen of gas cloud thrown out then go in and finish the business; but to take an underground Gibraltar like Combles of the crossroads, which has been called the key to Peronne (the objective of the present offensive), positions to the north, south and east must be seized before success is assured. Thus the British carried Ginchy and Morval on the French front and northeast and the French forced their way to Frelecourt on the east, cutting the road to Salles. Thereupon the British rushed Combles, and the bombing of the underground works began. The capture of Combles by the nutcracker method is only less important than would be the

2 IN 1



\$21.00
DELIVERED AT
YOUR HOME TOWN

Combination Cooker and Heater

The most efficient and economical stove made.

- 1 Will burn coal, wood, coke, corn cobs or anything burnable.
- 2 Fitted with Duplex Grate, Hot Blast Tube and Screw Damper.
- 3 Will hold fire over night, cook, boil and bake equal to the largest range.
- 4 Has a fine oven of heavy steel sheets, closely riveted together. Body of polished steel.
- 5 If your dealer has not a sample for your inspection, send \$1 direct to us and we will prepare freight to your nearest railroad station.

HAMILTON STOVE & HEATER CO., LIMITED
Hamilton, Ont. Canada's Oldest Stove Makers

taking of Peronne, six miles to the south.

The "Big Push," as Tommy Atkins calls the offensive on the Somme, makes slow progress measured by the mile. But when a place like Combles, with its one narrow gauge road and converging high roads, falls we may be sure that the German Central Staff knows what the gain means. Was it a month ago that Contalmaison fell into the hands of the British?—Contalmaison is only eight miles west of Combles. The exact time doesn't matter. What does matter is that Combles, so much nearer Maubeuge and Mons of painful memory, but of those days when the French and British were outnumbered and inferior in artillery of all kinds, especially machine guns.

Presently, if General Joffre's plans work out right, Peronne will be under the French flag once more. Perhaps fifty miles away, as the crow flies, is the frontier of Belgium. Between are many battlefields on which the Allies were worsted early in the war. Peronne is a railway centre and strategically of considerable value. But Peronne will resist the nutcrackers stoutly. The loss of it by the Germans would be a severe blow to their prestige, which in the west has had some hard knocks of late. Swiftly as the "Big Push" moves the lesser objectives merge into the great objective. The plan is intricate and the execution of it requires resolution that disregards sacrifices. It is only a dull intelligence that does not see that if the gains continue the Germans will have to shorten their line or it will break.

I was cured of terrible lumbago by MINARD'S LINIMENT.

REV. WM. BROWN.

I was cured of a bad case of ear-ache by MINARD'S LINIMENT.

MRS. S. KAULBACK.

I was cured of sensitive lungs by MINARD'S LINIMENT.

MRS. S. MASTERS.

They Meant Well.

A postal correspondent sends the following extracts from letters that he has recently been addressed to the officials:

"Dear Sir:—My husband has been away at the crystal palace and got a four days furlough and has now gone to the mind sweeper."

"Dear Sir, I am his grandfather and grandmother. He was born and brought up in this house in answer to your letter."

"Dear Sir: You have changed my little boy into a little girl, will it make any difference in the future?"

"Dear Sir: I have not received no pay since my husband gone from nowhere."

Another correspondent who had a grievance replied: "In previous correspondence with your office I am always described as 'Mrs.' you would form a different opinion if you saw my whiskers."—Manchester Guardian.

Minard's Liniment Cures Euphorbia.

Made a Social Outcast.

In court circles in England it is a serious matter to incur royal displeasure. The man or woman who does so intentionally ceases to be recognized by His Majesty, which means social extinction. The offender's name is struck out of the visiting list of every person who is anybody in society, and should the offender be a man he is politely informed that his resignation from his club or clubs would not be out of place. No man or woman of social repute will in future know him, and if he is in the army or navy he has no option but to resign, for he will find himself outed by every one of his brother officers.—London M. A. P.



Poisons left in the blood by deranged kidneys cause rheumatism, lumbago, kidney and bodily pains. Lasting cure is only obtainable when the activity of the kidneys is restored. This is best accomplished by Dr. Chase's Kidney-Liver Pills, because of their combined action on liver, kidneys and bowels. The system is cleansed, the blood purified and the pains and aches disappear. One pill a dose, 25 cts. a box, all dealers or Edmanston, Bates & Co., Ltd., Toronto.

Dr. Chase's
Kidney-Liver Pills

CARE FOR ITS HELP

C.P.R. Cafeteria at Windsor Station Building.

For the convenience of the employees, of whom there are nearly 2,000 in the Windsor Station Building, the Canadian Pacific Railway has recently set up a cafeteria luncheon at 15 cents in a large apartment, which will accommodate 251 persons at a sitting. Judging by the attendances, it is bound to be one of the most popular features of the company has put its hand to. There are hundreds of girls, especially, who have not time to go home, or who, if they do go home, are greatly pressed for time. With this service at their disposal they will save care; they will get a thoroughly satisfying lunch; and they can have the comfort of the lounge room in connection on wet or cold days—a lounge room which contains a piano, magazines and papers and in which the employees can rest for the balance of their lunch hour. The arrangement is four to a table; all the appointments are harmonious; there is an air of quiet dignity about the place. Mr. W. A. Cooper, manager of the sleeping and dining car department, said that this was in accordance with the well-known policy of the Canadian Pacific of taking care of its employees. The people in the offices constituted quite a little city in themselves. Many could not go home with convenience. This lunch room would meet the wants of many. Of course, there would still be the 30-cent luncheon upstairs, and the regular dining room, in which you could have what you wanted and pay for the same as much as you liked; but this was strictly for the employees, male and female, who would prefer to have their luncheon inside the building to going to restaurants—those of them who were in the habit of going to restaurants.

LESS CROWDED.

(Life)

Lillis—Were you at the lecture last evening?
Gillis—Yes.
Lillis—Wasn't that awful? The idea of 5,000 people jammed and squeezed into that little hall?
Gillis—On the contrary, I thought it was quite a relief after being out on the municipal golf-links all afternoon.

If Strength Declines As Age Advances Follow This Suggestion

So many women grow old before their time, perhaps your wife or sister. A little while ago, buoyant, full of vigor and activity—she enjoyed life and imparted pleasure to the whole family; but now in a few short years she has faded and lost color and strength. She is just ready to develop some disease that will further weaken and debilitate. You remember how it began, failure of appetite, tired in the morning, found housework burdensome, always nervous and a little irritable. It's a shame to let her go down hill further when you can build her up so quickly with Perzone. The change this nourishing tonic makes in a weak woman is surprising. It gives great zest for food, increases appetite and digestion enormously. The blood gets richer and stronger and adds new life to every organ in the body. A rebuilding process works through the entire system. The first week will show an improvement, and a month or two will fatten up the thinness, most run-down woman you can think of. Take Perzone for lost color, for nervousness, for weakness—use it when run down and feeling poorly—it will do you more benefit, than anything else. Just as good for men and children, too, because Perzone is harmless and safe. 50c. per box or six for \$2.50, at all dealers, or direct by mail from the Catarhoxone Co., Kingston, Ont.

Ada Rehan's Bandman.

Miss Ada Rehan used to say that the most appreciation of her acting she ever observed came from a bandman in the orchestra of a Birmingham theatre. When she played the angry Katharine she had one piece of superb fury—a swift march to the back of the stage, a right about turn and then a straight march down the stage, pulling up short and sharp at the footlights. One night she saw a bandman sitting directly in her line of vision shrink back in his chair at the moment of the full stop at the footlights.

"Sure, he thought, I wasn't going to stop on the stage," Miss Rehan said. "I wonder if he is married to a Katharine."

The next day she sent him a box of cigars.—Manchester Guardian.

NEWS TO HER.

(Rochester Times)

A traveling man one night found himself obliged to remain in a small town on account of a washout on the railroad caused by the heavy rain, which still came down in torrents. The traveling man turned to the waitress with: "This certainly looks like the Flood."

"The what?"
"The Flood. You've read about the Flood, and the ark landing on Mount Ararat, surely?"
"Dear Mister," she returned, "I ain't seen a paper for three days."

ISSUE NO. 42, 1916

HELP WANTED.

WANTED—GIRLS TO WORK. Washed stitchers preferred. We also teach learners, any girl with good knowledge of plain sewing; good wages; ideal factory conditions. Zimmermann Manufacturing Co., Ltd., Aberdeen and Garth streets, Manchester, Ont.

WANTED—HOUSEMAIDS AND WAITRESSES. Previous experience not necessary. Apply, "The Welland", St. Catharines, Ontario.

WANTED—EXPERIENCED COOK—General; no laundry work; wages \$25.00; references. Address, 265 Queen street south, Hamilton, Ont.

MISCELLANEOUS.

WANTED—GIRLS OF GOOD EDUCATION to train for nurses. Apply, Welland Hospital, St. Catharines, Ont.

GIRLS WANTED

Experienced knitters and loopers, also young girls to learn. Clean work and highest wages.

CHIPMAN-HOLTON KNITTING CO., LIMITED, HAMILTON, ONTARIO.

FOR SALE AT A BARGAIN

2 POTTER CYLINDER PRESSES—half sheet Double Demy and a half sheet Double Royal size. Make us an offer for them. Give suit for a Country Printing Office. Address, Times Printing Company, Hamilton, Ont.

RABBITS FOR SALE.

Temporarily overstocked; bargain while they last. Grey Flemish Giants Rufus Red Belgian Hares all ages fully pedigree. Write to DONALD WATERS, 115 Jackson Street West, Hamilton, Ont.

Ancient Basket Makers.

The Worshipful Company of Basket Makers dates back to 1569, but basket making was a recognized craft in London more than a century before then. In 1463 basket makers "and other foreigners" were banished by the common council to the old manor of Blanche Appletton, and in 1538 even those English basket makers who were still permitted to live in the city were similarly dealt with, on account of their indifference to the danger from fire.—London Chronicle.

Minard's Liniment Cures Distemper.

About Coal.

That lump of coal that one scorns to notice when it has fallen from the shovel in the cussful process of "fixing the fire"—that one little hunk of fuel, regarded as valueless save when accompanied by several thousand of its fellows, requiring just 35 men to prepare it for the consumer's cellar.

Among the little army which prepares coal for the public is the contract or company miner, who drills the vein and shatters the coal loose with explosives, the laborers who load it into the mine cars, and "loaders" who put the coal through chutes.

In addition there are door tenders, and inlets.

Bratticemen build partitions. Engine-run big exhaust fans. Masons and lampmen are everywhere, and in gaseous mines "shot firers" handle the explosives.

Then there are stationary engineers, compressed air and electric locomotive mine cars, road cleaners, track repairmen, brakemen, stablemen, mule shoers, car oilers and a veterinary.

Others are headmen and footmen, shafter repairers and hoisting engineers, pumpmen and water boilers, and other engineers, rockmen, rock stowers, timbermen, machinists, carpenters, electricians, siltsmen, rescue men, foremen, assistants and—just plain laborers.

Got His Reply.

A funny man indulged in a practical joke recently. He put an advertisement in a paper for a wife and requested each candidate to inclose her carte de visite. It was a foolish thing to do, but one of the candidates served him out very well by sending the following letter: "Sir, I do not inclose my carte, for, though there is some authority for putting a cart before a horse, I know of none for putting one before an ass."

She—I'm sure there are many girls who could make you happier than I could. He—That's just the difficulty; they could, but they won't.—Boston Transcript.

The Bread Problem is

not a problem in the home where Shredded Wheat is known. The whole wheat grain is the real staff of life, and you have it in Shredded Wheat Biscuit prepared in a digestible form. It contains more real body-building material than meat or eggs, is more easily digested, and costs much less. The food for the up-and-coming man who does things with hand or brain—for the kiddies that need a well-balanced food for study or play—for the housewife who must save herself from kitchen drudgery. Delicious for breakfast or any meal, with milk or cream.

Made in Canada.

THE GREAT BRIGHT WAY



SHOE POLISHES
BLACK-WHITE-TAN-IO
KEEP YOUR SHOES NEAT

F. F. DALLEY CO. OF CANADA, LTD., HAMILTON, CANADA