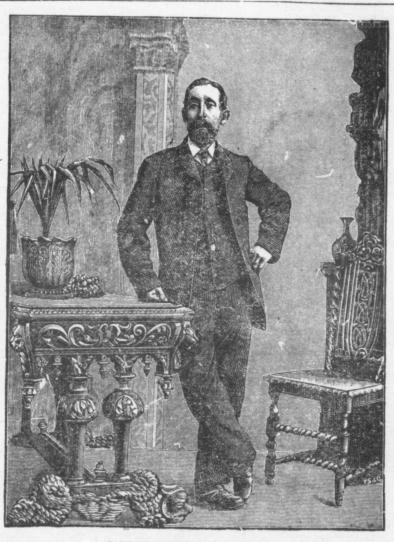
Consti ment of bowels, ture is The liver sent no so this st hardened perfectly If we don blockade from hea doses of tive Pills Often pe of being do. Bett the Pills until you Then be habits.

> Poet-1 some tin Editorbeen put "And with it?" "The s

long ago.



CAPTAIN RICHARD J. WADHAMS.

what comes first, or wnat last, I can give 'em to you. You see, a long illness, sir, after a man's got over it, is like a bad dream that finally wakes him half scared out of his wits. He only can recall the main points."

"The main points will be enough."

"Well then, sir, it was after this fashion the complaint handled me. Along at first my appetite began to fall off. This was strange to me, for I had always been a hearty eater, and enjoyed my food no matter much what it was. I could eat beef, pork, all kinds of meat, and in fact, anything that came my way. I had no more idea of having a stomach to take care of, and that might get out of shape and bother me, than a healthy baby has. I just ate,

(Continued on page 6.)