

as every wise person would choose to observe, and confidence would render it replete with happiness.

CLEANLINESS.

The first and most important object from Childhood, is the cleanliness of the Teeth: without attention to this necessary duty, it is useless to think of preventing disease, or rendering themselves beautiful or lovely. One of the first truths to be impressed upon the minds of young people is, that beauty cannot exist without cleanliness, and that the one is absolutely unattainable by any practices inconsistent with the other.

The tops of the teeth, as well as their inner surfaces require the visitation of the brush.